

IHS Diabetes Care and Outcomes Audit, 2023

NOTE: It is highly recommended that you review the [Audit 2023 Instructions](#) prior to conducting an Audit.

Audit Period Ending Date: 12 / 31 / 2022

Facility Name: _____

Reviewer initials: _____

State of residence: _____

Month/Year of Birth: _____/_____/_____

Sex: ☐1 Male
☐2 Female
☐3 Unknown

Date of Diabetes Diagnosis: _____/_____/_____

DM Type: ☐1 Type 1
☐2 Type 2

Tobacco/Nicotine Use

Screened for tobacco use (during Audit period):

☐1 Yes
☐2 No

Tobacco use status (most recent):

☐1 Current user
☐2 Not a current user
☐3 Not documented

→ Tobacco cessation counseling/education received (during Audit period):

☐1 Yes
☐2 No

Electronic Nicotine Delivery Systems (ENDS)*

Screened for ENDS use (during Audit period):

☐1 Yes
☐2 No

ENDS use status (most recent):

☐1 Current user
☐2 Not a current user
☐3 Not documented

*ENDS include: vapes, vaporizers, vape pens, hookah pens, electronic cigarettes (e-cigarettes or e-cigs), and e-pipes.

Vital Statistics

Height (last ever): _____ ft _____ in

Weight (last in Audit period): _____ lbs

Hypertension (documented diagnosis ever):

☐1 Yes
☐2 No

Blood pressure (last 3 during Audit period):

_____/_____/_____ mmHg
_____/_____/_____ mmHg
_____/_____/_____ mmHg

Examinations (during Audit period)

Foot (comprehensive or "complete", including evaluation of sensation and vascular status):

☐1 Yes
☐2 No

Eye (dilated exam or retinal imaging):

☐1 Yes
☐2 No

Dental:

☐1 Yes
☐2 No

Depression

Screened for depression (during Audit period):

☐1 Yes
☐2 No

Depression an active diagnosis (during Audit period):

☐1 Yes
☐2 No

Education (during Audit period)

Nutrition:

☐1 RD } ☐3 Both RD and Other
☐2 Other }
☐4 None

Physical activity:

☐1 Yes
☐2 No

Other diabetes:

☐1 Yes
☐2 No

Diabetes Therapy

Select **all** prescribed (as of the end of the Audit period):

- ☐1 None of the following
☐2 Insulin
☐3 Metformin [Glucophage, others]
☐4 Sulfonylurea [glipizide, glyburide, glimepiride]
☐5 DPP-4 inhibitor [alogliptin (Nesina), linagliptin (Tradjenta), saxagliptin (Onglyza), sitagliptin (Januvia)]
☐6 GLP-1 receptor agonist [dulaglutide (Trulicity), exenatide (Byetta, Bydureon), liraglutide (Victoza, Saxenda), lixisenatide (Adlyxin), semaglutide (Ozempic, Rybelsus, Wegovy)]
☐7 SGLT-2 inhibitor [canagliflozin (Invokana), dapagliflozin (Farxiga), empagliflozin (Jardiance), ertugliflozin (Steglatro)]
☐8 Pioglitazone [Actos] or rosiglitazone [Avandia]
☐9 Tirzepatide [Mounjaro]
☐10 Acarbose [Precose] or miglitol [Glyset]
☐11 Repaglinide [Prandin] or nateglinide [Starlix]
☐12 Pramlintide [Symlin]
☐13 Bromocriptine [Cycloset]
☐14 Colesevelam [Welchol]

CONTINUED ON PAGE 2. Be sure to complete both pages for all Audited patients.

ACE Inhibitor or ARB

Prescribed (as of the end of the Audit period):

- ☐1 Yes
☐2 No

Commonly prescribed medications include:

ACE Inhibitors: benazepril, captopril, enalapril, fosinopril, lisinopril, ramipril (Savaysa), enoxaparin (Lovenox), rivaroxaban (Xarelto), warfarin (Coumadin)
ARBs: candesartan, irbesartan, losartan, olmesartan, telmisartan, valsartan

Aspirin or Other Antiplatelet/Anticoagulant Therapy

Prescribed (as of the end of the Audit period):

- ☐1 Yes
☐2 No

Commonly prescribed medications include:

Anticoagulants: apixaban (Eliquis), dabigatran (Pradaxa), edoxaban (Savaysa), enoxaparin (Lovenox), rivaroxaban (Xarelto), warfarin (Coumadin)
Antiplatelets: aspirin, aspirin/dipyridamole (Aggrenox), cilostazol (Pletal), clopidogrel (Plavix), prasugrel (Effient), ticagrelor (Brilinta)

Statin Therapy

Prescribed (as of the end of the Audit period):

- ☐1 Yes
☐2 No
☐3 Allergy/intolerance/contraindication

Commonly prescribed medications include: atorvastatin, fluvastatin, lovastatin, pitavastatin, pravastatin, rosuvastatin, simvastatin

Cardiovascular Disease (CVD)

Diagnosed (ever):

- ☐1 Yes
☐2 No

Tuberculosis (TB)

TB diagnosis (latent or active) documented (ever):

- ☐1 Yes
☐2 No

TB test done (most recent):

- ☐1 Skin test (PPD)
☐2 Blood test (QFT-GIT, T-SPOT)
☐3 No test documented

TB test result:

- ☐1 Positive
☐2 Negative
☐3 No result documented

If TB diagnosed and/or test result positive, treatment initiated (e.g., isoniazid, rifampin, rifapentine, others):

- ☐1 Yes
☐2 No
☐3 Unknown

If TB result negative, test date:

Date: ____/____/____

Hepatitis C (HCV)

HCV diagnosed (ever):

- ☐1 Yes
☐2 No

If not diagnosed with HCV, screened at least once (ever):

- ☐1 Yes
☐2 No

Retinopathy

Diagnosed (ever):

- ☐1 Yes
☐2 No

Amputation

Lower extremity (ever), any type (e.g., toe, partial foot, above or below knee):

- ☐1 Yes
☐2 No

Immunizations

Influenza vaccine (during Audit period):

- ☐1 Yes
☐2 No

Pneumococcal [PCV15, PCV20, or PPSV23] (ever):

- ☐1 Yes
☐2 No

Td, Tdap, DTaP, or DT (in past 10 years):

- ☐1 Yes
☐2 No

Tdap (ever):

- ☐1 Yes
☐2 No

Hepatitis B complete series (ever):

- ☐1 Yes
☐2 No
☐3 Immune

Shingrix/recombinant zoster vaccine (RZV) complete series (ever):

- ☐1 Yes
☐2 No

Laboratory Data (most recent result during Audit period)

A1C: ____%

A1C Date obtained: ____/____/____

Total Cholesterol: ____ mg/dL

HDL Cholesterol: ____ mg/dL

LDL Cholesterol: ____ mg/dL

Triglycerides: ____ mg/dL

Serum Creatinine: ____ mg/dL

eGFR: ____ mL/min/1.73 m²

UACR*: ____ mg/g (*Urine albumin-to-creatinine ratio)

Local Questions [Optional]

Select one:

- ☐1 _____ ☐4 _____ ☐7 _____
☐2 _____ ☐5 _____ ☐8 _____
☐3 _____ ☐6 _____ ☐9 _____

Text: _____