

**Continuing Education Information
IHS Division of Diabetes Treatment and Prevention
Advancements in Diabetes Recorded Sessions**

Title: What Can I Eat? Diabetes Nutrition Education Curriculum for American Indian and Alaska Native Adults with Type 2 Diabetes

Presenter: Sarah Stotz, PhD, MS, RDN, CDE
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Colorado School of Public Health
Centers for American Indian and Alaska Native Health

Type of Activity: Enduring Event (Recorded Webinar)

Release Date: March 10, 2022

Expiration Date: February 28, 2025

Estimated Time to Complete Activity: 60 minutes

Live Session Originally Presented on: March 1, 2022

Information about the webinar presentation:

This presentation will provide information on the What Can I Eat (WCIE) diabetes nutrition education curriculum for use with AI/AN adults with type 2 diabetes (T2D). WCIE was developed to meet the unique needs of AI/AN communities. The curriculum includes 5 interactive, theory-based, diabetes nutrition education classes for adult AI/ANs who have T2D and their family members/support persons.

The presentation will include: key findings from needs assessment used to develop WCIE, a brief description of the development process, our pivot to remote-WCIE lessons due to the COVID-19 pandemic, an overview of the pilot protocol for WCIE, and the next steps in evaluating WCIE.

Training Objectives and Outcomes: As a result of completing this training, the healthcare team will be able to:

1. Utilize key findings from the needs assessment regarding adaptation of WCIE for AI/AN peoples.
2. Develop diabetes nutrition education classes for use in an in person setting or a virtual setting.

Requirements: You must have a computer with broadband Internet access. For the best experience viewing the videos, use Internet Explorer 7 or greater and Flash 8 player. Click on the "Flash" icon to install the player, if necessary. If you have any trouble viewing the video trainings, contact us at diabetesprogram@ihs.gov for alternate viewing options. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software. If you need help or have any questions, please send an email to diabetesprogram@ihs.gov.

Note: Before you begin the training, you may review the IHS Privacy Policy at the following link: (<https://www.ihs.gov/privacypolicy/>). You may also review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected.

<http://www.surveymonkey.com/mp/policy/privacy-policy/>

Continuing Professional Education (CE) Credit Information: To receive CE credit, you must view the entire training, watch the complete video and review the handout, successfully pass the quiz (score \geq 80%), and complete an evaluation. You will be able to print a “Certificate of Continuing Education Credits” online following the training.

Individuals taking this course for the first time are eligible for CME/CE credit. If you previously completed this, or the live course, you are not eligible for CME/CE credit. If you complete the course more than once, you may obtain a certificate of completion.

Accreditation:



In support of improving patient care, IHS Clinical Support Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 1.0 Inter-professional Continuing Education (IPCE) credits for learning and change.

Credit Designation Statements



Physicians

The IHS Clinical Support Center designates this enduring material for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

This activity is designated 1.0 contact hour for nurses.

Registered Dietitian Continuing Education Credit

Effective June 1, 2024, this session will no longer be eligible for CPEU credit for dietetic professionals.



Dental Continuing Education Credit

The Indian Health Service (IHS) Division of Oral Health is an ADA CERP Recognized Provider.

The IHS Division of Oral Health designates this continuing dental education course for 1 hour of credit. Each attendee should claim only those hours of credit actually spent in the educational activity.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

Disclosure Statement: As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose the existence of all financial relationships with ineligible companies within the prior 24 months. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

Planners

The planning and development included IHS Division of Diabetes Treatment and Prevention and a team of individuals with expertise in relevant professions.

Name and Credentials	Present Position/Title
Jana Towne RN, BSN, MHA	Nurse Planner, Nurse Consultant, DDTP
Lani Desaulniers, MD	Clinical Consultant, Physical Educator, DDTP
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