

# INDIAN HEALTH SERVICE

## INJURY PREVENTION PROGRAM





# Injury Prevention Program

## Why Injury Prevention?

Injuries are the **leading cause of death** for American Indians and Alaska Natives from ages 1-44 years, and the third leading cause of death overall. Unintentional injury mortality rates for Indian people are approximately **2.5 times higher** than the combined all-U.S. races rate.

## Our Program

We have funded more than **110 grantees** since 1997. The lessons learned over the years has helped shape the program to foster new ideas, best practices and overcome many challenges with continued benefit to reducing injuries.



## INJURY DISPARITIES

American Indians and Alaska Natives born today have a **life expectancy that is 5.5 years less** than the U.S. all races population (73.0 years to 78.5 years, respectively).

Unintentional injury **mortality rates for AI/ANs are 2.5x higher** than the combined all-U.S. races rate.

The Indian Health Service (IHS) Injury Prevention Program is working to decrease the incidence of severe injuries and death by identifying the injury issues and pursuing evidence-based and innovative approaches to address them.



## INJURY PREVENTION PROGRAM

Effective community-based injury prevention initiatives use multiple strategies to reduce and prevent injuries and fatalities. The IHS Injury Prevention Program promotes building the capacity of Tribes and communities by increasing understanding about the injury problem, sharing effective solutions, and assisting communities in implementing programs. As a result of these efforts, unintentional injury deaths to American Indian and Alaska Native people, while still high, have decreased by 59%

### Some of the successful initiatives include:

- Tribal Injury Prevention Cooperative Agreement Program (TIPCAP)
- Ride Safe (targets motor vehicle related injuries to children ages 3-5 years)
- Sleep Safe (targets fire and burn injuries to children ages 3-5 years)
- Training Programs and Fellowships

### Training programs include:

- Introduction to Injury Prevention
- Intermediate Injury Prevention
- Advanced Injury Prevention
- Safe Native American Passengers (SNAP)
- Injury and Violence Prevention Fellowship

### Prevention Program Addresses:

- Transportation Safety
- Fall Prevention
- Poisoning and Opioid Use
- Suicide and Violence
- Traumatic Brain Injuries
- Drowning
- Fire/Burns

Our programs have helped **decrease unintentional injury deaths by 59%** among the AI/AN community!

Learn more about the Injury Prevention Program by visiting [ihs.gov/injuryprevention](https://www.ihs.gov/injuryprevention)

# IHS INJURY PREVENTION

## Our Mission

Raise the health status of American Indians and Alaska Natives to the highest possible level by decreasing the incidence of severe injuries and death to the lowest possible level and increasing the ability of tribes to address their injury problems.

## About IHS Injury Prevention

We are the lead IHS program to address the injury disparities in AI/AN communities. Our widely-recognized program works with tribes and partners to reduce the disproportionate impact of injuries on Indian people.



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For more information about the Injury Prevention Program, visit our website at [www.ihs.gov/injuryprevention/](http://www.ihs.gov/injuryprevention/) or scan the QR code.

