If someone you know is in immediate danger, please call 911.

For information on how to help a victim, contact:
The National Domestic Violence Hotline
1-800-799-SAFE (7233)
www.thehotline.org

(Placeholder for local resources)

Northwest Portland Area Indian Health Board
www.npaihb.org

THRIVE

WHAT IS DONE TO ONE IS FELT BY ALL

PROTECT OUR LOVED ONES

45% of American Indian/Alaska Native women have experienced intimate partner violence, and 1 in 7 men is a victim of intimate partner violence.

- Intimate partner violence is also known as domestic violence. It involves physical and sexual violence, as well as emotional abuse and threats of violence.
- IPV affects both heterosexual and same-sex couples, even if they do not have a sexual relationship.
- If you know someone who is in an abusive relationship, tell them that you are concerned for their safety, acknowledge that they are in a difficult situation, be supportive, and encourage them to get help.

HONOR OUR PEOPLE