Ak-Chin Indian Community
Injury Prevention Program

Unintentional injuries from motor vehicle crashes and elder falls were identified as important areas for injury prevention initiatives in the Ak-Chin Indian Community.

PROGRAM GOALS
Prevent injuries related to falls and motor vehicle crashes in the Ak-Chin Indian Community

1. Provide fall prevention education to community members
2. Offer weekly exercise classes for residents 55 years and older
3. Visit homes of tribal elders to find hazards that may increase risk of falling
4. Make changes in the homes to increase safety and decrease risk of falling
5. Recruit and train new Child Passenger Safety Technicians
6. Host car seat check events and provide child safety seats

Background
- Tribal Enrollment: 1,133 members
- Location: Southwest of Phoenix, Arizona

PROGRAM HIGHLIGHTS
September 2015-February 2020

<table>
<thead>
<tr>
<th>Homes</th>
<th>Elders</th>
<th>Events</th>
<th>Safety Seats</th>
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</thead>
<tbody>
<tr>
<td>86</td>
<td>6-12</td>
<td>3</td>
<td>230</td>
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- Homes: were checked for fall hazards and changes were made to make the homes safer
- Elders: take part regularly in weekly exercise classes to improve their strength and balance
- Events: hosted each year to check correct safety seat use and to provide education about safety seats
- Safety Seats: provided to parents/caregivers at car seat events

Tribal Injury Prevention
June 2020
The program conducts regular driver seat belt and child passenger safety observations each year and remains dedicated to tracking these measures in the community.

The program also organizes child passenger safety events where technicians check cars for proper child restraint use, provide child safety seats when necessary, and educate parents/caregivers on proper child restraint.

**Tribal Injury Prevention**

June 2020