

What Health Care Providers Should Know About Particle Pollution and Cardiovascular Risk

Research shows...

- Particle pollution can trigger heart attacks, stroke, irregular heart rhythms and cause other serious heart problems at any time of the year.
- An estimated 130,000 premature deaths and 180,000 non-fatal heart attacks occur in the U.S. each year due to particle pollution.†
- 92% of cardiac patients are not informed of health risks related to air pollution.‡

Help your patients understand risks from air pollution and how to reduce them.

- Use the daily air quality forecast on AirNow.gov and on weather reports
- Read the "Heart Disease, Stroke, and Outdoor Air Pollution" handout at: bit.ly/airnow-heart
- Learn more at: AirNow.gov and bit.ly/epahealthyheart