



Wichita and Affiliated Tribes Injury Prevention Program

Unintentional injury is the third leading cause of death for all age groups in Caddo County, Oklahoma

PROGRAM GOALS

Decrease injuries from motor vehicle crashes and elder falls in the Wichita and Affiliated Tribes service area

1. Host car seat check events for proper child safety seat use
2. Provide car seats and child passenger safety education to parents/caregivers
3. Visit elders' homes to find hazards that may increase risk of falling
4. Make changes in homes to increase safety and decrease risk of falling
5. Offer exercise classes to help elders improve balance and strength
6. Provide educational materials on elder fall prevention

Background

- **Tribal Enrollment:**
3,286 members
- **Location:**
Anadarko, Oklahoma

PROGRAM HIGHLIGHTS September 2015-February 2020

33



Events

held to check for proper child safety seat use

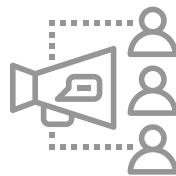
481



Safety Seats

provided to parents/caregivers

3000



People

reached through media campaigns

32



Homes

checked for fall hazards

33



Changes

made in elders' homes to make them safer

Tribal Injury Prevention

August 2020

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PROGRAM SNAPSHOT

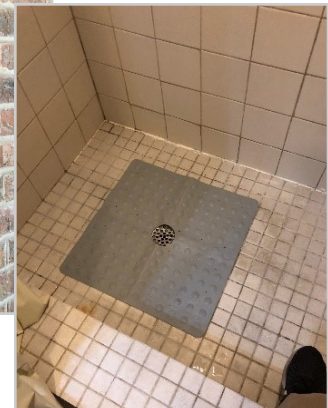
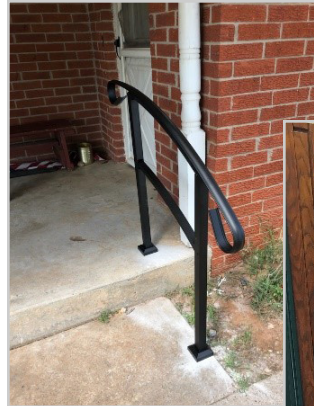


Local Collaboration

The program collaborates with the local senior center and Administration on Aging (AOA) to provide exercise classes to seniors to increase balance and strength. Exercise programs are held once per week at the AOA. Chair volleyball programs provide a way for seniors to build upper body mobility and strength.

Elder Fall Prevention Measures

The program assists elders to prevent falls in their homes by making changes, like installing handrails and grab bars and adding slips pads in risk-prone areas.



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August 2020

Paula Anderson

O: 405-247-2425 Ext. 154

E: paula.anderson@wichtatribe.com

Fran Harrison

E: fran.harrison@wichtatribe.com