

# **Ak-Chin Indian Community**

## Injury Prevention Program

Unintentional injuries from motor vehicle crashes and elder falls were identified as important areas for injury prevention initiatives in the Ak-Chin Indian Community

#### **PROGRAM GOALS**

Prevent injuries related to falls and motor vehicle crashes in the Ak-Chin Indian Community

- 1. Provide fall prevention education to community members
- 2. Offer weekly exercise classes for residents 55 years and older
- 3. Visit homes of tribal elders to find hazards that may increase risk of falling
- Make changes in the homes to increase safety and decrease risk of falling
- 5. Recruit and train new Child Passenger Safety Technicians
- 6. Host car seat check events and provide child safety seats

#### Background

- Tribal Enrollment:
  - 1.133 members
- Location:

Southwest of Phoenix, Arizona

# PROGRAM HIGHLIGHTS September 2015-February 2020

86



3

230



**Elders** 

**Events** 

Safety Seats

Homes

were checked for fall hazards and changes were made to make the homes safer take part
regularly in
weekly exercise classes to
improve their
strength and
balance

hosted each year to check correct safety seat use and to provide education about safety seats

provided to parents/ caregivers at car seat events

### **Tribal Injury Prevention**

June 2020



## **Ak-Chin Indian Community**

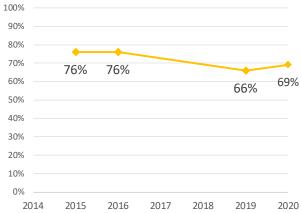
## Injury Prevention Program

#### **PROGRAM SNAPSHOT**

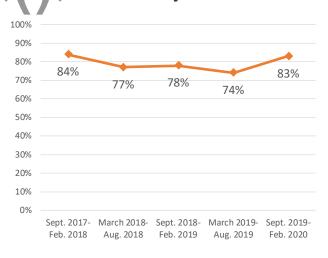
The program conducts regular driver seat belt and child passenger safety observations each year and remains dedicated to tracking these measures in the community.



Child Restaint Use among Ak-Chin Indian Community Observed Restraint Use by Year



Driver Seat Belt Use among Ak-Chin Indian Community Restraint Use by Observation Period



The program also organizes child passenger safety events where technicians check cars for proper child restraint use, provide child safety seats when necessary, and educate parents/ caregivers on proper child restraint.



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