

Desert Sage Update

California Indian Health Service

Best Practices Conference

May 2018

Admission Criteria

- ▶ Primary diagnosis of substance use disorder (moderate - severe)
- ▶ Meets ASAM criteria for residential care
- ▶ Age 12-17
- ▶ Voluntary
- ▶ Can have co-occurring mental health diagnoses

Exclusion Criteria

- ▶ Actively suicidal/homicidal
- ▶ Significant history of interpersonal violence
- ▶ Psychosis
- ▶ Uncontrolled or high risk medical conditions
- ▶ Extreme flight risk

American Society of Addiction Medicine (ASAM) Levels of Care

- ▶ Level I - Outpatient
- ▶ Level II - Intensive Outpatient
- ▶ Level II Partial Hospitalization
- ▶ Level III Residential Treatment - Desert Sage
- ▶ Level IV Medically Managed Inpatient Services

ASAM Placement Criteria for Residential Care

- ▶ Poor ability to tolerate and cope with withdrawal symptoms
- ▶ Poor ability to tolerate and cope with physical problems. Stable conditions that are being neglected in outpatient care
- ▶ Recovery efforts are negatively affected by emotional, behavioral, or cognitive conditions in significant and distracting ways

ASAM Placement Criteria (cont.)

- ▶ Significant functional impairment in areas of family, social, work, or school that can not be managed at less intensive level of care
- ▶ Interventions at current level of care have not achieved stabilization or remission of symptoms
- ▶ Exhibits inconsistent follow through with minimal awareness of SUD and need for treatment

ASAM Placement Criteria (cont.)

- ▶ Unaware of need or unwilling to change/follow through with treatment recommendations
- ▶ Inability to overcome environmental triggers/cravings. High chronicity/poor treatment response
- ▶ Home environment is dangerous to recovery

Treatment

- ▶ Individual Sessions with SUD Counselor
- ▶ Individual Sessions with LCSW
- ▶ Psychiatry Services as clinically indicated
- ▶ Group Therapy Sessions
- ▶ 24 Hour Nursing
- ▶ Recreational/Cultural Activities

Day in the life

- ▶ 8 am-11:45 School
- ▶ Lunch
- ▶ 1:00-4:00 Therapy
- ▶ Dinner
- ▶ Recreation
- ▶ Weekend activities

Discharge Planning

- ▶ Begins at intake
- ▶ Work with guardian and resident to determine discharge plan
- ▶ Collaborate with referring Clinics
- ▶ Discharge can be facilitated to other than home
 - ▶ Sherman Indian School
 - ▶ Job Corps

Ongoing Challenges

- ▶ Staffing
 - ▶ Recruitment and retention
- ▶ Childcare Clearances
 - ▶ Averaging 4-6 months
- ▶ Resident Acuity
- ▶ Volunteer clearance process

Best Practices

- ▶ Evidence based care models (CBT, DBT, MI, ACR-A)
- ▶ Multi-disciplinary team approach to care
- ▶ Incorporation of cultural activities throughout the course of treatment
- ▶ Joint Commission Accreditation survey by the end of the year
- ▶ Working with CAO Behavioral Health Consultant and the CAO Aftercare Grant team on providing aftercare support resources to tribal/urban clinics.

Desert Sage strives to be
the preferred choice for
residential substance abuse treatment
for American Indian/Alaska Native Youth
in the nation.

Questions?