IHS TeleBehavioral Health Center of Excellence

(https://www.ihs.gov/telebehavioral/)

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TBHCE Staff

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Tele-Education
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TeleBehavioral Health Services

FY17

Providing real-time (synchronous) psychiatric care, counseling, and consultation via televideo.
Types of Services

Psychiatry
- Addiction
- Adult
- Child

Counseling
- Adult
- Child
- Family
- PTSD/Trauma
FY 2017 TeleBehavioral Highlights

- 24 sites
- 9 IHS Areas
- 8,101 patient visits
- 4,051 hours of service
FY 2017 Clinical Hours

- Counseling: 30%
- Child Psychiatry: 31%
- Addiction Psychiatry: 21%
- Adult Psychiatry: 18%
Telebehavioral Health Sites

**Legend**
- Active IHS Site
- Active Tribal Urban Site
- Soon-to-deploy IHS Site
- Soon-to-deploy tribal/urban site

**TBHCE Delivery Sites**
- IHS Acoma-Cannoncito-Laguna
- IHS Catawba Service Unit
- IHS Crosspoint Health Care
- IHS Elko/Southern Bands Health Center
- IHS Ft. Peck Poplar/Verne E.
- IHS Ft. Peck Wolf Point/Chieftain
- IHS Ft. Yates/Standing Rock
- IHS Gallup Indian Medical Center
- IHS Mescalero Indian Hospital
- IHS Mimin Service Unit
- Owyhee/Dark Valley Tribal
- IHS IHS Pine Ridge SU/Kyle
- IHS Pine Ridge SU/Pine Ridge
- IHS IHS Pine Ridge SU/Wax<br>
- IHS Pinion Health Center
- Red Cliff Tribal Community Health Center
- IHS Sisseton/Woodbor Wills
- Skokomish Hope Behavioral Health
- Spirit Lake Health Center
- Tohono O’odham San Xavier
- Tohono O’odham Stills Hospital
- IHS Uintah-Buray (UIB) Service Unit
- Citizen Potawatomi Nation Health Center
- Dulce Tribal Behavioral Health
- IHS Kayenta Health Center
- Kickapoo Tribal Health Center

United States map with locations marked for telebehavioral health sites.

Psychiatrist per session (30 minutes) cost:

- $333.52 - traveling patient
- $169.76 - traveling provider
- $138.34 - telebehavioral health
Estimated Site Savings with Telebehavioral Health

- $1,106,866 saved compared to traveling patients to the provider
- $178,183 saved compared to traveling the provider to the site

Estimated Patient Savings

- 1,593,300+ miles of travel avoided
- $892,500+ in avoided travel costs
- 24,300 hours of work and/or school NOT missed

Assumptions:
- 200 miles of travel (round trip)
- Federal mileage reimbursement rate
- Hours saved @ 65 MPH
Tele-Education

Providing free continuing education learning sessions on timely topics to all I/T/U providers via web-based technologies.
FY2017 Summary

- 118 educational webinars
- 4,336 Continuing Education (CE) hours claimed
- 8,925 training hours provided
FY2017 Summary (continued)

- 42 webinars hosted for partners
- 440 support tickets closed
Responses from participants claiming CE

- 97% report increased confidence in their clinical abilities
- 96% will integrate new knowledge into their practice
- 98% were comfortable asking questions
- 90% were satisfied with the technology’s ability to support learning
FY2017 Summary (continued)

Conference Streaming

- IHS National Combined Council - 343 participant hours of content
- Diabetes in Indian Country - 1,370 participant hours of content
- International Meeting on Indigenous Child Health - 76 participant hours of content
FY2017 Summary (continued)

Continuing Education (CE) Credits Provided

- National AI/AN Behavioral Health Conference
  - 251 CE credits and 121 certificates of attendance claimed
- HRSA Virtual Behavioral Health Conference
  - 285 CE credits and 145 certificates of attendance claimed
FY2017 Summary (continued)

Additional Tele-Education Accomplishments

- Launched Trauma Informed Care (TIC) series - 26 total webinars
- Launched On-Demand version of the IHS Essential Training on Pain & Addiction
- Hosted 10 IHS Clinical Rounds
FY2017 Summary (continued)

- Training Calendar -
  https://www.ihs.gov/telebehavioral/training/

- Training Archive-
  https://www.ihs.gov/telebehavioral/seminararchive/
IHS Indian Children’s Program
(https://www.ihs.gov/icp/)

FY17

Providing education and consultation on neurodevelopmental and behavioral health issues effecting AI/AN youth.
Indian Children’s Program (ICP)

- Addresses neurodevelopmental & behavioral health issues (FASD, ASD, Depression, ADHD, etc.)
- Provides education and training via webinars and online courses ([https://www.ihs.gov/telebehavioral/training/](https://www.ihs.gov/telebehavioral/training/))
- Provides real-time provider consultation from a panel of experts on issues effecting AI/AN youth ([https://www.ihs.gov/icp/icpfaqs/](https://www.ihs.gov/icp/icpfaqs/))
Pain and Opioid Efforts

- IHS Essential Training on Pain & Addiction
- Evaluation of American Indian Health Service Training in Pain Management and Opioid Substance Use Disorder - American Journal of Public Health
- IHS Essential Training on Pain & Addiction Refresher Course
- Weekly Chronic Pain ECHO (with UNM Pain Center) https://echo.unm.edu/nm-teleecho-clinics/chronic-pain-and-opioid-management/
- Addiction Telepsychiatry services
Other IHS Telehealth Programs
IHS-Joslin Vision Network
Teleophthalmology Program
(https://www.ihs.gov/teleophthalmology/)

Dr. Dawn Clary, Director

- Provides remote diagnosis and management of diabetic retinopathy
- Preventing Diabetes-Related Blindness in AI/AN
- Asynchronous (Store and forward)
- 2016 Highlights
  - IHS JVN Eye exams = 19,184
Regional Telemedicine Programs

- Teleradiology (All Areas)
- Telebehavioral Health (Oklahoma Area)
- Teledermatology (Phoenix Area)
- Telenutrition (Phoenix Area)
- Telewound Care (Oklahoma Area)
Telebehavioral Health Center of Excellence

Links:
- Telebehavioral Health- https://www.ihs.gov/telebehavioral/index.cfm/telehealth/
- Tele-Education- https://www.ihs.gov/telebehavioral/training/
- Indian Children’s Program- https://www.ihs.gov/icp/

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