What is Community Defined Evidence?

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Community Defined Evidence:

*Practices yielding positive results over time that may or may not have been measured empirically but reached a level of acceptance by the community*

What are examples of CDE?

This is a key statewide policy initiative to improve:

- Access to care
- Quality of care
- Positive mental health outcomes for racial, ethnic and cultural communities
BACKGROUND

2007

- Legislature approves $1.5 million (annually) of state-administrative Mental Health Services Act (MHSA) dollars to support the development of a California Reducing Disparities Project (CRDP) Strategic Plan for the state.
- Mental Health Services Oversight and Accountability Commission (MHSOAC) provides policy direction for statewide projects including ethnic and cultural specific programs and interventions.
- MHSOAC identifies CRDP as 1 of 5 Prevention and Early Intervention (PEI) statewide projects.
### BACKGROUND (CONT.)

#### 2010
- Former DMH executed 5 contracts to form Strategic Planning Workgroups (SPWs) for 5 communities (African American, API, LGBTQ, Latino, and Native American)

#### 2012-13
- Continued contract with SPWs
- Governor’s Final Budget Summary FY 12-13 (page 363) allocates to CDPH the CRDP and $15 million in FY 12-13, with Legislative intent of a total of $60 million for Phase II implementation and evaluation
CRDP STRUCTURE

Strategic Planning Workgroups

African American SPW Contract #1
Asian/ Pacific Islander SPW Contract #2
LGBTQ SPW Contract #3
Latino SPW Contract #4
Native American SPW Contract #5

CA MHSA Multicultural Coalition

• Establish, Convene, Sustain a Statewide Multicultural Coalition
• Establish Emerging Community Leader Mentorships
• Collaboration and Support of the Five SPWs
• Implementation of CA Reducing Disparities Strategic Plan
• Assessment of MHSA Implementation

Contract #6

CRDP Facilitator/Writer

Contractor to collaborate with the five Strategic Planning Workgroups and the CA MHSA Multicultural Coalition to complete an analysis and produce a comprehensive statewide Reducing Disparities Strategic Plan

Contract #7
California Reducing Disparities Project (CRDP)

CRDP Updates

California Reducing Disparities Project (CRDP) African American Strategic Planning Workgroup (SPW) Population Report (Pending Approval)
California Reducing Disparities Project (CRDP) Latino Strategic Plan Workgroup (SPW) Population Report
California Reducing Disparities Project (CRDP) Native American Strategic Planning Workgroup (SPW) Population Report

CRD Contractors

CRD Contractors: The African American Health Institute of San Bernardino County

http://www.cdph.ca.gov/programs/Pages/CaliforniaReducingDisparitiesProject(CRDP).aspx
What is our Native Mental Health Disparity?

- Historical Trauma - cumulative emotional and psychological wounding across generations.
- Historical Trauma Response - a collection of features in reaction to this trauma.
- Poverty, Suicide, Substance Abuse, Violence, Access to cultural-based Mental Health care.
- County & Tribal relationships from a “Native” perspective.
- Grassroots “bottom to top” approach: PEI implementation, funding autonomy, community-participatory evaluation.
Native Vision

The goal of Native Vision is to develop a plan to improve mental health and well-being for Native Americans across California. This two-year project will bring forward community-defined solutions and recommendations across the diverse regions of tribal, rural and urban Native American populations in California. Native Vision is a new statewide project facilitated through the Native American Health Center in Oakland, California. The project is funded by the California Department of Mental Health.

Native Vision has an 8 member Strategic Planning Workgroup to guide the project “in a good way” and who represent the project on a statewide level. The workgroup is comprised of Native behavioral health professionals from across the state of California. They are: Tony Cervantes (Native American Center for Excellence), Dan Dickerson (University of California Los Angeles), Michael Duran (Indian Health Center of Santa Clara Valley), Carrie Johnson (United American Indian Involvement), Janet King (Native American Health Center), Tene Kremling (Humboldt State University), Art Martinez (Shingle Springs Tribal Health Program), and Martin Martinez (Redwood Valley Little River Band of Pomo Indians).
## Statewide Focus Group Gatherings

### Regional Focus Groups
(May 2010 through October 2011)

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>Attendance</th>
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</thead>
<tbody>
<tr>
<td>Traditional Indian Health Gathering at Sumêg Village</td>
<td>Patrick's Point State Park</td>
<td>60</td>
</tr>
<tr>
<td>Intertribal Friendship House</td>
<td>Oakland</td>
<td>50</td>
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<tr>
<td>California Indian Conference</td>
<td>Irvine</td>
<td>25</td>
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<tr>
<td>United American Indian Involvement</td>
<td>Los Angeles</td>
<td>35</td>
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<tr>
<td>Friendship House of American Indians</td>
<td>San Francisco</td>
<td>15</td>
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<tr>
<td>Northern California Indian Development Corporation’s Health and Wellness Conference</td>
<td>Blue Lake</td>
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<tr>
<td>Toiyabe Indian Health Clinic</td>
<td>Bishop</td>
<td>24</td>
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<tr>
<td>Sacramento Native American Health Center – Community Gathering of Native Americans</td>
<td>Portola</td>
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<tr>
<td>San Diego American Indian Health Center</td>
<td>San Diego</td>
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<tr>
<td>Fresno Indian Health Project</td>
<td>Fresno</td>
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<tr>
<td>California Native Women’s Wellness Conference</td>
<td>Oakland</td>
<td>6</td>
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</tbody>
</table>

**Total 11**  
**Total 314**
What did we find in our Focus Groups?

*Creating the Native report*

- Native communities do not have a “one size fits all” for each individual PEI practice.
- Mental Health PEI for Native communities are varied and fluid – “think outside the box.”
- There are many differences between and within Native communities.
- Western practices usually do not work (adaptability).
- Native American practices usually do work.
- Community members voiced the need for mental health services that are “culturally” appropriate and based.
## Statewide Forum Group Gatherings

### Regional Forums
(August 2012 through November 2012)

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>California Conference on American Indian Education</td>
<td>Arcata</td>
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<tr>
<td>Traditional Indian Health Gathering</td>
<td>Shingle Springs Rancheria</td>
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<tr>
<td>Circle of Native Minds Wellness Center</td>
<td>Lakeport</td>
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<tr>
<td>Indian Health Center of Santa Clara Valley</td>
<td>San Jose</td>
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<tr>
<td>United American Indian Involvement</td>
<td>Los Angeles</td>
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<td>Morongo Tribal TANF Office</td>
<td>Banning</td>
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<tr>
<td>Owens Valley Career Development Center (OVCDC) TANF Office</td>
<td>Bishop</td>
<td>17</td>
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<tr>
<td>California Indian Conference</td>
<td>San Marcos</td>
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<tr>
<td>Native American Behavioral Wellness Conference</td>
<td>Oakland</td>
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**Total 9**  
**Total 152**
What did we find in our Forum Groups?

*Preparation for the next phase*

- Empower Native communities – funding stream direct from the source, no “middle-overseer” of resources.
- Funding should not be contingent on “head-counts.”
- PEI implementation in Native communities need to be flexible (i.e. Community trust).
- Community driven participatory evaluation.
- Culturally relevant technical assistance and retention of Native CRDP Advisory Committee.
- Fair and culturally competent selection process of PEI activities.
30-day public review

Final report of Strategic Plan (summer 2013)

Overarching themes – policymakers must address:

- Address and Incorporate Cultural Competence at All Levels
  - *Major role of Phase 2 CRDP Leads*
- Implement Capacity Building at All Levels
  - outreach/engagement, TA, cmty. participation in decision making
- Improve Data Collection Standards at All Levels
  - racial misclassification
- Address the Social and Environmental Determinants of Health
  - education, jobs, income, housing, cmty. safety/violence
Major Sections:

- Introduction & Background
- Community Assets to Reduce Disparities
- Community Plan to Reduce Disparities in Mental Health
  - Goals and 24 Strategies
- Recommendations for Phase 2
  - Funding, Evaluation, TA
NEXT STEPS

- Regular RFP Team meetings
- Convening of CDPH Statewide Community Forums to gather input on the design of Phase II
- RFP is posted online
- Contracts/Grants Executed
- Support/oversight and monitoring of project implementation and evaluation
- Continue leadership role and resources for reducing disparities in California
Native Vision:
Native American California Reducing Disparities Project Report

Available Online:
www.nativehealth.org/content/publications