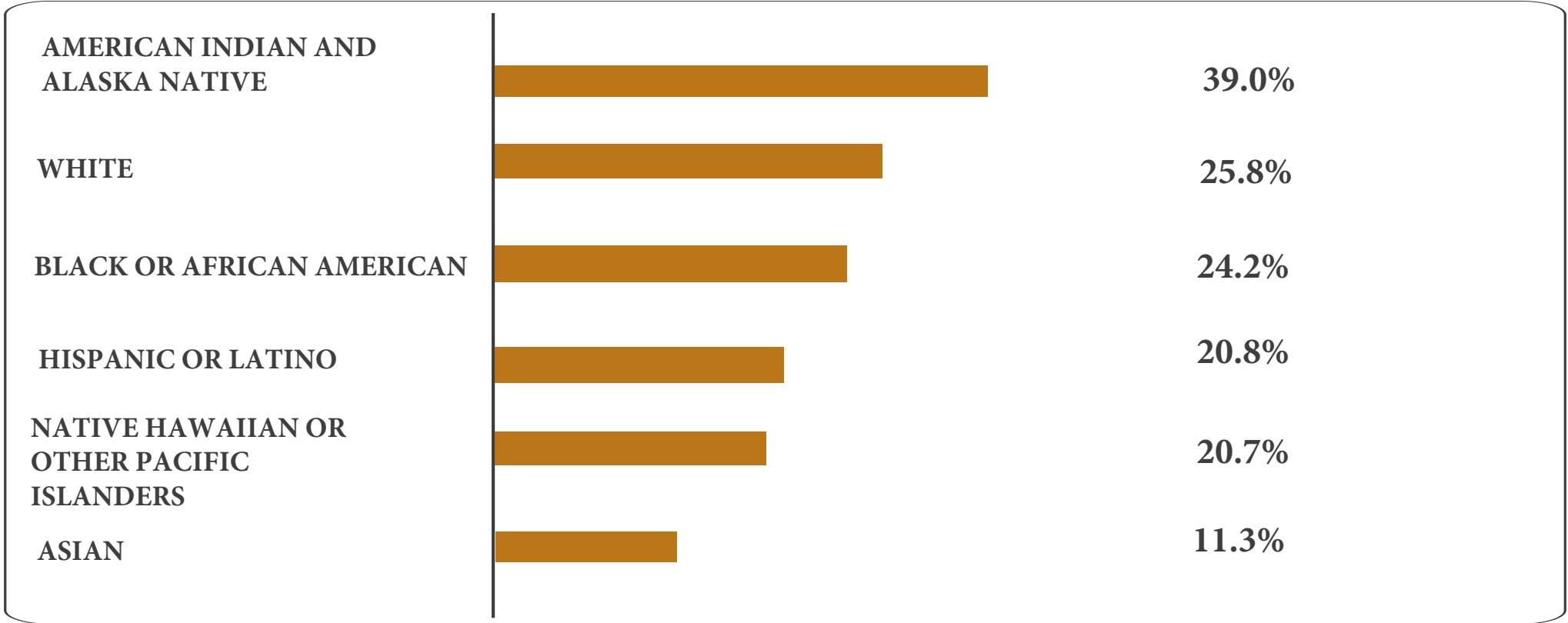




American Indian and Alaska Native Adult Cigarette Use in the U.S.



What can we do to support commercial tobacco-free communities?

- **Keep tobacco sacred**
- **Adopt a commercial tobacco-free policy**
- **Increase access to services to help quit tobacco**
- **Mass campaigns**

Where to get help

If you need help to quit commercial tobacco use, please contact your Tribal or Indian Health Service clinic or call 1-800-QUIT-NOW (1-800-784-8669) or text “NATIVE” to 47848 for tips, advice, and encouragement to overcome challenges and stay motivated.

SOURCE: 2016 National Survey on Drug Use and Health, page 795, Table 2.25B

