



**THE BEST WAY TO PROTECT  
AGAINST MEASLES IS WITH THE  
MEASLES, MUMPS, AND  
RUBELLA (MMR) VACCINE.**

**MMR IS SAFE AND EFFECTIVE.**



**ALL INDIVIDUALS SHOULD CONSULT WITH THEIR HEALTH CARE PROVIDERS TO  
UNDERSTAND THEIR OPTIONS TO GET THE MMR VACCINE.**

**For more information visit [cdc.gov/measles](https://cdc.gov/measles)**

