The Indian Health Service (IHS) TeleBehavioral Health Center of Excellence and the IHS Clinical Support Center (Accredited Provider) is pleased to announce Continuing Education in Behavioral Health for the following training:

# World Autism Awareness Day 2022 Exploring Mindfulness and Dance Movement Therapy for Children with Autism Spectrum Disorder

## Presented by Dina Hill, PhD & Michele Iemolo, PsyD, BCBA, R-DMT

### **Dates and Times**

#### April 1, 2022

12 pm Eastern, 11 am Central, 10 am Mountain, 9 am Pacific, 8 am Alaska

Duration: 5 hours

\* Arizona (outside of Navajo Nation) is aligned with the Pacific times listed above due to Daylight Savings. Navajo Nation, you are still aligned with Mountain times above.

### Description

World Autism Awareness Day (April 2, 2022) is a recognition of the countless ways that people with Autism Spectrum Disorder (ASD) contribute to our families, our communities, our Nation, and our world. One of the many goals of Autism Awareness Day is to recommit ourselves to providing people with ASD and their families with the support and quality healthcare they need.

This workshop will focus on developing families' and providers' skills in the understanding of mind-body therapies as treatment options for children with ASD. This will be a fun, interactive workshop whereby families and healthcare providers will have the opportunity to learn and practice specific mindfulness and dance movement therapy techniques, thereby increasing their therapeutic skill set with children with ASD to create accepting and caring home and healthcare environments. In addition to practicing these techniques, teaching tools will also include a resource page and a quick facts page for families and providers

## **Outcomes/Objectives**

At the end of this presentation, participants will be able to:

- 1. Compare and contrast body-mind therapies with traditional Autism Spectrum Disorder (ASD)-treatment approaches.
- 2. Examine mindfulness and dance movement therapy (DMT) interventions as treatment approaches for children with ASD.
- 3. Employ mindfulness interventions with children with ASD.
- 4. Employ DMT with children with ASD.

Time	Торіс
10:00am – 10:10am MT	IHS Welcome & Presenter Introductions
10:10am – 11:00am MT	Presentation on Body-Mind Therapies
11:00am – 11:10am MT	Break
11:10am –12:30pm MT	Presentation & Interactive Exercises on Mindfulness Interventions
12:30 – 1:00pm MT	Lunch
1:00 – 2:00pm MT	Presentation on Dance Movement Therapy

### Agenda:

2:00 – 2:10pm MT	Break
2:10 – 3:00pm MT	Interactive Exercises on Dance Movement Therapy & Conclusion

### **Target Audience**

All members of the healthcare team, families, and anyone interested.

### Registration

This presentation is open to everyone. There is no fee to participate in this webinar. Continuing education credits will be provided for attending this webinar. Details on how to claim these credits will be provided during the presentation.

Registration is required. Each individual must register. If attending in a group setting (2+), please email TBHCE at <u>IHSTeleEducation@ihs.gov</u> for additional instructions.

#### Please follow these directions to register:

- Visit the following link: <u>https://ihs-</u> gov.zoomgov.com/meeting/register/vJIsdOqqqTosGFIN8j9LoceRsZRPRYKqDLA
- 2. Once the page loads, fill out the registration information
- 3. Click "Register" at the bottom of the page to complete registration.
- 4. You will receive a confirmation from Zoom with a link to enter the webinar the day of the event.

## **Questions & Technical Assistance**

If you need assistance registering or have technical support questions, please send an email to <u>IHSTeleEducation@ihs.gov</u> describing your issue.

## About the Presenters



Dina Hill is a licensed clinical neuropsychologist with experience in the assessment and diagnosis of children with genetic, neurological, and neurodevelopmental disorders. Over the past three years, Dr. Hill has worked with the UNM CDD Prenatal Exposures Clinic and on the UNM Center grant investigating the effects of prenatal exposure on the developing child. Dr. Hill has a contract with Indian Health Services through UNM to develop and disseminate webinars in the area of

neurodevelopmental disorders.



Michele lemolo is a licensed psychologist with experience in the screening, assessment, diagnosis and treatment of children with autism and related neurodevelopmental disabilities. Dr. lemolo has extensive training and experience in treatment approaches for children and families including applied behavior analysis, dance-movement therapy, as well as parent coaching programs aimed at improving social communication. Dr. lemolo provides on-going trainings, workshops and didactics to UNM

faculty, intern and post-doc trainees, as well as other professionals and caregivers across the state.

## Continuing Education (CE) Information

To receive CE credit for this activity, you must:

- Be registered for the activity.
- Participate in the entire live 4 hour activity. No partial credit will be given.
- Complete the online course evaluation. The online evaluation link will be provided to participants at the close of the activity. You will be able to print your CE certificate after completing the evaluation. The evaluation link will be available for two weeks only, closing on **April 15,2022.**

#### ACCREDITATION:



In support of improving patient care, IHS Clinical Support Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the health care team, and learners will receive 4.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

#### Physicians

The IHS Clinical Support Center designates this live activity for a maximum of 4 AMA PRA Category 1 Credits<sup>m</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Pharmacists

This activity provides 4.0 hours of knowledge-based continuing pharmacy education credit (CPE) with the UAN JA4008177-0000-22-008-L04-P.

Pharmacy CPE credits will be delivered via the CPE Monitor system.

#### Nurses

This activity is designated 4.0 contact hours for nurses.

#### **Physician Assistants**



The IHS Clinical Support Center has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 4.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

#### Social Workers



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP) and the IHS Clinical Support Center. The IHS Clinical Support Center maintains responsibility for the content of the program. Psychologists completing this course receive 4.0 continuing education credits.

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#### Counselors

Many state Counselor boards (including the various types of addiction counselors, mental health counselors, etc.) accept either APA or ASWB approval. See these approvals under Psychologists and Social Workers. Please check with your board to be sure.

#### Attendance

Participants can select a certificate of attendance, enabling participants to register with licensing boards or associations that have not been preapproved for credits. To apply for credit types not listed above, participants should use the procedure established by the specific organization from which they wish to obtain credit.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

**Disclosure Statement:** As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose the existence of all financial relationships with ineligible companies within the prior 24 months. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and

have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

## Recording

All sessions are recorded for those unable to join them real-time, however, credit is not available for viewing the recording. You can access previous recordings at: <u>https://www.ihs.gov/teleeducation/webinar-archives/</u>

## Calendar

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