



# Indian Health Council, Inc.

## Injury Prevention Program

*In 2010, the Injury Prevention Program found a low usage rate of child safety seats, with only 38% of cars checked using child safety seats correctly*

### PROGRAM GOALS

**Improve child passenger safety seat compliance among five Indian Health Council, Inc. tribes**

1. Perform car seat checks for proper child safety seat use
2. Provide car and booster seats to parents/caregivers
3. Provide child passenger safety education to parents/caregivers and trainings for community members
4. Create and provide helpful resources about injury prevention

### PROGRAM HIGHLIGHTS Sept. 2015-Feb. 2020

556



**Safety Seats**

provided to parents/caregivers with education through one-on-one trainings and group classes

+26%



**Use**

of child safety seats, an increase from 68% in 2016 to 86% in 2020

### Background

- **Service Area:** 1,800 square miles in rural San Diego county
- **Tribes Served:** Pauma, Pala, San Pasqual, Rincon, and Santa Ysabel

### Emerging Issue

The Injury Prevention Program noticed a lack of helmet use on ATVs, motorcycles, bicycles, and other modes of transportation. To combat this issue and prevent Traumatic Brain Injuries in our communities, we started distributing safety helmets to community members.



250

**Helmets**

distributed to community members at safety events since February 2020

## Tribal Injury Prevention

August 2020



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## Injury Prevention Program

### PROGRAM SNAPSHOT

## Listening to Community Yields Increase in Car Seat Class Attendance

Please take our quick survey about the Child Passengers Safety Class, aka the car seat class:

What day would work best with your schedule to have the car seat class at Indian Health Council in Tucson?



Monday	Tuesday	Wednesday	Thursday	Friday

What day would work best with your schedule to have the car seat class at the satellite clinic in Santa Juba?

Monday	Tuesday	Wednesday	Thursday	Friday

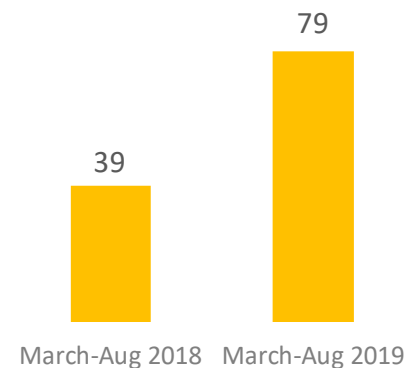
Any other suggestion? Different Locations? Different Time? Please comment any suggestions below:

Questions?  
Please contact Skye Holmes in Public Health Programs:  
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The Injury Prevention Program **surveyed community members** to learn what times and class structure worked best for their schedules and preferences.

### Car Seat Class Attendance



After implementing changes, the program saw a **102% increase** in class attendance.



## Integrating with Electronic Health Records

To stay organized and increase communication with clinic providers, the program has integrated one-on-one car seat visits into the NextGen electronic health system.

## Tribal Injury Prevention

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