



NATIVE AMERICAN  
**HEALTH CENTER**

Serving the community since 1972

# NATIVE VISION PROJECT

*What is Community Defined Evidence?*

Janet King (Lumbee), MSW  
janetk@nativehealth.org

# CA REDUCING DISPARITIES PROJECT (CRDP)

- Community Defined Evidence:

*Practices yielding positive results over time that may or may not have been measured empirically but reached a level of acceptance by the community*

- What are examples of CDE?

- This is a key statewide policy initiative to improve:

- Access to care

- Quality of care

- Positive mental health outcomes for racial, ethnic and cultural communities

# BACKGROUND

2007

- Legislature approves \$1.5 million (annually) of state-administrative Mental Health Services Act (MHSA) dollars to support the development of a California Reducing Disparities Project (CRDP) Strategic Plan for the state
- Mental Health Services Oversight and Accountability Commission (MHSOAC) provides policy direction for statewide projects including ethnic and cultural specific programs and interventions
- MHSOAC identifies CRDP as 1 of 5 Prevention and Early Intervention (PEI) statewide projects

# BACKGROUND (CONT.)

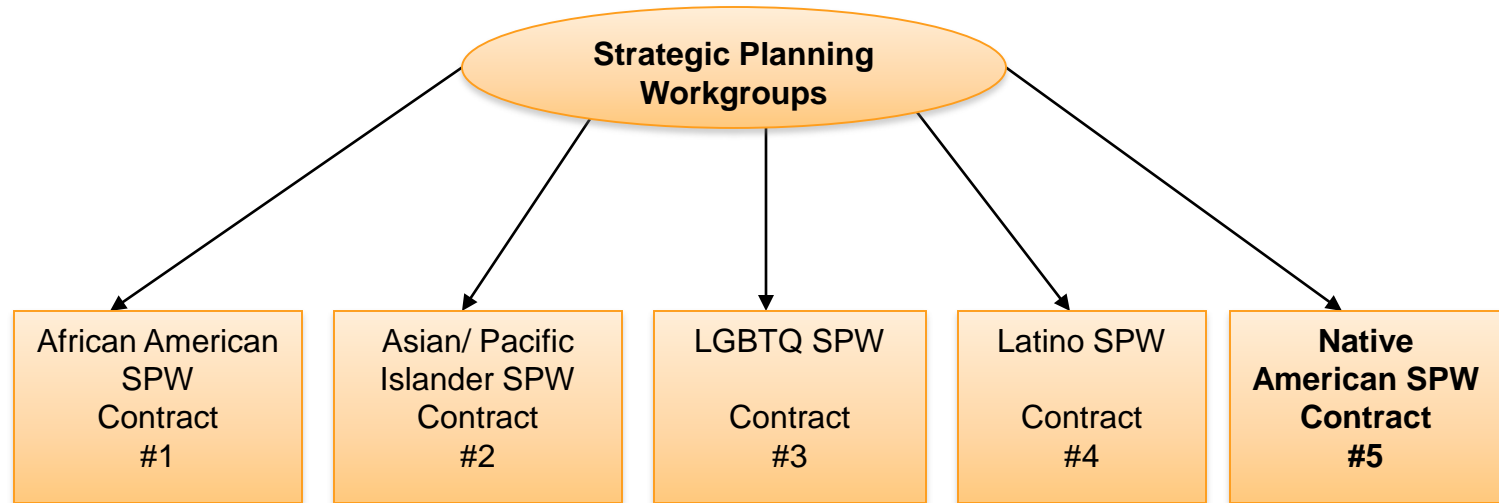
## 2010

- Former DMH executed 5 contracts to form Strategic Planning Workgroups (SPWs) for 5 communities (African American, API, LGBTQ, Latino, and Native American)

## 2012-13

- Continued contract with SPWs
- Governor's Final Budget Summary FY 12-13 (page 363) allocates to CDPH the CRDP and \$15 million in FY 12-13, with Legislative intent of a total of \$60 million for Phase II implementation and evaluation

# CRDP STRUCTURE



- Establish, Convene, Sustain a Statewide Multicultural Coalition
- Establish Emerging Community Leader Mentorships
- Collaboration and Support of the Five SPWs
- Implementation of CA Reducing Disparities Strategic Plan
- Assessment of MHSa Implementation

**Contract #6**

Contractor to collaborate with the five Strategic Planning Workgroups and the CA MHSa Multicultural Coalition to complete an analysis and produce a comprehensive statewide Reducing Disparities Strategic Plan

**Contract #7**



California Department of  
**Public Health**



Home

Programs

Services

Health Information

Certificates & Licenses

Publications & Forms

Data

Home > Programs

# California Reducing Disparities Project (CRDP)

## CRDP Updates

California Reducing Disparities Project (CRDP) African American Strategic Planning Workgroup (SPW) [Population Report](#)

California Reducing Disparities Project (CRDP) Asian Pacific Islander Strategic Planning Workgroup (SPW) [Population Report](#)

California Reducing Disparities Project (CRDP) Latino Strategic Plan Workgroup (SPW) [Population Report](#)

California Reducing Disparities Project (CRDP) LGBTQ Strategic Planning Workgroup (SPW) [Population Report](#)

California Reducing Disparities Project (CRDP) Native American Strategic Planning Workgroup (SPW) [Population Report](#)

CRDP Contractors

Contractor: The African American Health Institute of San Bernardino County

en Español

» Su salud en su idioma

» Most Popular Links

» Birth, Death, & Marriage Certificates

» Licensing and Certification

» WIC

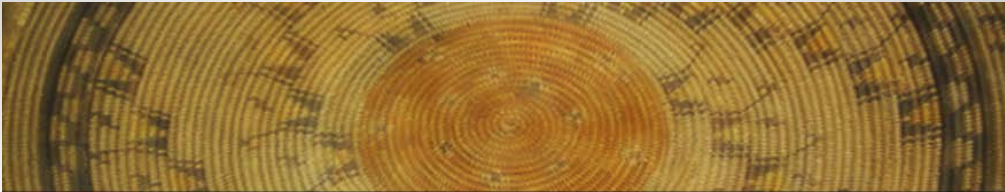
» Quick Links

» About Us

» Decisions Pending & Opportunities for Public Participation

» Health Conditions





# NATIVE VISION: A Focus on Improving Behavioral Health Wellness for California Native Americans



California Reducing Disparities Project  
Native American Strategic Planning Workgroup Report

# What is our Native Mental Health Disparity?

- Federal policy of “legalized discrimination.” Genocide.
- Historical Trauma - cumulative emotional and psychological wounding across generations.
- Historical Trauma Response - a collection of features in reaction to this trauma.
- Poverty, Suicide, Substance Abuse, Violence, Access to cultural-based Mental Health care.
- County & Tribal relationships from a “Native” perspective.
- Grassroots “bottom to top” approach: PEI implementation, funding autonomy, community-participatory evaluation.



# Native Vision

The goal of Native Vision is to develop a plan to improve mental health and well-being for Native Americans across California. This two-year project will bring forward community-defined solutions and recommendations across the diverse regions of tribal, rural and urban Native American populations in California. Native Vision is a new statewide project facilitated through the Native American Health Center in Oakland, California. The project is funded by the California Department of Mental Health.



Native Vision has an 8 member Strategic Planning Workgroup to guide the project "in a good way" and who represent the project on a statewide level. The workgroup is comprised of Native behavioral health professionals from across the state of California. They are: Tony Cervantes (Native American Center for Excellence), Dan Dickerson (University of California Los Angeles), Michael Duran (Indian Health Center of Santa Clara Valley), Carrie Johnson (United American Indian Involvement), Janet King (Native American Health Center), Tene Kremling (Humboldt State University), Art Martinez (Shingle Springs Tribal Health Program), and Martin Martinez (Redwood Valley Little River Band of Pomo Indians).

# Statewide Focus Group Gatherings

Regional Focus Groups (May 2010 through October 2011)	Location	Attendance
Traditional Indian Health Gathering at Sumêg Village	Patrick's Point State Park	60
Intertribal Friendship House	Oakland	50
California Indian Conference	Irvine	25
United American Indian Involvement	Los Angeles	35
Friendship House of American Indians	San Francisco	15
Northern California Indian Development Corporation's Health and Wellness Conference	Blue Lake	27
Toiyabe Indian Health Clinic	Bishop	24
Sacramento Native American Health Center – Community Gathering of Native Americans	Portola	46
San Diego American Indian Health Center	San Diego	16
Fresno Indian Health Project	Fresno	10
California Native Women's Wellness Conference	Oakland	6
<b>Total 11</b>		<b>Total 314</b>

# What did we find in our Focus Groups?

## *Creating the Native report*

- Native communities do not have a “one size fits all” for each individual PEI practice.
- Mental Health PEI for Native communities are varied and fluid – “think outside the box.”
- There are many differences between and within Native communities.
- Western practices usually do not work (adaptability).
- Native American practices usually do work.
- Community members voiced the need for mental health services that are “culturally” appropriate and based.

# Statewide Forum Group Gatherings

Regional Forums (August 2012 through November 2012)	Location	Attendance
California Conference on American Indian Education	Arcata	25
Traditional Indian Health Gathering	Shingle Springs Rancheria	11
Circle of Native Minds Wellness Center	Lakeport	17
Indian Health Center of Santa Clara Valley	San Jose	22
United American Indian Involvement	Los Angeles	16
Morongo Tribal TANF Office	Banning	36
Owens Valley Career Development Center (OVCDC) TANF Office	Bishop	17
California Indian Conference	San Marcos	8
Native American Behavioral Wellness Conference	Oakland	40
<b>Total 9</b>		<b>Total 152</b>

# What did we find in our Forum Groups?

## *Preparation for the next phase*

- Empower Native communities – funding stream direct from the source, no “middle-overseer” of resources.
- Funding should not be contingent on “head-counts.”
- PEI implementation in Native communities need to be flexible (i.e. Community trust).
- Community driven participatory evaluation.
- Culturally relevant technical assistance and retention of Native CRDP Advisory Committee.
- Fair and culturally competent selection process of PEI activities.

# Strategic Plan to Reduce Mental Health Disparities

- 30-day public review
- Final report of Strategic Plan (summer 2013)
- Overarching themes – policymakers must address:
  - Address and Incorporate Cultural Competence at All Levels
    - *Major role of Phase 2 CRDP Leads*
  - Implement Capacity Building at All Levels
    - outreach/engagement, TA, cmtty. participation in decision making
  - Improve Data Collection Standards at All Levels
    - racial misclassification
  - Address the Social and Environmental Determinants of Health
    - education, jobs, income, housing, cmtty. safety/violence



# Strategic Plan to Reduce Mental Health Disparities

## Major Sections:

- Introduction & Background
- Community Assets to Reduce Disparities
- Community Plan to Reduce Disparities in Mental Health
  - Goals and 24 Strategies
- Recommendations for Phase 2
  - Funding, Evaluation, TA

# NEXT STEPS

- Regular RFP Team meetings
- Convening of CDPH Statewide Community Forums to gather input on the design of Phase II
- RFP is posted online
- Contracts/Grants Executed
- Support/oversight and monitoring of project implementation and evaluation
- Continue leadership role and resources for reducing disparities in California

**Native Vision:  
Native American California Reducing Disparities  
Project Report**

*Available Online:*

**[www.nativehealth.org/content/publications](http://www.nativehealth.org/content/publications)**