Behavioral Health Initiative Funding
Tribal Consultation & Urban Confer

Virtual Learning Session: Substance Abuse and Suicide Prevention Program (SASPP)
Virtual Learning Session Outline

• Purpose of Virtual Learning Session

• SASPP Background and Overview

• Tribal Consultation and Urban Confer Topics
Purpose of Virtual Learning Session

• To provide an overview of the SASPP to increase awareness and knowledge as part of Tribal Consultation.
Explanatory Statement

...encourages IHS to provide behavioral health grant funding through contracts and compacts authorized by the Indian Self-Determination and Education Assistance Act rather than through grant instruments to ensure that Contract Support Costs are available.
Overview of the Suicide and Substance Abuse Prevention Program (SASPP)
SASPP Background

• In 2009, the SASPP began as the Methamphetamine and Suicide Prevention Initiative (MSPI) Pilot Demonstration Project.

• From 2009-2015 130 projects were awarded.
  • 102 tribal awardees (contracts and compacts)
  • 9 federal awardees (federal program awards)
  • 14 Urban Indian Organizations (grants)
  • 5 IHS Area Offices (federal program awards)
MSPI Pilot Project Outcomes 2009-2015

• The MSPI pilot project had the following outcomes:
  • 12,200+ individuals entering treatment for methamphetamine abuse;
  • 16,560+ substance use and mental health disorder encounters via telehealth;
  • 16,250+ professionals and community members trained in suicide crisis response; and,
  • 690,590+ encounters with youth provided as part of evidence-based and practice-based prevention activities.
SASPP Overview

• In 2015, IHS received $13.5 million funding for SASPP.
• 5-year funding cycle from 2015 to 2020.
• SASPP has 6 overarching program goals.
SASPP Program Goals

1. Increase project capacity to operate successful methamphetamine prevention, treatment, and aftercare and suicide prevention, intervention, and postvention services through implementing community and organizational needs assessment and strategic plans.

2. Develop and foster data sharing systems among tribal, UIO, and federal behavioral health service providers to demonstrate efficacy and impact.

3. Identify and address suicide ideations, attempts, and contagions among American Indian and Alaska Native (AI/AN) populations through the development and implementation of culturally appropriate and community relevant prevention, intervention, and postvention strategies.

4. Identify and address methamphetamine use among AI/AN populations through the development and implementation of culturally appropriate and community relevant prevention, treatment, and aftercare strategies.

5. Increase provider and community education on suicide and methamphetamine use by offering appropriate trainings.

6. Promote positive AI/AN youth development and family engagement through the implementation of early intervention strategies to reduce risk factors for suicidal behavior and substance abuse.
SASPP Overview

- SASPP breakdown:
  - 5-year funding cycle from 2015-2020
  - 175 projects funded through four Purpose Areas (PA)
    - Tribes / Tribal Organizations: 135 projects (grants)
    - Urban Indian Organizations: 22 projects (grants)
    - IHS Federal Facilities: 18 projects (federal program awards)
  - Projects by IHS Area and Tribe can be found at:
## SASPP Purpose Areas

<table>
<thead>
<tr>
<th>SASPP Purpose Area</th>
<th>Funded Projects</th>
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<tbody>
<tr>
<td><strong>Purpose Area 1:</strong> Community and Organizational Needs Assessment and Strategic Planning</td>
<td>3</td>
</tr>
<tr>
<td><strong>Purpose Area 2:</strong> Suicide Prevention, Intervention, and Postvention</td>
<td>45</td>
</tr>
<tr>
<td><strong>Purpose Area 3:</strong> Methamphetamine Prevention, Treatment, and Aftercare</td>
<td>19</td>
</tr>
<tr>
<td><strong>Purpose Area 4:</strong> Generation Indigenous Initiative Support (GEN-I)</td>
<td>108</td>
</tr>
<tr>
<td><strong>Total number of projects</strong></td>
<td>175</td>
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SASPP Projects/Appropriations

2015 awards: 128
2016 awards: 30
2017 new awards: 17
Total Projects: 175

• Total Appropriations: $31,975,137
• Total Amount Funded: $27,972,247
• National Management $4,002,890
  • Remaining funds go to Tribal Epidemiology Centers (TECs) to provide evaluation technical assistance, National Indian Health Board, and IHS HQ Staff support.
SASPP-Funded Projects by State

- Alaska 24
- Arizona 19
- California 15
- Colorado 3
- Idaho 2
- Illinois 2
- Kansas 2
- Maine 2
- Massachusetts 1
- Michigan 5
- Minnesota 5
- Mississippi 1
- Montana 9
- Nebraska 6
- Nevada 5
- New Mexico 12
- New York 1
- North Dakota 2
- Oklahoma 24
- Oregon 7
- South Carolina 1
- South Dakota 10
- Utah 2
- Washington 9
- Wisconsin 5
- Wyoming 1
Technical Assistance (TA) Provided to SASPP Projects

• TA is provided by:
  • IHS Area Project Officers (APOs) – Division of Behavioral Health
  • TECs
  • IHS Grants Management Specialists (GMSs) – Division of Grants Management

• IHS APOs are assigned to each of the 12 IHS Areas and:
  • Provide direct programmatic TA for all grantees and IHS Federal project awardees.
  • Serve as the primary point of contact for all questions related to the project scope of work, budget, timeline, and other required project tasks and documentation.
  • Assist projects with reporting and review:
    • Financial Reports (quarterly)
    • Continuation Applications (annually)
    • Progress Reports (annually)
TA Continued

• TECs serve as the TA Providers for Evaluation:
  • Assist projects in creating and updating evaluation plans
  • Assist funded projects to establish baseline data.
  • Assist projects with establishing and revising their plans for local data collection.
  • Assist projects in monitoring trends on baseline data.
  • Complete site visits for tailored TA, as funding permits.
  • Complete virtual site visits for tailored TA for all funded projects.

• TA is also provided by the GMSs from the Division of Grants Management at IHS HQ.
SASPP Reporting and Evaluation

• Annual Progress Reports
  • Report on yearly project activities by PA
  • Submit through the SASPP Portal
    • Due annually (project period: September 30-September 29, due by October 31)
  • Years 1 and 2 were “building years”
  • Years 3-5 will collect targeted outcome measures on community impact.
  • Aggregated into National Reports
    • Online at https://www.ihs.gov/mspi/resources/nationalreports/
      • Inform policy and practice discussion and decisions

• TECs provide evaluation TA

• Continuation Applications
  • Report on progress related to scope of work
  • Submitted annually to the IHS Division of Grants Management and Division of Behavioral Health.
Why is Data Collection and Evaluation Important and How is it Used?

• Data and evaluation help determine need.
• Data is necessary to understanding the scope of the problem and being able to intervene effectively.
• Data and evaluation help predict and understand trends.
• Data and evaluation help determine effectiveness and impact.
• It is critical that intervention and prevention programs are evaluated for effectiveness.
• Data helps inform policy, practice and funding.
SASPP OUTCOMES 2016-2017 (Year Two)
Number of SASPP Projects by IHS Area, 2016-2017

- Alaska: 19
- Albuquerque: 12
- Bemidji: 10
- Billings: 10
- California: 3
- Great Plains: 13
- Navajo: 10
- Oklahoma: 23
- Phoenix: 12
- Portland: 15
- Tucson: 2
- Urban: 18
Target Population Served by SASPP Projects, 2016-2017

*Projects were able to select multiple target populations*

**Target Population Definitions**
- Children (up to age 11)
- Youth (age 12-17)
- Young Adults (age 18-24)
- Adults (age 25-54)
- Seniors (age 55+)

<table>
<thead>
<tr>
<th>Population</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Youth</td>
<td>89%</td>
</tr>
<tr>
<td>Young Adults</td>
<td>80%</td>
</tr>
<tr>
<td>Children</td>
<td>61%</td>
</tr>
<tr>
<td>Adults</td>
<td>35%</td>
</tr>
<tr>
<td>Seniors</td>
<td>34%</td>
</tr>
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Services Implemented by SASPP Projects, 2016-2017

*Projects were able to select multiple types*
Type of Traditional-Based Practices Utilized among SASPP Projects, 2016-2017

*Projects were able to select multiple types*
Type of Accomplishments Reported among SASPP Projects, 2016-2017

- **Successful Programming**: 6% (6%)
- **Data Improvements**: 10% (10%)
- **Hired New Staff**: 15% (18%)
- **Increased Participation**: 29% (41%)
- **Staff Training**: 47% (48%)
- **Community Event**: 62% (80%)

**Note:** This data was gathered through project narratives. There were no limits on the number or type of accomplishments that each project could report.
Tribal Consultation & Urban Confer Topics
Tribal Consultation & Urban Confer Topics

- Funding Mechanism
- Distribution Methodologies
- Funding Formulas
- Impact on current grantees
- Funding for Urban Indian Organizations
- Demonstrating Effectiveness
- Advocacy & National Awareness
Comment Deadline: August 1, 2018

• Submit comments by e-mail:
  • Subject Line: IHS Behavioral Health Funding
  • consultation@ihs.gov
  • urbanconfer@ihs.gov

• Submit comments by postal mail:
  RADM Michael D. Weahkee
  Acting Director
  Indian Health Service
  5600 Fishers Lane, Mail Stop: 08E86
  Rockville, MD 20857
  ATTN: IHS Behavioral Health Funding
Questions?

www.ihs.gov/dbh/consultationandconfer

**SASPP Lead:**
Audrey Solimon, Public Health Analyst
IHS, Division of Behavioral Health
Audrey.Solimon@ihs.gov
(301) 590-5421

**Consultation/Confer Contact:**
Anna Johnson, Management Analyst
IHS, Division of Behavioral Health
Anna.Johnson2@ihs.gov
(301) 443-2038