

May you have joy.

Every day I think of you,
those with diabetes,
those who may be
struggling.

You and your families
are in my heart.

May you have joy
and laughter.

Be peaceful, rest,
love, and live well.

Barbara Mora

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to Live Well with Diabetes*



Produced by the
IHS Division of Diabetes
Treatment and Prevention,
www.diabetes.ihs.gov

