



MANILAQ ASSOCIATION

TRIBAL INJURY PREVENTION COOPERATIVE AGREEMENT PROGRAM (TIPCAP)

Problem statement:

- Falls are the leading cause of hospitalizations within Maniilaq Association's region, with falls accounting for 25% of injury hospitalizations in the Northwest Arctic Borough

Our injury prevention goal is to:

- Decrease unintentional fall injury hospitalizations within the Maniilaq service area

We engage with communities through:



Hosting strength and balance exercise classes for elders in interested villages



Outreach and education through culturally appropriate media materials and a home assessment checklist



Partnerships with local clinics to distribute free ice cleats to elders and pregnant women

About Maniilaq Association:

Service area:



Service population:

- 8,197 members within the service area

Funding source:

- IHS TIPCAP



PROGRAM HIGHLIGHTS



JAN 2021 - DEC 2024

FALL PREVENTION



1,465 ice grippers distributed in **12** communities



126 Bingocize classes held for community Elders

SUSTAINABILITY ACTIVITIES



429 media projects created about fall prevention education



Established an elder falls injury data surveillance system

PARTNERSHIPS



Established partnerships with:

- Arctic Access
- Maniilaq Association clinics
- Community IRAs (Indian Reorganization Act)
- Alaska Native Tribal Health Consortium (ANTHC)
- Opt-In Kiana

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