

Continuing Education Information
IHS Division of Diabetes Treatment and Prevention
Diabetes in Indian Country Conference Recorded Sessions

Title: Promoting Food Security and Food Sovereignty in Indigenous Communities: Lessons from Tribally-Driven Research

Presenters: Valarie Blue Bird Jernigan, Professor of Rural Health and Director of the Center for Indigenous Health Research and Policy.

Type of Activity: Enduring Event (Recorded Webinar)

Release Date: December 17, 2019

Expiration Date: August 7, 2022

Estimated Time to Complete Activity: 60 minutes

Live Session Originally Presented on: August 8, 2019

Target Audience: Physicians, Nurses, Dietitians and other Healthcare Professionals working in Clinic and Community Health Settings

Description:

Indigenous communities experience significant rates of food insecurity, defined as limited access to safe and healthy foods. Food insecurity is associated with obesity, diabetes, and hypertension, making it an important health determinant upon which to intervene. Food sovereignty is a concept that can be described as a community's access to and control over their own food system. This presentation provides an overview of food insecurity, including its causes and consequences, and the ways in which food insecurity impacts Indigenous communities. Efforts by Indigenous communities to use research to address the root causes of food insecurity and promote food sovereignty to improve health are also described.

Training Objectives and Outcomes: As a result of completing this training, participants will be able to:

1. Define food insecurity and describe its prevalence in Indigenous communities
2. Identify health outcomes associated with food insecurity
3. Define food sovereignty and its role in supporting food-secure communities

Requirements: You must have a computer with broadband Internet access. For the best experience viewing the videos, use Internet Explorer 7 or greater and Flash 8 player. Click on the "Flash" icon to install the player, if necessary. If you have any trouble viewing the video trainings, contact us at diabetesprogram@ihs.gov for alternate viewing options. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to diabetesprogram@ihs.gov.

Note: Before you begin the training, you may review the IHS Privacy Policy at the following link: (<https://www.ihs.gov/privacypolicy/>). You may also review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected.

<http://www.surveymonkey.com/mp/policy/privacy-policy/>

Continuing Professional Education (CE) Credit Information: To receive CE credit, you must view the entire training, watch the complete video and review the handout, successfully pass the Indian Health Services Division of Diabetes Treatment and Prevention

quiz (score \geq 80%), and complete an evaluation. You will be able to print a “Certificate of Continuing Education Credits” online following the training.

Individuals taking this course for the first time are eligible for CME/CE credit. If you previously completed this, or the live course, you are not eligible for CME/CE credit. If you complete the course more than once, you may obtain a certificate of completion.

Accreditation:



In support of improving patient care, IHS Clinical Support Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statements.

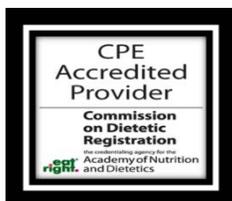


Physicians

The IHS Clinical Support Center designates this enduring material for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

This activity is designated 1.0 contact hour for nurses.



Registered Dietitian Continuing Education Credit

The Indian Health Service (IHS) Nutrition and Dietetics Training Program (NDTP) is accredited by the Commission on Dietetic Registration to sponsor continuing professional education for Registered Dietitians. This activity has been awarded 1 CPEU. Each attendee should only count the number of hours for each activity attended. The IHS NDTP number is NU006.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

Disclosure Statement: As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related

to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

Planners

The planning and development included IHS Division of Diabetes Treatment and Planning and a team of individuals with expertise in relevant professions.

Name and Credentials	Present Position/Title
Carmen Licavoli Hardin, MSH, APRN, BC	Nurse Planner, Deputy Director, DDTP
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