# Continuing Education Information IHS Division of Diabetes Treatment and Prevention Advancements in Diabetes Recorded Sessions

Title: An Overview of "On the TRAIL to Diabetes Prevention"

Presented by:

Carla Knapp, National Vice President, Native Services
Kelly Crowe, Senior Director Federal Grants Impact and Performance

Boys & Girls Clubs of America

**Type of Activity:** Enduring Event (Recorded Webinar)

Release Date: August 23, 2023 Expiration Date: August 22, 2026

Estimated Time to Complete Activity: 60 minutes

Live Session Originally Presented on: August 23, 2023

Target Audience: Physicians, Nurses, Dentists, Pharmacists, Dietitians and other Healthcare

Professionals working in Clinic and Community Health Settings

#### Information about the webinar presentation:

On the T.R.A.I.L. (Together Raising Awareness for Indian Life) to Diabetes Prevention – is an innovative combination of physical, educational, and nutritional activities. The program is presented with four themes: About Me, My Health, & Being Part of a Team; Healthy Eating; Making Smart Food Choices and My Healthy Community. Woven throughout the program are self-esteem and prevention activities utilized by Boys and Girls Club of America, including contributions from national evidence-based programs such as SMART Moves. Programs draw from Tribal traditions and history to learn about nutrition, food choices, media influences and the impact of diabetes.

The program also emphasizes the importance of teamwork and community service. Members apply decision-making and goal-setting skills when completing physical activities and engage in community education projects to improve healthy lifestyles in their communities. Club sites implement Club-wide participation in fun physical activities and games for 60 minutes every day.

**Training Objectives and Outcomes:** As a result of completing this training, the healthcare team will be able to:

- 1. Discuss the TRAIL programs intentions and structure
- 2. Identify opportunities to connect with local Boys and Girls Club of a America
- 3. Incorporate connections to local Boys and Girls Club of America TRAIL programs

Requirements: If you plan to join the webinar session, you must have a computer with broadband Internet access. For the best experience viewing the videos, use Microsoft Edge or Google Chrome. If you have any trouble viewing the video trainings, contact us at <a href="mailto:diabetesprogram@ihs.gov">diabetesprogram@ihs.gov</a> for alternate viewing options. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to <a href="mailto:diabetesprogram@ihs.gov">diabetesprogram@ihs.gov</a>.

Note: Before you begin the training, you may review the IHS Privacy Policy at the following link:

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http://www.surveymonkey.com/mp/policy/privacy-policy/

Continuing Professional Education (CE) Credit Information: To receive CE credit, you must view the entire training, watch the complete video and review the handout, successfully pass the quiz (score > 80%), and complete an evaluation. You will be able to print a "Certificate of Continuing Education Credits" online following the training.

Individuals taking this course for the first time are eligible for CME/CE credit. If you previously completed this, or the live course, you are not eligible for CME/CE credit. If you complete the course more than once, you may obtain a certificate of completion.

## Accreditation:





**Credit Designation** 

Statements
For this activity, credit is designated for:

In support of improving patient care, IHS Clinical Support Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

## **Physicians**

The IHS Clinical Support Center designates this enduring material for a maximum of 1 *AMA PRA Category 1 Credit*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **Pharmacists**

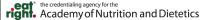
This activity provides 1.0 hour of Knowledge-based continuing pharmacy education credit. Universal Activity Number: JA4008177-0000-23-068-H99-P

Credit will be uploaded to the NABP CPE Monitor within 30 days after the activity completion. It is the responsibility of the pharmacist to provide the correct information (NABP ID and DOB (MMDD) in order to receive credit.

#### Nurses

This activity is designated 1.0 contact hour for nurses.

# Commission on Dietetic Registration



Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU).

If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU).

RD's and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.



**Dental Continuing Education Credit** 

The Indian Health Service (IHS) Division of Oral Health is an ADA CERP Recognized Provider.

The IHS Division of Oral Health designates this continuing dental education course for 1 hour of credit. Each attendee should claim only those hours of credit actually spent in the educational activity.

**Disclosure Statement:** As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose the existence of all financial relationships with ineligible companies within the prior 24 months. Safeguards against commercial bias have been put in place. Faculty

will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

#### **Planners**

The planning and development included IHS Division of Diabetes Treatment and Prevention and a team of individuals with expertise in relevant professions.

Name and Credentials	Present Position/Title
Jana Towne, RN, BSN, MHA	Nurse Planner, Nurse Consultant, DDTP
Lani Desaulniers, MD	Clinical Consultant, Physician Educator, DDTP
Kibbe Brown, MS, RDN	Nutrition Consultant, DDTP
Whitney Chancellor, PharmD, BCPS	Assistant Chief Pharmacist, GIMC, Planner
Wendy Castle, MPH, RD, LD, CDC	Clinical Training Coordinator, Planner, DDTP
Sarah Murray, MPH, PMP	Reviewer