

Continuing Education Information

IHS Division of Diabetes Treatment and Prevention Advancements in Diabetes Recorded Sessions

Title: Cardiovascular Risk Stratification in American Indians

Presented by: Jason Deen, MD

Co-Principal Investigator, Strong Heart Study
Associate Professor of Pediatrics and Medicine
University of Washington School of Medicine

Type of Activity: Enduring Event (Recorded Webinar)

Release Date: February 21, 2023

Expiration Date: February 20, 2026

Estimated Time to Complete Activity: 60 minutes

Live Session Originally Presented on: February 1, 2023

Information about the webinar presentation:

Much of what we know of cardiovascular disease and its risk factors in American Indian communities comes from the Strong Heart Study (SHS). This presentation will provide lessons learned about cardiovascular disease prevalence and incidence in SHS participants, specific clinical tools developed from the SHS to help medical providers predict and manage cardiovascular risk, and summarize what is known about cardiovascular disease risk in American Indian/Alaska Native youth.

Training Objectives and Outcomes: As a result of completing this training, the healthcare team will be able to:

1. Examine cardiovascular disease epidemiology in American Indians
2. Utilize the Strong Heart Study disease risk calculators to estimate a person's chance of having CHD (Coronary Heart Disease), diabetes, and hypertension.
3. Recognize the importance of early intervention strategies to address cardiovascular risk in American Indians which begins in the pediatric years

Requirements: If you plan to join the webinar session, you must have a computer with broadband Internet access. For the best experience viewing the videos, use Microsoft Edge or Google Chrome. If you have any trouble viewing the video trainings, contact us at diabetesprogram@ihs.gov for alternate viewing options. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to diabetesprogram@ihs.gov.

Note: Before you begin the training, you may review the IHS Privacy Policy at the following link: (<https://www.ihs.gov/privacypolicy/>). You may also review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected. <http://www.surveymonkey.com/mp/policy/privacy-policy/>

Continuing Professional Education (CE) Credit Information: To receive CE credit, you must view the entire training, watch the complete video and review the handout, successfully pass the quiz (score \geq 80%), and complete an evaluation. You will be able to print a "Certificate of Continuing Education Credits" online following the training.

Individuals taking this course for the first time are eligible for CME/CE credit. If you previously completed this, or the live course, you are not eligible for CME/CE credit. If you complete the course more than once, you may obtain a certificate of completion.

Accreditation:



In support of improving patient care, IHS Clinical Support Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

Credit Designation

Statements

For this activity, credit is designated for:

Physicians

The IHS Clinical Support Center designates this enduring material for a maximum of 1 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacists

This activity provides 1.0 hour of Knowledge-based continuing pharmacy education credit. Universal Activity Number: JA4008177-0000-23-010-H01-P

Credit will be uploaded to the NABP CPE Monitor within 30 days after the activity completion. It is the responsibility of the pharmacist to provide the correct information (NABP ID and DOB (MMDD)) in order to receive credit.

Nurses

This activity is designated 1.0 contact hour for nurses.

Registered Dietitian Continuing Education Credit

Effective June 1, 2024, this session will no longer be eligible for CPEU credit for dietetic professionals.



Dental Continuing Education Credit

The Indian Health Service (IHS) Division of Oral Health is an ADA CERP Recognized Provider.

The IHS Division of Oral Health designates this continuing dental education course for 1 hour of credit. Each attendee should claim only those hours of credit actually spent in the educational activity.

Disclosure Statement: As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose the existence of all financial relationships with ineligible companies within the prior 24 months. Safeguards against commercial bias have been put in place. Faculty

will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

Planners

The planning and development included IHS Division of Diabetes Treatment and Prevention and a team of individuals with expertise in relevant professions.

| Name and Credentials | Present Position/Title |
|----------------------------------|---|
| Jana Towne, RN, BSN, MHA | Nurse Planner, Nurse Consultant, DDTP |
| Lani Desaulniers, MD | Clinical Consultant, Physician Educator, DDTP |
| Kibbe Brown, MS, RDN | Nutrition Consultant, DDTP |
| Jan Frederick, MS, RDN | Clinical Training Coordinator, Nutritionist, DDTP |
| Whitney Chancellor, PharmD, BCPS | Assistant Chief Pharmacist, GIMC, Planner |
| Wendy Castle, MPH, RD, LD, CDC | Clinical Training Coordinator, Planner, DDTP |