

Baby Teeth are Important

Just the Facts

Too many children have tooth decay...it can be prevented.

Severe tooth decay can lead to pain, infection, sleep problems, and learning. Children need their baby teeth to eat, talk, and smile!

What Can You Do?

Clean baby's teeth every day when the first tooth comes in. Use a small smear of fluoride toothpaste.

Limit sweet snacks and drinks.



Take your Baby to the dentist when the first tooth comes in.

Contact the dental clinic for a dental appointment for your baby.
Dental Clinic: _____

<http://www.ihs.gov/headstart>

