## Measles

## Measles can cause serious health issues, especially in children younger than 5 years old.

## **SIGNS AND SYMPTOMS**

- 7-14 days after exposure: high fever, cough, runny nose, red and watery eyes.
- 3-5 days after the first symptoms begin: rash, usually on the face and down the body.
- Common complications are ear infections and diarrhea.
- Less frequently, severe complications like pneumonia and encephalitis can occur.

All individuals should consult with their health care providers to understand their options to get the MMR vaccine.



