

Continuing Education Information

IHS Division of Diabetes Treatment and Prevention Advancements in Diabetes Recorded Sessions

Title: *Depression Screening and Follow Up*

Presenters: Casey McDougall, PhD, LP

Type of Activity: Enduring Event (Recorded Webinar)

Release Date: July 12, 2016

Expiration Date: November 30, 2017

Target Audience: Indian Health Service, Tribal and Urban (ITU) health care providers in clinical and community health settings.

Description:

This presentation will review evidence based information related to depression and diabetes, particularly in AI/AN people. The session will include discussion of screening for depression, and will also provide recommendations for non-behavioral health as well as, behavioral health professionals to use in following up patients with suspected or diagnosed depression.

Training Objectives:

As a result of completing this training, participants will be able to:

1. Describe the relationship between depression and diabetes.
2. Screen patients with diabetes utilizing the Patient Stress Questionnaire; emphasis on the PHQ-9.
3. Incorporate into clinical practice, information on issues which can make it difficult to sort out the cause of depressive-type symptoms.
4. Incorporate into clinical practice, information on nonpharmacological interventions for depression.
5. List one example of how you plan to change your practice as a result of the training.

Requirements: You must have a computer with broadband Internet access. For the best experience viewing the videos, use Internet Explorer 7 or greater and Flash 8 player. Click on the "Flash" icon to install the player, if necessary. If you have any trouble viewing the video trainings, contact us at diabetesprogram@ihs.gov for alternate viewing options. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to diabetesprogram@ihs.gov.

Note: Before you begin the training, you may review the IHS Privacy Policy at the following link: (<https://www.ihs.gov/privacypolicy/>). You may also review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected.

<http://www.surveymonkey.com/mp/policy/privacy-policy/>

Continuing Professional Education (CE) Credit Information: To receive CE credit, you must view the entire training, watch the complete video and review the handout, successfully pass the quiz (score \geq 80%), and complete an evaluation. You will be able to print a “Certificate of Continuing Education Credits” online following the training.

Individuals taking this course for the first time are eligible for CME/CE credit. If you previously completed this, or the live course, you are not eligible for CME/CE credit. If you complete the course more than once, you may obtain a certificate of completion.

Accreditation:



Continuing Medical Education Credit

The Indian Health Service (IHS) Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The IHS Clinical Support Center designates this enduring material for a maximum of *1 AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Continuing Nursing Education Credit

The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity has been designated 1.0 contact hour for nurses.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

Disclosure Statement:

As a provider accredited by ACCME, ANCC, and ACPE, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any significant financial relationships or affiliations with any manufacturers or commercial products to disclose.

No commercial interest or non-commercial funding was used to support this activity.

Sponsors and Planners

The planning and development included IHS Division of Diabetes Treatment and Prevention and a team of individuals with expertise in relevant professions.

| Name and Credentials | Present Position/Title |
|---------------------------------------|---|
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