

# Commercial Tobacco Vaping *and beyond*

Commercial tobacco use and vaping is linked to many problems in your mouth including:

- Gum Disease
- Mouth Irritation
- Sore Throat
- Dry Mouth
- Mouth Sores
- Bleeding Tissues
- Stained Teeth
- Stained Tongue
- Loss of Teeth

Commercial smoking tobacco has more than 7,000 chemicals about 70 of these are cancer causing chemicals!

Commercial smokeless tobacco has more than 3,000 chemicals about 28 of these are cancer causing chemicals!



**Talk to your dental provider about quitting!**



# Nicotine and Commercial Tobacco use can cause:

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>● Lung Cancer</li> <li>● Popcorn Lung</li> <li>● Lung Disease</li> <li>● Throat Cancer</li> <li>● Other Cancers</li> <li>● Heart Disease</li> <li>● Weakened Senses</li> </ul> | <ul style="list-style-type: none"> <li>● Strokes</li> <li>● Diabetes</li> <li>● Eye Problems</li> <li>● Infertility and Impotence</li> <li>● Pregnancy Problems</li> <li>● Birth Defects</li> <li>● Colds and Flus</li> </ul> |
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Damaging Chemicals found in liquid "Juice"

- Nicotine<sup>#</sup>
- Diacetyl\*
- Lead<sup>o</sup>
- Nickel\*
- Chromium\*
- Formaldehyde\*
- Acrolein\*
- Nitrosamines\*
- Cadmium\*
- Acetaldehyde\*
- Strontium\*
- Diethylene Glycol<sup>^</sup>

\*cancer causing

# hurts unborn babies

<sup>o</sup> damages nerves

<sup>^</sup> toxin

The latest way to use nicotine is through electronic devices. Here are some words used with these devices.

**Vaping**: inhaling and exhaling the vapor produced by electronic cigarettes

**Dapping**: inhaling the vapors from a concentrated form of marijuana

**Juice**: e-cigarette liquid used in vaping devices

**Hookah**: type of water pipe

**E-Pens**: type of electronic vaping device

**Clouds**: the vapor that is exhaled

