In 2010, the Injury Prevention Program found a low usage rate of child safety seats, with only 38% of cars checked using child safety seats correctly.

**PROGRAM GOALS**

Improve child passenger safety seat compliance among five Indian Health Council, Inc. tribes

1. Perform car seat checks for proper child safety seat use
2. Provide car and booster seats to parents/caregivers
3. Provide child passenger safety education to parents/caregivers and trainings for community members
4. Create and provide helpful resources about injury prevention

**PROGRAM HIGHLIGHTS**

_**Sept. 2015-Feb. 2020**_

- **556 Safety Seats** provided to parents/caregivers with education through one-on-one trainings and group classes
- **Use** of child safety seats, an increase from 68% in 2016 to 86% in 2020

**Background**

- **Service Area:** 1,800 square miles in rural San Diego county
- **Tribes Served:** Pauma, Pala, San Pasqual, Rincon, and Santa Ysabel

**Emerging Issue**

The Injury Prevention Program noticed a lack of helmet use on ATVs, motorcycles, bicycles, and other modes of transportation. To combat this issue and prevent Traumatic Brain Injuries in our communities, we started distributing safety helmets to community members.

- **250 Helmets** distributed to community members at safety events since February 2020
The Injury Prevention Program surveyed community members to learn what times and class structure worked best for their schedules and preferences.

After implementing changes, the program saw a 102% increase in class attendance.

Integrating with Electronic Health Records

To stay organized and increase communication with clinic providers, the program has integrated one-on-one car seat visits into the NextGen electronic health system.