

Health coaching comes to Indian Country

The Indian Health Service is pleased to announce the National Health Coach Pilot Project in Indian Country. The purpose of this project is to deliver health coach training to community and health professionals. The project focuses on skills training and increasing knowledge with client-centered strategies for improving health behaviors and overall health and well-being.



National Health Coach Pilot Project

For questions about the curriculum or Legacy Holistic Health Institute's training program, call **628-COACH-ME (628-262-2463)**

For specific questions about IHS' pilot program, contact **Michelle Archuleta**

Health Coaching for better healthcare.



REVIEW THE PROGRAM DETAILS AND APPLY TODAY

WHO CAN PARTICIPATE

Community and health care professionals working across tribal communities and clinical settings who provide health information and patient education to improve the health and well-being of Native patients and communities. The National Health Coaching Pilot Project consists of two cohorts of 50 participants for a total of 100 participants. Priorities will go to CHW/CHRs and Health Educators, and other disciplines are welcomed to apply.

BENEFITS TO PARTICIPANTS

- Increased knowledge with behavior change strategies and approaches
- Professional development and training to become a national board-certified health coach
- Continuing Education Credits for nurses, dietitians, certified health education specialists, fitness specialists, etc.
- Preparation for the National Board Certifying Exam for Health Coaches

BENEFITS TO ORGANIZATION

- Participants will be able to use current evidence-based health coaching techniques to facilitate improved patient care
- Align with the Indian Health Service Strategic Plan FY 2019-2023
- Integration of health coaching concepts into programmatic priorities (SDPI grantees, behavioral health, mental health, substance abuse, community health)
- Increased clinical and community-based staff proficiency

WHAT IS REQUIRED OF PARTICIPANTS

- 6-month commitment for course completion
- Participation in 26 weekly web-based learning sessions (each session is 2 hours)
- Completion of all mock coaching and mentor sessions for Practical Coaching Skills Assessment
- Completion of all assignments for each module and two comprehensive exams
- Participants must pass exams with an 80% score or higher
- Participation in all evaluation processes

COST

The National Health Coach Pilot Project will provide scholarships for 100 selected participants to include:

- Full tuition and materials.

APPLICATION DETAILS

Recruitment and application period: December 5, 2022- January 6, 2023

Web-based Training: February-August 2023

- Go online to www.ihs.gov/dccs/nhcpp/ for information on how to register.
- Complete and submit the online application form
- Applicants will be chosen and informed via email by **Wednesday, January 18, 2023.**

