

IHS Diabetes Care and Outcomes Audit, 2024

NOTE: It is highly recommended that you review the [Audit 2024 Instructions](#) prior to conducting an Audit.

Audit Period Ending Date: 12 / 31 / 2023

Facility Name: _____

Reviewer initials: _____

State of residence: _____

Month/Year of Birth: _____/_____

Birth Sex: ☐ 1 Male

☐ 2 Female

☐ 3 Unknown

Date of Diabetes Diagnosis: _____/_____/_____

DM Type: ☐ 1 Type 1

☐ 2 Type 2

Tobacco/Nicotine Use (during Audit period)

Tobacco

Screened for tobacco use:

☐ 1 Yes

☐ 2 No

→ Tobacco user:

☐ 1 Yes

☐ 2 No

→ Tobacco cessation counseling/education received:

☐ 1 Yes

☐ 2 No

→ **Electronic Nicotine Delivery Systems (ENDS)***

Screened for ENDS use:

☐ 1 Yes

☐ 2 No

→ ENDS user:

☐ 1 Yes

☐ 2 No

*ENDS include: vapes, vaporizers, vape pens, hookah pens, electronic cigarettes (e-cigarettes or e-cigs), and e-pipes which contain nicotine.

Vital Statistics

Height (last ever): _____ ft _____ in

Weight (last in Audit period): _____ lbs

Hypertension (documented diagnosis ever):

☐ 1 Yes

☐ 2 No

Blood pressure (last 3 during Audit period):

_____/_____ mmHg

_____/_____ mmHg

_____/_____ mmHg

Examinations (during Audit period)

Foot (comprehensive or "complete", including evaluation of sensation and vascular status):

☐ 1 Yes

☐ 2 No

Eye (dilated exam or retinal imaging):

☐ 1 Yes

☐ 2 No

Dental:

☐ 1 Yes

☐ 2 No

Depression

Screened for depression (during Audit period):

☐ 1 Yes

☐ 2 No

Depression an active diagnosis (during Audit period):

☐ 1 Yes

☐ 2 No

Education (during Audit period)

Nutrition:

☐ 1 RD

☐ 2 Other

☐ 3 Both RD and Other

☐ 4 None

Physical activity:

☐ 1 Yes

☐ 2 No

Other diabetes:

☐ 1 Yes

☐ 2 No

Diabetes Therapy

Select **all** prescribed (as of the end of the Audit period):

☐ 1 None of the following

☐ 2 Insulin

☐ 3 Metformin [*Glucophage*, others]

☐ 4 Sulfonylurea [glipizide, glyburide, glimepiride]

☐ 5 DPP-4 inhibitor [alogliptin (*Nesina*), linagliptin (*Tradjenta*), saxagliptin (*Onglyza*), sitagliptin (*Januvia*)]

☐ 6 GLP-1 receptor agonist [dulaglutide (*Trulicity*), exenatide (*Byetta*, *Bydureon*), liraglutide (*Victoza*, *Saxenda*), lixisenatide (*Adlyxin*), semaglutide (*Ozempic*, *Rybelsus*, *Wegovy*)]

☐ 7 SGLT-2 inhibitor [bexagliflozin (*Brenzavvy*), canagliflozin (*Invokana*), dapagliflozin (*Farxiga*), empagliflozin (*Jardiance*), ertugliflozin (*Steglatro*), sotagliflozin (*Inpefa*)]

☐ 8 Pioglitazone [*Actos*] or rosiglitazone [*Avandia*]

☐ 9 Tirzepatide [*Mounjaro*]

☐ 10 Acarbose [*Precose*] or miglitol [*Glyset*]

☐ 11 Repaglinide [*Prandin*] or nateglinide [*Starlix*]

☐ 12 Pramlintide [*Symlin*]

☐ 13 Bromocriptine [*Cycloset*]

☐ 14 Colesevelam [*Welchol*]

CONTINUED ON PAGE 2. Be sure to complete both pages for all Audited patients.

ACE Inhibitor or ARB

Prescribed (as of the end of the Audit period):

- ☐1 Yes
☐2 No

Commonly prescribed medications include:

ACE Inhibitors: benazepril, captopril, enalapril, fosinopril, lisinopril, ramipril
ARBs: candesartan, irbesartan, losartan, olmesartan, telmisartan, valsartan

Aspirin or Other Antiplatelet/Anticoagulant Therapy

Prescribed (as of the end of the Audit period):

- ☐1 Yes
☐2 No

Commonly prescribed medications include:

Anticoagulants: apixaban (*Eliquis*), dabigatran (*Pradaxa*), edoxaban (*Savaysa*), enoxaparin (*Lovenox*), rivaroxaban (*Xarelto*), warfarin (*Coumadin*)
Antiplatelets: aspirin, aspirin/dipyridamole (*Aggrenox*), cilostazol (*Pletal*), clopidogrel (*Plavix*), prasugrel (*Effient*), ticagrelor (*Brilinta*)

Statin Therapy

Prescribed (as of the end of the Audit period):

- ☐1 Yes
☐2 No
☐3 Allergy/intolerance/contraindication

Commonly prescribed medications include: atorvastatin, fluvastatin, lovastatin, pitavastatin, pravastatin, rosuvastatin, simvastatin

Cardiovascular Disease (CVD)

Diagnosed (ever):

- ☐1 Yes
☐2 No

Tuberculosis (TB)

TB diagnosis (latent or active) documented (ever):

- ☐1 Yes
☐2 No

TB test done (most recent):

- ☐1 Skin test (PPD)
☐2 Blood test (QFT-GIT, T-SPOT)
☐3 No test documented

TB test result:

- ☐1 Positive
☐2 Negative
☐3 No result documented

If TB diagnosed and/or test result positive, treatment initiated (e.g., isoniazid, rifampin, rifapentine, others):

- ☐1 Yes
☐2 No
☐3 Unknown

If TB result negative, test date:

Date: ____/____/____

Hepatitis C (HCV)

HCV diagnosed (ever):

- ☐1 Yes
☐2 No

If not diagnosed with HCV, screened at least once (ever):

- ☐1 Yes
☐2 No

Retinopathy

Diagnosed (ever):

- ☐1 Yes
☐2 No

Amputation

Lower extremity (ever), any type (e.g., toe, partial foot, above or below knee):

- ☐1 Yes
☐2 No

Immunizations

Influenza vaccine (during Audit period):

- ☐1 Yes
☐2 No

Pneumococcal [PCV15, PCV20, or PPSV23] (ever):

- ☐1 Yes
☐2 No

Td, Tdap, DTaP, or DT (in past 10 years):

- ☐1 Yes
☐2 No

Tdap (ever):

- ☐1 Yes
☐2 No

Hepatitis B complete series (ever):

- ☐1 Yes
☐2 No
☐3 Immune

Shingrix/recombinant zoster vaccine (RZV) complete series (ever):

- ☐1 Yes
☐2 No

Laboratory Data (most recent result during Audit period)

A1C: ____%

A1C Date obtained: ____/____/____

Total Cholesterol: ____ mg/dL

HDL Cholesterol: ____ mg/dL

LDL Cholesterol: ____ mg/dL

Triglycerides: ____ mg/dL

Serum Creatinine: ____ mg/dL

eGFR: ____ mL/min/1.73 m²

UACR*: ____ mg/g (*Quantitative urine albumin-to-creatinine ratio)

Local Questions [Optional]

Select one:

- ☐1 _____ ☐4 _____ ☐7 _____
☐2 _____ ☐5 _____ ☐8 _____
☐3 _____ ☐6 _____ ☐9 _____

Text: _____