Indian Health Service Periodontal Treatment Guide

Dental Examination/Screening
(Include CPI on all patients ≥ 15)

CPI = 0
- Recall patient based on caries risk

CPI = 1
- Scaling with ultrasonic/sonic and/or hand instruments
- Recall patient based on caries risk or annually

CPI = 2
- Gross debridement if needed
- Full workup if two sextants of CPI “3” or one “4” if SRP is indicated.
- If SRP is not indicated, then prophylaxis

CPI = 3
- Perio Workup (if SRP indicated):
  - radiographs, probing, bleeding, recession, mobility, furcation involvement, perio diagnosis & develop tx plan with patient

CPI = 4
- Scaling & Root Planing (SRP)
  - Extract hopeless teeth
  - Recommend antimicrobials

Initial recall/re-probing at 6-12 weeks
(or longer if poor healing, diabetic)

Antimicrobials for unresolved pockets?
- Periodontal surgery?
- Recommend/document need to see a periodontist?
  - Recall 3-6 months as needed

Notes:

¥ “Recall” does not necessarily mean a recall examination or a prophylaxis by a hygienist

॥ This document serves as a guide to treatment; dental providers should use their best clinical judgment to make appropriate treatment decisions for their patients.

Indian Health Service
Periodontal Treatment Initiative
Overall Health Begins With Periodontal Health