

# Wipe Smear Brush



- Clean baby's gums and teeth everyday
- Do not put baby to bed with a bottle
- Give your child water to drink every day
- Lift the lip to check your baby's teeth
- Take your child to the dentist by their first tooth

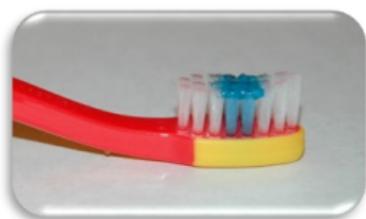
# Wipe

Before teeth come in, wipe baby's mouth with a moist cloth or special baby "gum" brush.



# Smear

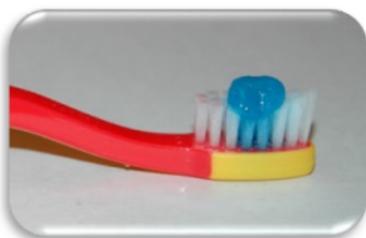
When teeth start to come in, around 4-8 months, start using a small "Smear" of toothpaste.



*This is easy if you wipe toothpaste across the brush. Use this amount until your child's second birthday.*

# Brush

After your child reaches age 3, use a "Pea Size Dab" of toothpaste. Use fluoride toothpaste every morning and night.



Steps for cleaning your child's teeth as they grow.