ACETAMINOPHEN (TYLENOL®)

Before using any medicine, remember to think SAFER:

- Speak up
- Ask Question
- Find the facts
- Evaluate your choices
- Read the label

How to say it: Ah‐‐tah‐‐min‐ah‐fen
What is it for: medication to help treat pain and reduce fever

- Read and follow the medicine label.
- Severe liver damage may occur if you take:
  - More acetaminophen than directed
  - With other drugs containing acetaminophen
  - 3 or more alcoholic drinks every day while using acetaminophen

Always read the label

- Identify the active ingredient
- Do not take more than one medicine containing the same active ingredient
- Do not take more than the recommended dose

Most healthy people can take acetaminophen safely by:

- Not using more than one over-the-counter medicine containing acetaminophen in a day
- Reading and following all the information on the medicine label

Ask your doctor or pharmacist before using acetaminophen if you:

- Have liver disease
- Are taking the blood thinning drug warfarin (also called Coumadin)
- Are taking another prescription medicine containing acetaminophen

To take acetaminophen safely, make sure you understand:

- How much you can take at one time (dose)
- How many hours you must wait before taking another dose
- How many times you can take it in a day
- An adult can safely take up to 3000 mg in a 24 hour period
  - This is 9 tablets of Regular Tylenol® (acetaminophen 325 mg)
  - Or 6 tablets of Extra Strength Tylenol® (acetaminophen 500 mg)

If you take too much acetaminophen you might have liver damage and not know it.
Liver damage symptoms may not appear for days and include:

- Flu like symptoms
- Loss of appetite
- Nausea, vomiting, and yellowing of the skin

Over-the-counter medicines that may contain acetaminophen:

<table>
<thead>
<tr>
<th>Actifed®</th>
<th>FeverAll®</th>
<th>Triaminic®</th>
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<tbody>
<tr>
<td>Alka-Seltzer Plus®</td>
<td>Goody’s® Powders</td>
<td>TYLENOL®</td>
</tr>
<tr>
<td>BENADRYL®</td>
<td>Midol®*</td>
<td>Vanquish®</td>
</tr>
<tr>
<td>Comtrex®</td>
<td>NyQuil®/DayQuil®</td>
<td>Vicks®</td>
</tr>
<tr>
<td>Contac®</td>
<td>Pamprin®</td>
<td>Excedrin®</td>
</tr>
<tr>
<td>Coricidin®</td>
<td>Robitussin®</td>
<td>TheraFlu®</td>
</tr>
<tr>
<td>Dimetapp®</td>
<td>Sinutab®</td>
<td>Tavist®</td>
</tr>
</tbody>
</table>

Prescription medicines that contain acetaminophen (“APAP”):

<table>
<thead>
<tr>
<th>BRAND NAME</th>
<th>GENERIC NAME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Endocet®</td>
<td>Oxydodone, acetaminophen</td>
</tr>
<tr>
<td>Fioricet®</td>
<td>Butalbital, acetaminophen, caffeine</td>
</tr>
<tr>
<td>Lortab®, Norco®, Vicodin®</td>
<td>Hydrocodone, acetaminophen</td>
</tr>
<tr>
<td>Percocet®</td>
<td>Oxycodone, acetaminophen</td>
</tr>
<tr>
<td>Tylenol® with Codeine (Tylenol® #3)</td>
<td>Codeine, acetaminophen</td>
</tr>
<tr>
<td>Ultracet®</td>
<td>Tramadol HCl, acetaminophen</td>
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