

INDIAN HEALTH SERVICE

DROWNING DANGERS





Drowning

Drowning is the process of experiencing respiratory impairment from submersion or immersion in liquid. Drowning is not always fatal.

Fatal drowning happens when the drowning results in death.

Nonfatal drowning happens when a person survives a drowning incident. Nonfatal drowning has a range of outcomes, from no injuries to very serious injuries such as brain damage or permanent disability.

Source: www.cdc.gov/drowning/facts/index.html



DROWNING STATISTICS

- Drowning is a leading cause of death for children.
- More children ages 1-4 die from drowning than any other cause of death.
- Every year in the U.S. there are an estimated: 4,000 fatal drownings (average 11 per day) 8,000 nonfatal drownings (average 22 per day)



DROWNING PREVENTION



Remember Our 11 Tips to Prevent Drowning

1. Learn Basic Swimming & Water Safety Skills
2. Build Fences That Fully Enclose Pools
3. Supervise Closely
4. Wear a Life Jacket
5. Learn CPR
6. Know the Risks of Natural Waters
7. Take Precautions For Medical Conditions
8. Consider the Effects of Medications
9. Avoid Alcohol
10. Use the Buddy System
11. Don't Hyperventilate or Hold Your Breath for a Long Time

- Drowning death rates for AI/AN's age 29 and younger are 2 times higher than the rates for White people, with the highest disparities among those ages 25-29 (rates 3.5 times higher).
- In natural water, AI/AN people have the highest drowning death rates.

Source: www.cdc.gov/drowning/facts/index.html

IHS INJURY PREVENTION

Our Mission

Raise the health status of American Indians and Alaska Natives to the highest possible level by decreasing the incidence of severe injuries and death to the lowest possible level and increasing the ability of tribes to address their injury problems.

About IHS Injury Prevention

We are the lead IHS program to address the injury disparities in AI/AN communities. Our widely-recognized program works with tribes and partners to reduce the disproportionate impact of injuries on Indian people.



Indian Health Service
5600 Fishers Lane
Rockville, MD 20857

For more information about the dangers of drowning, visit our website at www.ihs.gov/injuryprevention/ or scan the QR code.

