



# September 2016 Obesity Prevention Webinar Series

Indian Health Service  
Health Promotion/Disease Prevention

**Tuesday, September 20, 2016**

	<p>1 pm ET 12 pm CT 11 am MT 10 am PT 9 am AKT</p>	<p><b><i>Indigenous Foods</i></b> By Freda Carpitcher, MPH</p> <p><b><i>Traditional Food Guide Activity for Alaska Native Youth</i></b> By Karen Morgan, MBA &amp; Judith Muller</p> <p>Link to the webinar: <a href="http://ihs.adobeconnect.com/ihs-hpdp">http://ihs.adobeconnect.com/ihs-hpdp</a></p>
<p>Judith Muller</p> 		<p><b>Learning Objectives</b> – At the conclusion of this webinar session, the participants will be able to:</p> <ol style="list-style-type: none"><li>1. Identify if the participant lives in a food desert.</li><li>2. Gain knowledge of what they can do if they live in a food desert.</li><li>3. Be able to identify multiply possible solutions to food desert disparities.</li><li>4. Understand the development process for creating a youth nutrition resource that incorporates traditional Alaska Native lifestyles.</li><li>5. Identify the three formats used for communicating information on each activity book nutrition.</li><li>6. Describe methods used to evaluate the activity books use.</li></ol>

## TARGET AUDIENCE:

Physicians, Nurses, Registered Dietitians, Health Promoters, Fitness Specialist, Environmental Health Professionals other members of the care team and other interested parties.

## CONNECTION INFORMATION:

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