

**Continuing Education Information**  
**IHS Division of Diabetes Treatment and Prevention**  
**Diabetes in Indian Country Conference Recorded Sessions**

**Title:** Alaska's Most Important Infrastructure: Improving the Health and Wellness of Families with Young Children

**Presenters:** Matthew Hirschfeld, MD, PhD

**Type of Activity:** Enduring Event (Recorded Webinar)

**Release Date:** November 12, 2019

**Expiration Date:** August 6, 2022

**Estimated Time to Complete Activity:** 60 minutes

**Live Session Originally Presented on:** August 7, 2019

**Target Audience:** Physicians, Nurses, Dietitians and other Healthcare Professionals working in Clinic and Community Health Settings

**Description:**

This talk will focus on the current state of the science of brain development in young children and how epigenetic effects can positively and negatively affect that development. A review of how the concepts of Adverse Childhood Experiences were used to implement and promote systems and programs that help prevent obesity, diabetes, and other chronic conditions and support families with young children in a way that allows children to develop to their maximal potential will be included, with an emphasis on those affecting children within the Tribal Health System in Alaska.

**Training Objectives and Outcomes:** As a result of completing this training, participants will be able to:

1. Assess brain development in young children and analyze how epigenetic effects can positively and negatively affect that development.
2. Incorporate the concepts of Adverse Childhood Experiences to promote systems and programs that support families with young children to allow children to develop to their maximal potential.
3. Apply the experiences from Alaska to potentially help guide the development of programs and services in your communities.

**Requirements:** You must have a computer with broadband Internet access. For the best experience viewing the videos, use Internet Explorer 7 or greater and Flash 8 player. Click on the "Flash" icon to install the player, if necessary. If you have any trouble viewing the video trainings, contact us at [diabetesprogram@ihs.gov](mailto:diabetesprogram@ihs.gov) for alternate viewing options. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to [diabetesprogram@ihs.gov](mailto:diabetesprogram@ihs.gov).

**Note:** Before you begin the training, you may review the IHS Privacy Policy at the following link: (<https://www.ihs.gov/privacypolicy/>). You may also review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected.

<http://www.surveymonkey.com/mp/policy/privacy-policy/>

**Continuing Professional Education (CE) Credit Information:** To receive CE credit, you must view the entire training, watch the complete video and review the handout, successfully pass the quiz (score  $\geq$  80%), and complete an evaluation. You will be able to print a “Certificate of Continuing Education Credits” online following the training.

Individuals taking this course for the first time are eligible for CME/CE credit. If you previously completed this, or the live course, you are not eligible for CME/CE credit. If you complete the course more than once, you may obtain a certificate of completion.

**Accreditation:**



In support of improving patient care, IHS Clinical Support Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Credit Designation Statements.**

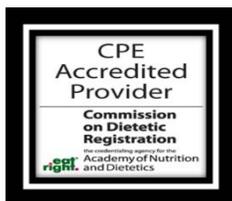


**Physicians**

The IHS Clinical Support Center designates this enduring material for a maximum of 1 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses**

This activity is designated 1.0 contact hour for nurses.



**Registered Dietitian Continuing Education Credit**

The Indian Health Service (IHS) Nutrition and Dietetics Training Program (NDTP) is accredited by the Commission on Dietetic Registration to sponsor continuing professional education for Registered Dietitians. This activity has been awarded 1 CPEU. Each attendee should only count the number of hours for each activity attended. The IHS NDTP number is NU006.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

**Disclosure Statement:** As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity  
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are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

**Planners**

The planning and development included IHS Division of Diabetes Treatment and Planning and a team of individuals with expertise in relevant professions.

Name and Credentials	Present Position/Title
Carmen Licavoli Hardin, MSH, APRN, BC	Nurse Planner, Deputy Director, DDTP
Ann Bullock, MD	Director, Physician Educator, Clinical Consultant, DDTP
Chris Lamer, PharmD, MHS, BCPS, CDE	Pharmacist, DDTP
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