



INTERNATIONAL ASSOCIATION FOR  
**INDIGENOUS AGING**

# Dementia Initiatives and Resources

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# IA<sup>2</sup>'s Brain Health Resources

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- Our products are **DESIGNED BY** and **DESIGNED FOR** American Indian and Alaska Native communities
- Flyers, rack cards, & posters available covering a variety of health topics
- Free printing available



**AMERICAN INDIAN**  
and **ALASKA NATIVE**  
RESOURCE CENTER FOR BRAIN HEALTH

# Links to Resources

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- [The Healthy Heart Healthy Brain flyers and posters](#)
- [10 Signs of Thinking or Memory Changes that might be dementia](#)
- [Healthy Food Healthy Brain Rack Cards](#)
- [Tribal Law and Policy Alzheimer's Disease and Related Dementia Issues](#)
- [American Indian, Alaska Native, & Culturally Inclusive Language in ADRD State Plans](#)
- [Risk factors for dementia infographic](#)



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# Tribal Resolution Package Addressing ADRD

- Addresses Alzheimer's disease and related dementias (ADRD) in tribal communities.
- Package has 4 parts.
- The importance of having an ADRD resolution in tribal communities.
- The language of the resolution can and should reflect tribal governments' preferred words and identification of their people.
- We encourage the tribal governing body to modify the sample resolution to tailor it for their community.
- [View the dementia tribal resolution toolkit](#)



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# Dementia Friends for American Indian and Alaska Native Communities

- Revised, adapted, and piloted Dementia Friends USA for use with AI/AN communities
- IA<sup>2</sup> is the National Dementia Friends Sub-licensee for American Indian and Alaska Native Tribal Communities
- Dementia Friends Room Experience – Scenarios to recognize signs of memory loss



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# THANK YOU FOR ATTENDING



Embracing the cultural and spiritual values of the communities in which we work



**Download** practical resources to support aging initiatives



**Learn** about efforts to improve aging for American Indian & Alaska Native communities



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