



***APPROACHES & BEST PRACTICES:  
THE ALASKA EXPERIENCE***



# Alaska GPR Sites



# Our AK GPRA Tribal Project Team

## Vision

- Focus on ***Continuous Efforts to Improve Health Status*** of Alaska Natives/American Indians
- Tribes will be an ***integral & valued player*** with ownership in process & product
  - Input into GPRA measures
  - Friendly competition for successful results
- Reporting & System of ***Reporting will be valued*** as a vital part of day to day operations & incorporated into organizational performance dashboards and Key staff performance evaluations
- Strong collaboration & ***true partnership with the IHS & other Tribes*** for maximum national impact
- ***Successes will be rewarded*** – locally & nationally
- ***Support systems*** will be in place ***to achieve success***

# Our Approach



- **Decentralize** Effort to Service Unit Level
- **Networking** Meetings of Pilot Project Team + teleconferences
- Annual Statewide **Multi-disciplinary GPRA Orientation/Training + Face-to-face Technical Support + Consultation** on National Measures
- Connect Efforts to **Budget Formulation**
- **Annual report** to Tribal Health Leadership of GPRA results & progress reports to Alaska Tribal Caucus
- **Monthly GPRA progress reports** to key staff - as identified by the health organization.
- Develop **Incentives & Recognition** Awards
- **Encourage the Use of Data** to make clinical and business decisions.
- **Market the Benefits** of sharing performance reports with patients to promote personal wellness.

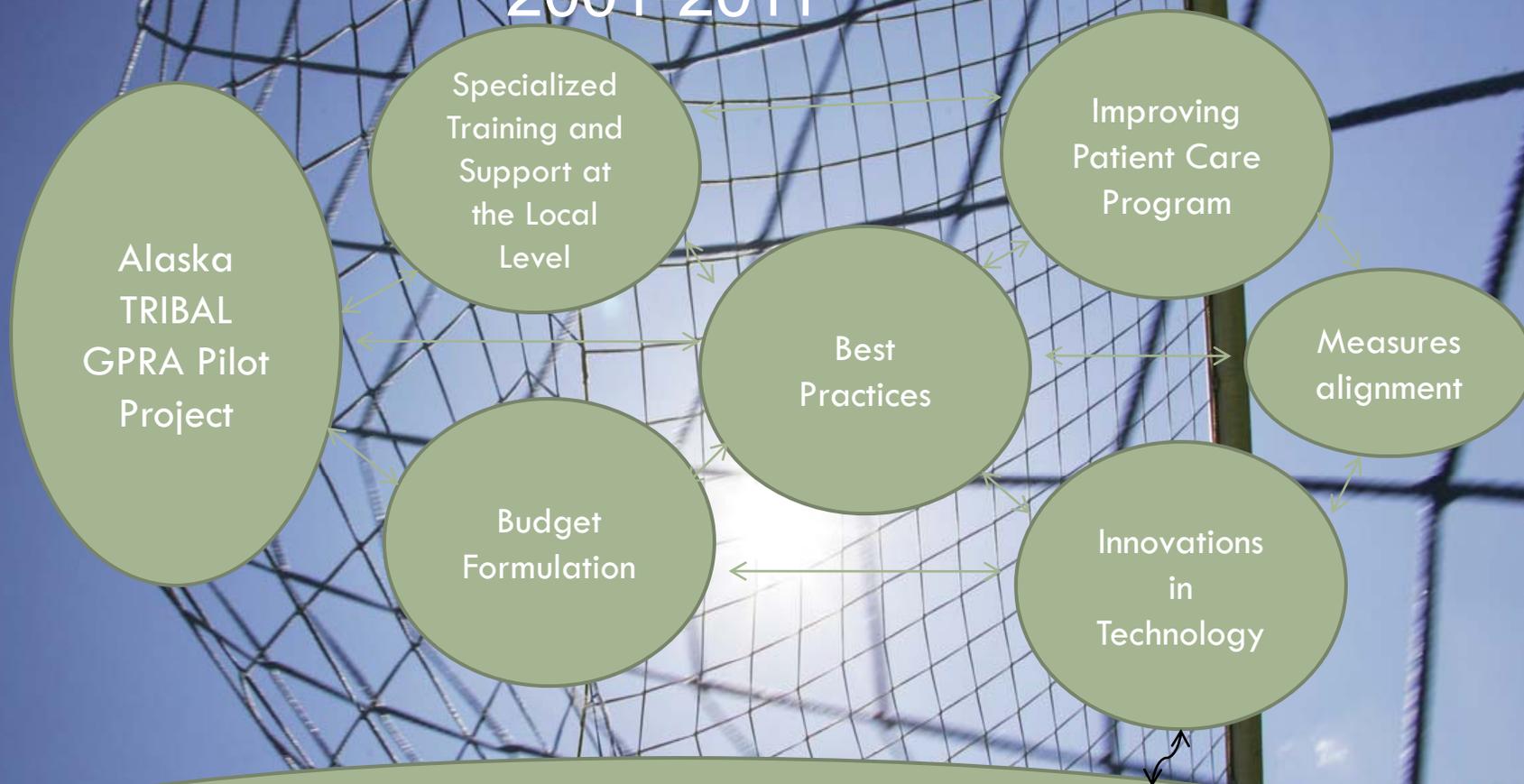
# Our Focus



- **Tribal Leader Confidence**
  - Intra-Tribal Policy Agreement on Propriety & Security of Data
  - Process in Place to Ensure Data Integrity
  - Agreement to Authorize Tribal Aggregate Reporting to OMB
- **Utility and Applicability of Reports w/tie- in to local performance initiatives & other internal & external reporting requirements**
- **All Disciplines Involved & Engaged at Local Pilot Sites (education & orientation in real applicable terms): clinical, administrative, support**
- **Data Integrity & Clean-up**
- **Consistent Approach to Data Capturing & Reporting**
- **Development of a Strong Inter-Tribal Network on Performance Reporting**
- **Influence on National GPRA Measures Rules of Engagement**
- **Demonstrate Tribal Success to IHS & Congress**
- **Respect for Tribal Sovereign Rights and Recognition of Volunteer Participation**

*Teamwork!*

# The Evolution of Patient Focused Quality Improvement Across the Alaska Tribal Health System 2001-2011



CREATING A NETWORK OF SUPPORT TO ACHIEVE OUR VISION  
*“Alaska Natives Are the Healthiest in the World!”*

# ANTHC GPRA Pilot Project *Best Practices*

- Measure of the Month
- Monthly Updates
- GPRA Awards
- Data Quality Audits in EHR
- Best Practice Vignettes



# Best Practice: Measure of the Month

- Calendar set by GPRA participating sites
- Measures are those which are difficult to meet or which are of particular interest to sites (these are not always national measures)
- Often tie to national health month celebrations (ex: Alcohol Awareness Month)

Alaska GPRA Pilot Project Team  
May 2011 Measure of the Month  
**Controlling Blood Pressure:  
Diabetic and IHD**

December 1<sup>st</sup>, 2010 is  
World AIDS Day!

[World AIDS Day Information](#) (click link)  
[World AIDS Day Information # 2](#) (click link)

Did you know?\*

- An estimated 56,300 Americans are newly infected with HIV each year
- There are approximately 1.1 million Americans living with

**Comprehensive CVD**  
(GY2011 YTD through January, 2011)

Category	Percentage
1	35.0%
2	12.5%
3	7.1%
4	27.5%
5	11.1%
6	17.9%
7	19.0%
8	8.0%
9	7.5%

**Measure of the Month Info**  
For Providers/Coordinators/Data Entry  
(Note: these instructions are for traditional Roll & Scroll RPMS. EHR specific "cheat sheets" coming soon...)

**HOW DO I ENTER COMPREHENSIVE CVD CARE?**

- See the Clinical Cheat Sheet – Sections on Education and Depression. Labs etc. are e
- [Click here to view the entire Clinical Cheat](#)
- Note: this cheat sheet is a little outdated bu Alaska GPRA Team is working on updating the most recent GPRA logic as well as inst

**WHAT ABOUT REFUSALS?**

- Refusals are entered using the REF mnem Sheet)
- Effective with the start of the 2009 Fiscal Yt reason - will no longer count toward meetin measures. [Click here for Dr. Karol's letter](#) + Alaska GPRA Pilot Project encourages site an active risk management tool and to ens

**Measure of the Month Info**  
For Providers/Coordinators/Data Entry

**HOW DO I FOUND OUT WHO HASN'T HAD COMPREHENSIVE CVD CARE?**

Run a patient list report using CRS (instructions below)  
YOU MUST HAVE THE BGP2 Patient List RPMS SECURITY KEY TO RUN THIS REPORT

Here are the keystrokes from the IHS Main Menu:  
GPRA (or BGP)  
C11  
REF  
NLT  
NLT  
LST  
5: (to select)  
28 (double check this – Comprehensive CVD-Related Assessment should be # 28)  
Q (to quit this menu)  
2: for Active IHD Patients 22+ Without Comprehensive CVD Assessment  
A - for All Patients  
3 - For Report Period, use the GPRA Year of July 1 - June 30 2011  
Do you want to change your Current Report Dates? N  
Baseline: 2009  
<enter> past Community Taxonomy  
<enter> past Beneficiary group  
Select report option and complete remaining steps as you normally would for any report.  
[Click here for Additional information on creating patient lists](#)

**... More Resources**

- [American Indian and Alaska Native Heart Disease and Stroke Fact Sheet](#) — This Web page lists facts and statistics about heart disease and stroke among American Indians and Alaska Natives. It also provides links to publications on how to reduce your risk.
- [http://www.cdc.gov/DHQP/ibrary/ri\\_ain.htm](http://www.cdc.gov/DHQP/ibrary/ri_ain.htm)
- [American Indian and Alaska Native People: Be Active for Your Heart!](#) — Heart disease is the leading cause of death for American Indians and Alaska Natives. This Web site offers insight about how to keep your heart healthy by staying active and explains the benefits of staying active, ranging from weight loss to strengthening your heart and lungs.
- <http://hp2010.nhlbi.nih.gov/FactSheets/active.htm>
- [American Indian and Alaska Native People: Keep the Harmony Within You — Check Your Blood Pressure!](#) — Being aware of your blood pressure is vital to preventing stroke, heart disease, kidney disease, and blindness. The information in this fact sheet includes tips on how to lower your blood pressure through healthy eating and physical activity.
- <http://hp2010.nhlbi.nih.gov/FactSheets/blocker.htm>
- [American Indian and Alaska Native People: Treat Your Heart to a Healthy Celebration!](#) — Proper This document provides insight on eating the right kinds of th. It offers a list of foods, as well as ways for preparing a t beef, fish, corn, and rice are all tasty examples of a

[eat.htm](#)  
[men's Health](#) — This site offers information for health American Indian and Alaska Native women's health. It substance abuse, cardiovascular disease, and access to

[CHAI/index.cfm](#)  
e is an information portal to information about the health of t topics include cancer, diabetes, heart disease, and

# Best Practice: Monthly Updates

- Provide month over month and year over year results for each measure.
- Year over year slides go three years back

Alaska Aggregate  
 2011 GPRA DATA THROUGH MARCH, 2011  
 The GPRA 2011 year end is June 30, 2011 and the data noted below is a year to date update. You have 12 months to reach the goal. This is a snapshot in time so you can track your progress throughout the GPRA year. This will be updated each month as we approach the year end, and the final numbers will be run and reported on July 30, 2011. For actual numbers from your site, please see the data tables tab.

National GPRA Measures	AK Agg 01/2011 3rd Qtr	Alaska / National Goal	Goal Met?	
			Yes	No
Foot Dynamic Control (should be below goal)	8.6%	10.4%	X	
Oral Dynamic Control	41.0%	30.2%	X	
Blood Pressure Control	36.6%	35.5%	X	
Lipid Assessment	68.6%	63.5%	X	
Nephropathy Assessment	27.0%	51.0%		X
Retinopathy Assessment	39.6%	50.1%		X
General Dental Access	18.5%	23.0%		X
Dental Sealants *	100/15	140/13		X
Topical Fluoride - # of Patients *	104/8	110/3		X
Influenza - Adults 65+	48.0%	68.5%		X
Pneumonia - Adults 65+	53.4%	70.5%	X	
Childhood Immunizations - Actual rate per pct.	72.3%	74.0%		X
Flu Shot	73.2%	58.7%	X	
Mammogram	52.6%	40.0%	X	
Colorectal Cancer Screen	56.7%	36.7%	X	
Tobacco Cessation	13.1%	23.2%		X
FAB Prevention	38.8%	51.7%		X
PV/DV Screen	33.6%	52.6%		X
Diabetes Screen	47.3%	61.0%		X
Comp. CVD - All Assessments	20.7%	33.0%		X
Prevalent HIV Screen	55.3%	73.0%		X
<b>Total Met or Not Met</b>			<b>8</b>	<b>18</b>

\*Dental Sealants and Topical Fluoride goals are Q1/Q2 Baseline.

Developmental/National GPRA Measures	AK Agg 01/2011 3rd Qtr	Alaska / National Goal	Goal Met?	
			Yes	No
Diabetes - Prevention (should be below goal)**	5.7%	4.9%	X	
Tobacco Use Assessment ***	65.2%	62.2%	X	
Tobacco Use - Prevention (should be below goal) **	42.0%	12.4%	X	
CVD-BMI Measured ***	67.3%	68.0%	X	
CVD-Diabetes - # of Cases (should be below goal) **	37.0%	38.4%	X	
CVD-Childhood Weight Control (should be below goal) **	31.3%	24.0%	X	
Smoking/Drugs **	31.4%	33.0%	X	
CVD-BP Assessed **	58.0%	55.0%	X	
CVD-DL Assessed **	61.0%	60.0%	X	
CVD-Tobacco Assessed **	82.0%	50.0%	X	
CVD-BMI Assessed **	85.4%	45.0%	X	
CVD-Childhood Control **	52.0%	33.0%	X	
<b>Total Met or Not Met</b>			<b>8</b>	<b>8</b>

\*\* Preliminary goal per QRS  
 \*\*\* Preliminary goal based on previous year

GPRA Year	Diabetes	Inequity Assessment *
2011		
2010	1.1%	48.3%
2009	1.2%	47.6%
2008	0.7%	47.6%
2007	2.3%	18.3%
2006	8.0%	13.2%
2005	31.0%	25.3%
2004	36.3%	24.4%
2003	40.0%	30.4%
2002	40.0%	30.3%
2001	40.0%	30.4%

GPRA Year	Topical Fluoride - # of Pts
2011	
2010	271
2009	424
2008	549
2007	550
2006	550
2005	701
2004	701
2003	899
2002	899
2001	899

GPRA Year	2011	2010	2009	2011 Goal
2011	50.3%	51.6%	50.6%	50%
2010	50.3%	51.6%	50.6%	50%
2009	42.0%	47.6%	47.6%	50%
2008	48.1%	54.4%	54.4%	50%
2007	50.0%	51.7%	51.7%	50%
2006	50.0%	51.7%	51.7%	50%
2005	50.0%	51.7%	51.7%	50%
2004	50.0%	51.7%	51.7%	50%
2003	50.0%	51.7%	51.7%	50%
2002	50.0%	51.7%	51.7%	50%
2001	50.0%	51.7%	51.7%	50%

Alaska Aggregate Monthly Update\_3rdQtr01/2011

Alaska GPRA Pilot Project

GPRA Year	2011	2010	2009	2011 Goal
2011	53.0%	48.2%	48.2%	60%
2010	53.0%	48.2%	48.2%	60%
2009	51.0%	51.0%	50.4%	60%
2008	48.7%	49.7%	50.0%	60%
2007	48.7%	49.7%	50.0%	60%
2006	48.7%	49.7%	50.0%	60%
2005	48.7%	49.7%	50.0%	60%
2004	48.7%	49.7%	50.0%	60%
2003	48.7%	49.7%	50.0%	60%
2002	48.7%	49.7%	50.0%	60%
2001	48.7%	49.7%	50.0%	60%

GPRA Year	2011	2010	2009	2011 Goal
2011	91.6%	92.2%	92.2%	85%
2010	91.6%	92.2%	92.2%	85%
2009	92.7%	92.7%	90.4%	85%
2008	92.7%	92.7%	90.4%	85%
2007	92.7%	92.7%	90.4%	85%
2006	92.7%	92.7%	90.4%	85%
2005	92.7%	92.7%	90.4%	85%
2004	92.7%	92.7%	90.4%	85%
2003	92.7%	92.7%	90.4%	85%
2002	92.7%	92.7%	90.4%	85%
2001	92.7%	92.7%	90.4%	85%

GPRA Year	2011	2010	2009	2011 Goal
2011	61.1%	57.6%	56.4%	60%
2010	61.1%	57.6%	56.4%	60%
2009	63.4%	57.5%	57.5%	60%
2008	54.1%	57.0%	57.0%	60%
2007	64.8%	58.2%	57.1%	60%
2006	64.8%	58.2%	57.1%	60%
2005	64.8%	58.2%	57.1%	60%
2004	64.8%	58.2%	57.1%	60%
2003	64.8%	58.2%	57.1%	60%
2002	64.8%	58.2%	57.1%	60%
2001	64.8%	58.2%	57.1%	60%

GPRA Year	2011	2010	2009	2011 Goal
2011	41.6%	52.8%	48.0%	50%
2010	42.5%	56.9%	49.8%	50%
2009	45.3%	58.6%	44.4%	50%
2008	46.9%	57.7%	44.4%	50%
2007	46.9%	57.7%	44.4%	50%
2006	46.9%	57.7%	44.4%	50%
2005	46.9%	57.7%	44.4%	50%
2004	46.9%	57.7%	44.4%	50%
2003	46.9%	57.7%	44.4%	50%
2002	46.9%	57.7%	44.4%	50%
2001	46.9%	57.7%	44.4%	50%

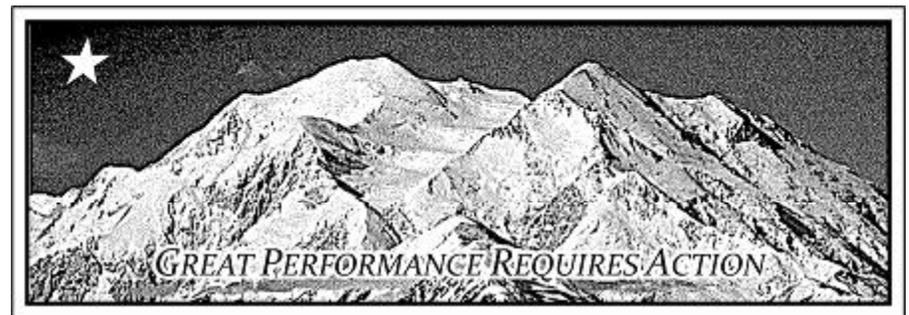
Total Sealants	2010	2009	2011 Goal
2010	180	180	180
2009	180	180	180
2011 Goal	180	180	180
2010	180	180	180
2009	180	180	180
2011 Goal	180	180	180

Flu, Pneumonia Vaccine *	2010	2009	2011 Goal
2010	87.3%	87.3%	85%
2009	87.3%	87.3%	85%
2011 Goal	87.3%	87.3%	85%

GPRA Year	2011	2010	2009	2011 Goal
2011	61.1%	57.6%	56.4%	60%
2010	61.1%	57.6%	56.4%	60%
2009	63.4%	57.5%	57.5%	60%
2008	54.1%	57.0%	57.0%	60%
2007	64.8%	58.2%	57.1%	60%
2006	64.8%	58.2%	57.1%	60%
2005	64.8%	58.2%	57.1%	60%
2004	64.8%	58.2%	57.1%	60%
2003	64.8%	58.2%	57.1%	60%
2002	64.8%	58.2%	57.1%	60%
2001	64.8%	58.2%	57.1%	60%

# Best Practice: GPRA Awards

- Celebrate both large and small successes
- Award levels for % of measure targets met as well as for greatest increase in % from previous year and highest measure performance for individual measures
- Every site in Alaska receives some recognition for their efforts
- Thank you gifts for key individuals at each site



# Best Practice: Data Quality Audits in EHR

- Standard data quality audits done by comparing paper charts and RPMS records
- Now, looking more deeply in EHR and comparing to NDW exports
- Looking for coding anomalies or inconsistencies
- Also look in notes for specific measures to see if important information is being recorded there versus entered onto appropriate tab in EHR
- Beta testing process on one site in AK.



# Best Practice: Learning Vignettes



- Creating digital stories to share best practices across Alaska
- Typically short – about 3-5 minutes – with some offered as a series
- Also working on video vignettes for GPRA 101 and other staff training options
- Developed videos include Clinical EHR Reminders, Using Run Charts for IPC, Using iCare, How to Run Selected Performance Measures in RPMS, Running GPRA Reports in CRS, and Assigning Primary Care Providers

# OUR ULTIMATE OBJECTIVE: *HEALTHIER COMMUNITIES!*



# Thank You!

Carolyn Crowder  
Health Director  
Aleutian Pribilof Islands Association  
(907) 222-4207  
[carolync@apiai.org](mailto:carolync@apiai.org)

Erika Wolter  
Improvement Programs Administrator  
Alaska Native Tribal Health  
Consortium  
(907) 729-3907  
[ewolter@anthc.org](mailto:ewolter@anthc.org)

