



ECC Initiative Online Courses

Caries Stabilization Course

Target Audience: General dentists, RDHs, and EFDAs

Format: The online course is located on the IHS Dental Portal (<http://www.doh.ihs.gov>) under the CDE tab. You must log in to access the course.

Goal: Expand knowledge and increase the use of caries stabilization when treating young children. Caries stabilization involves using glass ionomer for interim therapeutic restorations (ITRs), resin and glass ionomer sealants to protect pit and fissures on primary molars, fluoride varnish, and twice daily use of fluoride toothpaste at home.

Learning Objectives:

At the end of the course, participants will be able to:

- Discuss the indications for interim therapeutic restorations (ITR) and glass ionomer (GI) sealants.
- List the instruments and materials used for ITRs and GI sealants.
- Describe the appropriate technique for placing ITRs and GI sealants.
- Explain the variables that influence the success of ITRs and GI sealants.
- Prevent and resolve behavioral management issues when working with young children.
- Provide appropriate oral health messages to parents and caregivers of young children.
- Discuss strategies for follow-up, recall, coding, and billing.

How to Apply Fluoride Varnish Course

Target Audience: Medical Staff, CHRs, WIC, Head Start and other partners as appropriate

Format: Online course and PowerPoint presentation for group presentations. The course is located on the Head Start homepage (<http://www.ihs.gov/HeadStart/>) and the IHS Dental Portal (<http://www.doh.ihs.gov>) under the CDE tab. The PowerPoint presentation is located on the Head Start homepage and the IHS Dental Portal under the ECC tab.

Goal: Involve ECC Initiative medical and community partners to screen, apply fluoride varnish, and appropriately refer children for dental treatment.

Learning Objectives:

- Describe Early Childhood Caries.
- List two ways to prevent ECC.
- Recognize the various stages of ECC.
- Discuss the benefits of topical fluoride.
- List the five steps to applying fluoride varnish.
- Demonstrate the appropriate application of fluoride varnish.
- List one key message for families to prevent ECC.