Gouk-Gumu Xolpelema
All People Come Together
Partnership with Parents
Tribal Home Visiting Program

LAKE COUNTY TRIBAL HEALTH CONSORTIUM
A Lake County Tribal Community Program

May 23, 2013
Daphne Colacion, THV Program Coordinator
TRIBAL HOME VISITING
LAKE COUNTY, CALIFORNIA

TRIBES OF LAKE COUNTY

SONOMA

MIDDLETOWN RANCHERIA

NAPA
NEEDS ASSESSMENT
SPRING 2011

Process Engaged Community
- Tribal Elders
- Leaders
- Community Members

Increased collaboration with Tribal & Non-Tribal Agency Partners

Data specific to Lake County Native Americans collected
“Now the healing can begin, Oh.”

~ Tribal Elder, Elem Indian Colony during LCTHC’s Public Forum on the 2011 Needs Assessment

July 18, 2011
HOME VISITING MODEL SELECTION

Case Management
FASD Prevention
Focus
Adaptable & Flexible to Community
Based on Relationship between Advocate & Client

The Parent-Child Assistance Program
A Model of Effective Community Intervention with High-Risk Families

Nurturing Parenting
County-wide Parenting Curriculum
GOUK-GUMU XOLPELEMA HOME
VISITING PROGRAM OPERATIONS

Dedicated staff of 7: Clinical Supervisor - Program Coordinator - Evaluator - Data Analyst - 3 Female Family Advocates - 1 Male Family Advocate

On-going staff development for highly effective & competent staff

Team Work and Open Communication

Weekly Reflective Supervision

Monthly Team CQI Meetings to review data collected and team goal setting

Community involvement through Tribal Data Work Group and Program Events open to Community
Weekly Home Visits for up to 3 years
Family Driven Goal Setting
Parenting Education in the Home
Weekly Parent-Child Activity Group
Transportation
Advocacy
Connecting to Community Resources & Services
Quarterly Newsletter
Family Dinners
Annual Community Picnic
28 Families

- 80% Women & 20% Men
  - Median Age Women: 23 (Range 17-41)
  - Median Age Men: 31 (Range 18-53)
- 37% Enrolled Pregnant
- 34% First Time Moms (17-23 Age Range)

Total Enrolled Children 0-5: 45
DEMOGRAPHIC OF ENROLLED FAMILIES
BEHAVIORAL HEALTH

- Tobacco: 50%
- Depression: 36%
- DV: 25%
- Alcohol: 25%
- Marijuana: 21%
- Narcotics: 7%
- Cocaine, Herion, Meth: 7%
DEMOGRAPHIC OF ENROLLED FAMILIES EMPLOYMENT

- Employed Full Time: 15%
- Employed Part Time: 16%
- Unemployed: 69%
FAMILY OUTCOMES IN FIRST 6 MONTHS

- Health Insurance
- Well Child Visits/Immunizations
- Prenatal Visits
- LCTHC Doctor/Dentist Visits (parents)
- Utilization of other LCTHC Programs
- Use of Family Planning Methods
- Child Play Areas
- GED/Adult Education
- Child Home Safety Plan
- DV Safety Plans
CLOSING THOUGHTS

High Quality, Community Informed, Culturally Appropriate, Comprehensive Services for Native Families who are pregnant and/or have children to age 5.
Gouk-Gumu Xolpelema Tribal Home Visiting Program

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QUESTIONS?