



INTERNATIONAL ASSOCIATION FOR
INDIGENOUS AGING

Dementia Initiatives and Resources

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IA²'s Brain Health Resources

- Our products are **DESIGNED BY** and **DESIGNED FOR** American Indian and Alaska Native communities
- Flyers, rack cards, & posters available covering a variety of health topics
- Free printing available



AMERICAN INDIAN
and **ALASKA NATIVE**
RESOURCE CENTER FOR BRAIN HEALTH

Links to Resources

- [The Healthy Heart Healthy Brain flyers and posters](#)
- [10 Signs of Thinking or Memory Changes that might be dementia](#)
- [Healthy Food Healthy Brain Rack Cards](#)
- [Tribal Law and Policy Alzheimer's Disease and Related Dementia Issues](#)
- [American Indian, Alaska Native, & Culturally Inclusive Language in ADRD State Plans](#)
- [Risk factors for dementia infographic](#)



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Tribal Resolution Package Addressing ADRD

- Addresses Alzheimer's disease and related dementias (ADRD) in tribal communities.
- Package has 4 parts.
- The importance of having an ADRD resolution in tribal communities.
- The language of the resolution can and should reflect tribal governments' preferred words and identification of their people.
- We encourage the tribal governing body to modify the sample resolution to tailor it for their community.
- [View the dementia tribal resolution toolkit](#)



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Dementia Friends for American Indian and Alaska Native Communities

- Revised, adapted, and piloted Dementia Friends USA for use with AI/AN communities
- IA² is the National Dementia Friends Sub-licensee for American Indian and Alaska Native Tribal Communities
- Dementia Friends Room Experience – Scenarios to recognize signs of memory loss



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THANK YOU FOR ATTENDING



Embracing the cultural
and spiritual values of
the communities in
which we work



Download practical resources to support aging initiatives



Learn about efforts to improve aging for American Indian & Alaska Native communities



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Indigenous Aging

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