

# Measles (Rubeola)

**Measles is very contagious and can be serious. Anyone who is not protected against measles is at risk.**

## Key Symptoms

- Cough
- Rash
- Red, watery eyes
- Runny nose
- High Fever (may spike to more than 104 F)



## How it Spreads

- Through the air when an infected person coughs or sneezes.
- Being in a room where a person with measles has been.
- Measles can stay up to 2 hours after infected person has left.

## Prevention

All individuals should consult with their health care providers to understand their options to get the MMR vaccine.

**For more information visit: [shorturl.at/QeN48](https://shorturl.at/QeN48)**

