

# COMMUNITY WELLNESS FORUM

October 24-25, 2016

*- host location -*

**The Bahia Resort Hotel**  
**998 West Mission Bay Drive**  
**San Diego, CA 92109**

## COME & CREATE A PLACE FOR:

*Learning Together, Sharing What Works,*

*Focusing on Local Efforts,*

*Creating Conversations that Matter, Making New Connections &  
Honoring Community Champions*

This forum is for community members and those working in partnership with them to bring about wellness and improve the lives of California Native people, their families, and their communities.



Additional Partners Welcome



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*The goal and focused intent of the Community Wellness Forum is to increase health and wellness engagement among California American Indian/Alaska Native communities through discussion & conversation. The intended impact is to inspire, engaging our imagination and building within our community.*

These supporting objectives will be woven in throughout the forum:

- + Focus on solutions in order to get more solutions.
- + Evaluate the impact of weaving community engagement, storytelling and mindfulness in community-wellness work.
- + Identify collectively what is needed to bring about community wellness.
- + Apply strategies for addressing issues that matter to community, through collaborative learning.
- + Establish a foundation for community networking in a meeting environment.





# Draft Agenda - Sneak Peek

<b>MONDAY</b>	Continental Breakfast & Check-in
10:00 AM	Welcome, Opening & Intentions
<i>Listening</i>	Joining - Getting to Know Each Other - Program Story River of Life & Story Circles
<i>Networking</i>	Lunch Provided, Networking & Screening Digital Stories
<i>Problem-solving</i>	Sharing What Works - Breakout Sessions
5:00 PM	Reflection & Close
	 <p>+++++</p>
<b>TUESDAY</b>	Continental Breakfast & Check-in
10:00 AM	Welcome, Opening & Intentions
<i>Organizing</i>	Joining - Getting to Know Each Other - Sharing Gifts Open Space
<i>Leadership</i>	Sharing Our Gifts - What Do We Have Going On In Community
<i>Networking</i>	Lunch Provided, Networking & Screening Digital Stories
<i>Problem-solving</i>	Sharing What Works - Breakout Sessions
<i>Conceptualizing</i>	What Can We Do Together, Vision & Action Planning
5:00 PM	Reflection & Closing
6:30 PM	Evening Reception







- host location -

## The Bahia Resort Hotel

998 West Mission Bay Drive, San Diego CA 92109  
858.488.055 [www.bahiahotel.com](http://www.bahiahotel.com)



### Additional Hotel Information:

*Hotel Information (non-scholarship):*

*The Special Group Room Rate = \$152.97  
(rate is per night and includes hotel fees & tax)*

*Please make your hotel reservations  
as soon as possible by calling:*

**1-800-576-4229**

*Request the Healthy Native Communities  
Partnership group rate.*

*This rate will expire Friday, September 23rd.*

