



TIPCAP Newsletter

Year 1: Quarters 1 & 2
August 2026

TIPCAP.org

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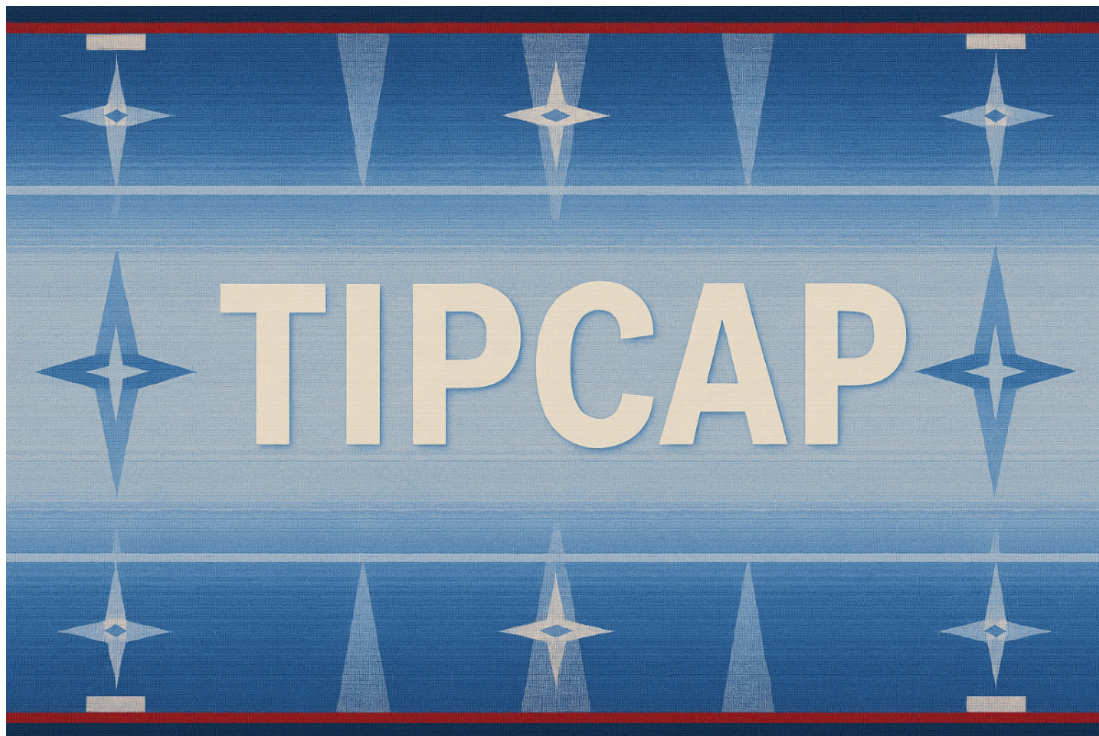


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TIPCAP Welcome!

The TIPCAP cycle 2026-2030 has hit the ground running! Once again, welcome to the TIPCAP family and Thank You, for taking initiative to provide injury prevention to your respected communities! We are excited to share latest updates, news, and the exciting lifesaving programming that is being conducted by your TIPCAP peers! Links in the newsletter are color coded **green**, unless specified.

Warm Welcome from the IHS TIPCAP Team!

Welcome to the New TIPCAP Cycle!

Welcome to the beginning of a new Tribal Injury Prevention Cooperative Agreement Program (TIPCAP) cycle!

Whether you are joining TIPCAP for the first time or returning, we are excited to welcome you to another five years of collaboration, innovation, and community-driven injury prevention. Together, we will continue advancing culturally grounded, evidence-informed approaches that address the unique injury prevention priorities of Tribal communities.

The work ahead is important. Injuries remain one of the leading causes of death among American Indian and Alaska Native people. TIPCAP works to address these injuries by supporting Tribal injury prevention programs that are built on local priorities, community strengths, and evidence-informed strategies.

A New Cycle, New Opportunities

The 2026–2030 funding cycle brings together new and returning TIPCAP sites from across the country. Whether your community is focusing on motor vehicle safety, fall prevention, overdose prevention, suicide prevention, drowning prevention, fire and burn prevention, traumatic brain injury, or other injury priorities, every effort contributes to healthier and safer Tribal communities. Evidence-informed strategies remain the foundation of successful injury prevention while allowing flexibility for each community's unique culture, traditions, and strengths.

Your Program Hub

TIPCAP.org continues to serve as the central resource for TIPCAP programs throughout the funding cycle. The website provides convenient access to:

- Program guides and resource guides
- Reporting templates and tools
- Webinar recordings
- Workshop materials
- Technical assistance resources
- Announcements and program updates

We encourage you to visit the site regularly throughout the year as new resources, training opportunities, and program announcements become available. TIPCAP.org is designed to support your success every step of the way.

You're Part of a Team

One of TIPCAP's greatest strengths is the network of Tribal injury prevention professionals committed to supporting one another. Throughout this funding cycle, recipients will have access to technical assistance, educational webinars, annual workshops, individualized consultation, and opportunities to connect with peers to exchange ideas, successes, and lessons learned.

Looking Ahead

Over the next five years, we'll look forward to celebrating your achievements, highlighting innovative approaches, sharing success stories, and learning together. We encourage every TIPCAP site to share photos, accomplishments, lessons learned, and stories from the field. Your experiences help inspire and strengthen injury prevention efforts.

We look forward to working alongside you throughout the 2026–2030 TIPCAP cycle. If you have any questions about TIPCAP or need assistance at any point during the funding cycle, please don't hesitate to contact me at andrea.tsatoke@ihs.gov.



Welcome to TIPCAP—we're glad you're here and we look forward to the journey ahead!

-Andrea & Molly

TIPCAP Updates

2026 TIPCAP Annual Workshop, Rockville, MD - A recap by CDR, Andrea Tsatoke, Injury Prevention Specialist, IHS/HQ.

In June 2026, TIPCAP programs representing 17 Tribal communities and organizations gathered at the Indian Health Service (IHS) Headquarters in Rockville, Maryland, for the first annual TIPCAP Workshop of the new 5-year funding cycle.

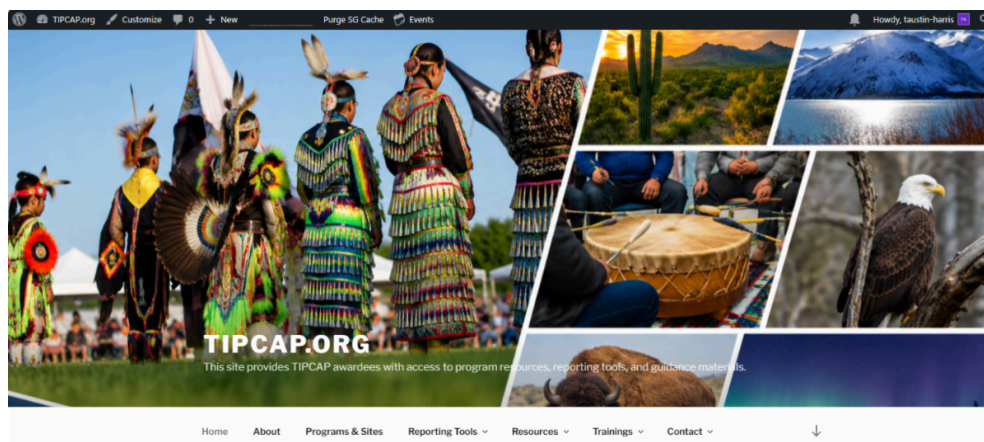
The two-day workshop, facilitated by Red Creek Solutions, featured program introductions, networking opportunities, cooperative agreement discussions, program showcase presentations, administrative updates, presentations from the Injury and Violence Prevention (IVP) Fellowship Symposium, panel discussions, and interactive learning activities. Together, these sessions were designed to strengthen communication among TIPCAP sites, encourage the exchange of evidence-informed practices, highlight program accomplishments, and identify opportunities for future collaboration and technical assistance.

A workshop highlight was the "Injury Prevention Shuffle," an interactive networking activity that encouraged peer learning, collaboration, and the exchange of ideas among TIPCAP programs and Project Officers. Participants rotated through discussions focused on injury prevention priorities represented across participating programs, including elder falls, pedestrian safety, traumatic brain injury (TBI), suicide prevention, and other community-specific injury prevention topics.

Throughout the workshop, TIPCAP sites showcased their programs, shared successes and lessons learned and highlighted innovative approaches to addressing injury prevention priorities in their communities. Presentations from the Injury and Violence Prevention Fellowship Symposium provided additional perspectives on emerging practices and reinforced the importance of using data, partnerships, and culturally appropriate, evidence-informed strategies in Tribal communities.

As the first workshop of the 2026-2030 funding cycle, the event established a strong foundation for ongoing collaboration among TIPCAP programs, Project Officers, Red Creek Solutions, and IHS staff. Participants left with new connections, practical resources, and shared strategies that will support their continued efforts to address injuries and build capacity.





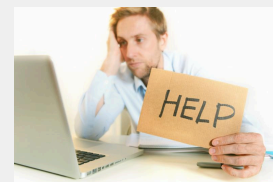
Here's a friendly reminder to make use of TIPCAP.org in your injury prevention work. The site is built to support your IVP efforts by providing resources, important announcements, contact information, deadlines, reporting documents, and shared materials relevant to your injury prevention activities.

In addition, you now have access to peer-to-peer engagement, which allows you to connect directly with fellow TIPCAP sites via discussion board on TIPCAP.org. Please feel free to utilize this resource for peer support or IVP inquiries.

If you need help resetting your password or accessing TIPCAP.org, please reach out to **Red Creek Solutions** (TIPCAP@redcreeksolutions.com) for assistance.

[TIPCAP.org](https://www.ticap.org)

Technical Assistance & Program Support



Seeking technical assistance in injury prevention and public health is essential for maintaining strong, data-driven, and effective programs.

When challenges arise, such as issues with reporting systems, accessing resources, or implementing evidence-based/informed tools—reaching out for support ensures your work remains accurate, timely, and aligned with best practices.

Red Creek Solutions can help troubleshoot problems, strengthen program capacity, and guide you through complex processes, ultimately improving the impact of your injury prevention efforts. If you encounter obstacles, don't hesitate to ask us for help.

TIPCAP Part 1: Site Visit

Site visits play a vital role in supporting injury prevention and public health programs by providing opportunities for direct observation, collaboration, and hands-on guidance. During these visits, teams can assess program activities, offer tailored technical assistance, identify strengths and areas for improvement, and share best practices. Site visits also help build stronger relationships, reinforce program goals, and ensure that communities have the support they need to implement effective, culturally relevant, and sustainable injury prevention strategies.

Fact: Site visits occur only once during the 5-Year TIPCAP cycle (2026-2030) for Part 1 Programs.

Fact: The TIPCAP Team (Red Creek Solutions, Project Officer, and IHS/HQ - Injury Prevention Specialist) will be present for site visit. We will travel to your community to see the amazing work being implemented.

Fact: The TIPCAP site determines who from the Tribe/Organization should be present during the site visit and what activities (e.g. community events, campaigns or classes) the TIPCAP team will observe.

Fact: The TIPCAP Team will set the agenda for the site visit.

If you missed the Site Visit Survey Monkey and were not able to provide your input to select a time frame for your site visit, [please contact the Red Creek Solutions team to discuss potential dates.](#)

TIPCAP Non-Competing Continuation Application Coming Soon....

The TIPCAP Non-Competing Continuation application will be available on August 31st in GrantSolutions. Each TIPCAP site must submit their application to their Project Officer for a technical review prior to submitting to GrantSolutions.

The non-competing continuation application is the process for a Tribe or Tribal organization to request an additional year of TIPCAP funding.

It allows a Tribe or Tribal organization to revise the TIPCAP budget to reflect expenses and update the work plan for the upcoming year (Year 2).

Tribal organizations may modify project goals and activities as appropriate. Changes to the scope of work are not allowed.

Available: August 31, 2026

Project Officer Technical Review: October 14, 2026

Submission Date: October 31, 2026

Let's hear from your TIPCAP Peers!

Across the nation, your TIPCAP peers have been hard at work implementing life saving measures, connecting with their communities, and taking a step in the direction to change behaviors and create a safer community for their people!

Bristol Bay Area Health Corporation

Injury Prevention Program



The Bristol Bay Area Health Corporation (BBAHC) Injury Prevention Program is excited to be a returning TIPCAP Part II site. This 2026-2030 cycle, we are focusing on decreasing the rate of firearm related deaths and injuries in Bristol Bay through safe storage practices and education. Year to date, the BBAHC IP program has held one coalition meeting with medical staff to determine distributions strategies for safe storage practices. The next coalition meeting is set for late July 2026.

When **BBAHC** patients are seen at Kanakanak hospital or one of our 21 village health clinics, they can be screened and referred to our IP program to receive gun storage materials. BBAHC will purchase gun safes and ammunition boxes to utilize when working with medical providers to create a referral program.

BBAHC will also work with our IT department to create a request link on our department website, so that community members can request storage materials independently. BBAHC will ask participants to complete a pre-participant survey to learn more about their current gun storage and safety practices. The IP program is working on creating a 12-month follow-up survey to track how an individual's practices have changed after receiving the safety storage devices. (Pictured Above) Scenery of Bristol Bay, AK.

Submitted By: Fallon Gleason, Environmental Health Specialist, Bristol Bay Area Health Corporation

Confederated Salish and Kootenai Tribes

Injury Prevention Program

**A new, coordinated
approach to keeping
our Elders safe.**

Falls are among the most common — and most preventable — sources of serious injury among older adults, and Native American older adults experience high rates of falls and fall-related injuries. On the Flathead Reservation, our Elders are our knowledge and language keepers, our cultural mentors, and the anchors of our communities. **Protecting their mobility and quality of life, and supporting healthy aging, is a community priority.**

550 participants will be reached via evidence-based fall prevention by 2031

4 CSKT divisions linked through shared data & referrals

5 years of coordinated sustainable injury prevention



The **CSKT Tribal Injury Prevention Cooperative Agreement (TIPCAP)** was created to meet this need. Built within the strategic infrastructure of the **Growing Older, Staying Strong (GOSS) Collaborative**, TIPCAP centralizes and expands the fall prevention work already underway at CSKT Tribal Health — linking the Public Health, Rehabilitative Services, Care Coordination, and Elder Services Divisions through shared data, co-training, and cross-referral workflows. In keeping with community-based participatory research (CBPR) principles, every activity is grounded in an Indigenous health framework and shaped by the priorities of the communities it serves.

Meet our Project Director (Pictured Above)

TIPCAP is led by **Dr. Samantha Morigeau**, TIPCAP Director, Tribal Health Division of Rehabilitative, an enrolled CSKT tribal member, practicing physical therapist, and Director of the Rehabilitative Services Division. She recently completed a national Falls Prevention Fellowship and also serves as principal investigator on a National Institutes of Health project building health research infrastructure at CSKT.

Since 2022, Dr. Morigeau has partnered closely with **Dr. Maja Pedersen** (University of Montana), TIPCAP's evaluator, to co-develop work that balances scientific rigor with community responsiveness. Together they lead the Growing Older Staying Strong collaboration designed to keep our Elders active, independent, and safe — on their own terms.

THE FIVE-YEAR PROJECT

What we set out to do

TIPCAP is organized around a single goal: **to reduce fall risk among CSKT older adults by delivering evidence-based fall prevention services to 550 participants by Year 5**. This work reaches an estimated 25% of our older adult population — through two injury prevention objectives and one sustainability objective.

OBJECTIVE 1 • STRENGTH & BALANCE

Coordinate, expand, and sustain culturally responsive **Stay Active and Independent for Life (SAIL)** classes — including new intergenerational sessions — to reach 60 older adults each year, for 300 participants by Year 5.

OBJECTIVE 2 • HOME SAFETY

Build clinical and cross-departmental referral systems using the CDC's **STEADI toolkit** to assess fall risk and deliver home safety assessments and modifications for 250 older adults by Year 5.

OBJECTIVE 3 • SUSTAINABILITY

Strengthen implementation capacity and data infrastructure — including a shared injury prevention dashboard — and deliver an annual dissemination report to stakeholders, for five reports by Year 5.

PROGRAM UPDATES

TIPCAP is in its first year (project dates: 2026-2031), and the foundational pieces are moving into place. Three developments are worth sharing this issue.

1. Hiring our Injury Prevention Program Coordinator

We are actively recruiting for the full-time **Injury Prevention Program Coordinator (IPPC)** - a new, central position within the Public Health Division that will serve as the day-to-day engine of TIPCAP. This role will coordinate class delivery, enrollment, referrals, and recruitment across sites, giving our fall prevention work sustained coordination.

2. Building our first Intergenerational Session

In direct response to community requests, we are developing TIPCAP's **first intergenerational session** — bringing CSKT older adults and Elders together with Early Childhood Services (Head Start) classes at the **Arlee Community Fitness Center**. These gatherings weave the strength-and-balance work of SAIL together with the cultural connection between generations, reflecting the community's own vision for what fall prevention can look like.

3. Beginning work on the Fall Prevention Dashboard

Early development is underway, in partnership with the University of Montana, to design a **Fall Prevention Dashboard** that will track falls and fall-related outcomes across CSKT Tribal Health communities. Integrating surveillance data across divisions, the dashboard will allow for timely visualization of participation and outcome trends — and will be developed under TRRB-approved protocols that honor CSKT's principles of data sovereignty.

Submitted By: Dr. Samantha Morigeau, PT, DPT, Project Director, CSKT TIPCAP

Fallon Paiute Shoshone Tribe

Injury Prevention Program



"Empowering Elders, Protecting our children, Strengthening our community."

The Fallon Shoshone Paiute Tribe Injury Prevention Program is dedicated to safeguarding the health and well-being of Tribal members through education, prevention, and strong community partnerships. In the first year of this five-year initiative, the program will prioritize reducing injuries among older adults by **preventing falls and enhancing child passenger safety** through education and free car seat inspections and distribution.

Elder participants will engage with a range of exercise equipment designed to safely enhance mobility and balance, including resistance bands, dumbbells, ankle weights, exercise balls, foam rollers, balance pads, stability cushions, and chairs for supported movements. These evidence-based classes help individuals improve balance and coordination, strengthen muscles, reduce fear of falling, boost confidence and independence, and support healthy aging.

These evidence-based efforts help community members remain safe, healthy, and independent while strengthening families across generations.



Submitted By: Devona Whiterock, Injury Prevention Coordinator, Fallon Tribal Health Center

Hannahville Indian Community

Injury Prevention Program



As a first-time awardee of the TIPCAP grant, the Hannahville Indian Community is excited to be able to offer expanded services to the Elders of the community! Currently within our Community Health Department, there are many programs available for Elders, including assistance with personal care, housekeeping, shopping and errands, medical transportation, medication management, home-delivered and congregate meals, caregiver services, as well as the main services that our Health Center provides, including a medical clinic, physical therapy, optical services, dental services, behavioral health, and social services. (Pictured Above) Our Government and Health Services Building that was opened in December of 2024.

Through TIPCAP, we plan to focus our efforts on falls prevention within the community for those Elders ages 55 and older. Results from a community Elder Needs Survey that was completed in July of 2025, showed that almost 40% of those who completed the survey reported at least one fall within the last year, and of those who fell, 38% sought medical care, as well as 29% of respondents who worry about falling. A high number of survey respondents reported having a routine check-up within the last year with their primary care physician; however, 41.3% reported not having had an eye exam and 87.5% had not had a hearing test in the last year.

Our strategies for year one is to have the Community Health Nurse and Social Worker trained in the CDC Steadi Falls Prevention Program and certified through the Age Safe America Senior Safety Specialist Program; our Physical Therapist and Physical Therapist Assistant will also complete certification for the Senior Safety Specialist. As all training for staff is now completed, the next phase this year will be to promote our new services of falls prevention and begin conducting in-home assessments. Once we begin seeing Elders in their homes specific to falls, our hope is that we will decrease the number of reported falls by 1) offering safety devices to prevent falls, 2) increasing the number of Elders who complete a vision and hearing exam, and 3) promoting education and awareness of falls prevention to Elders and their caregivers.

One of the most exciting expansions that we are proud to be able to offer now is our Physical Therapy staff conducting in-home visits for recommendations of safety equipment through this program. Although we have had a Physical Therapy Department now for years, their services have solely been based either within the medical clinic setting or the fitness center at one of the Elder Complexes.

Now when Health Center staff sends a referral to the PT Department for a recommendation of medical equipment or a home safety device, PT staff can determine the best device/equipment for that individual based on not only their medical needs, but their home environmental factors as well. (Pictured Right) A map of Michigan - we are located in the Upper Peninsula of Michigan, approximately 1 hour away from the Wisconsin border.



We look forward to working with the TIPCAP staff and other grantees during this grant cycle!

Submitted By: Amanda Braun, Community Health Manager & MIHP Coordinator,
Hannahville Health Center

Ho-Chunk Nation

Injury Prevention Program

A Year of Growth, Partnerships, and Prevention

The Ho-Chunk Nation Injury Prevention Program continues to make a positive impact across our communities by promoting safety, preventing injuries, and strengthening partnerships. This year has been filled with meaningful accomplishments that support the health and well-being of Ho-Chunk Nation families and employees.

Keeping Our Children Safe on the Road

Through the Tribal Injury Prevention Cooperative Agreement Program (TIPCAP), the Injury Prevention Program **successfully completed 124 child passenger safety appointments**, ensuring children are riding safely in properly installed car seats.

To strengthen Tribal capacity, the program also:

- **Trained 10 new** Child Passenger Safety Technicians (CPST)
- **Re-certified 14 CPSTs**, expanding the number of certified technicians available to serve Tribal communities.

(Pictured Below) The CPST course held in June 2026.



Although hazardous weather forced the early cancellation of our annual Car Seat Check Event, technicians were still able to inspect seven vehicles and provide families with education on the proper use of child restraints. Three of the families in attendance received incentive gas cards for participating in the event.

Making Water Safety a Priority

Water safety remained a major focus throughout the year. The Injury Prevention Program distributed 122 life jackets to children and families across the Ho-Chunk Nation.

Working alongside all six Ho-Chunk Nation Head Start Centers, staff provided water safety education and presented graduating students with their own life jackets. Each Head Start center celebrated graduation with a creative water safety theme, where the colorful life jacket displays became a favorite attraction for both children and parents. These partnerships help reinforce the importance of wearing life jackets every time families are near the water.

The TIPCAP program also provides life jacket distribution at both Health Care Clinics. We are excited to see what the summer will bring to our water safety program. (Pictured Below) The life jacket distribution devices.



Building a Strong Regional Network

This year also marked continued success for the Midwest Tribal Child Passenger Safety Coalition, which was established to support new and existing tribal Child Passenger Safety (CPS) and Occupant Protection (OP) programs throughout the Midwest.

The coalition hosted two quarterly meetings, averaging 20 participants at each session. Additionally, 22 CPS Technicians reviewed the recorded trainings to receive Continuing Education Unit (CEU) credit.

Educational presentations included:

- **Courtney Barry** – *Harmonized Statements for CPS Technicians and Instructors*
- **Jennifer Booge** – *Vehicle and Car Seat History Through the Years*

These meetings continue to strengthen collaboration among tribal injury prevention professionals while promoting consistent, evidence-based child passenger safety practices.

Reaching Thousands Through Highway Safety Messaging

The Injury Prevention Program expanded its outreach by securing two digital billboards along Wisconsin Highway 54 in Black River Falls:

- **Eastbound traffic: Motor Vehicle Safety message**
- **Westbound traffic: Water Safety message**

These billboards are located along one of the region's busiest travel corridors. According to Wisconsin Department of Transportation traffic estimates, Highway 54 carries approximately the following traffic volumes.

Traffic Estimate Vehicles

- Daily (both directions): **9,000–14,000**
- Monthly: **270,000–420,000**
- Annually: **3.3–5.1 million**

This level of visibility allows the Injury Prevention Program to deliver lifesaving safety messages to millions of motorists each year.

Looking Ahead

The Ho-Chunk Nation Injury Prevention Program remains committed to reducing preventable injuries through education, partnerships, and community engagement. Together, we are building safer homes, safer roads, and safer communities for future generations.

"Together, we can prevent injuries before they happen. It takes a Nation to make a difference."

Submitted By: Lisa Herritz, Public Health Emergency Preparedness Manager & Acting Injury Prevention Coordinator, Ho-Chunk Nation-Environmental Health

Lac du Flambeau Band of Lake Superior Chippewa Indians

Injury Prevention Program



At the intersection of Little Pines, Peace Pipe Road, and Old Abe Road, a seatbelt observation was conducted with four trained surveyors. Surveyors recorded whether drivers and passengers were belted or unbelted, focusing specifically on shoulder-strap usage. **This marks the first seatbelt survey in Lac du Flambeau since 2002.**

Seatbelt surveys are conducted statewide in Wisconsin and have been in place since 1987 to collect data on seatbelt use. The purpose of gathering this information is to raise awareness about the importance of seatbelt use and help reduce injuries resulting from motor vehicle crashes.

Seatbelt Observation Results – May 4, 2026

Timeframe: 11:30am–12:30pm

Total Vehicles Observed: 386

- 64% of male drivers were belted
- 36% of male drivers were unbelted
- 67% of female drivers were belted
- 33% of female drivers were unbelted
- 72% of passengers were belted
- 28% of passengers were unbelted

(Pictured Above) Jodi Chapman, Lac du Flambeau of Lake Superior Chippewa Indians, WIC Coordinator. Ryan Wheeler, Indian Health Services, Injury Prevention Specialist

Submitted By: Anna Sherwood, Injury Prevention Coordinator, Lac du Flambeau Band of Lake Superior Chippewa Indians

Northwest Portland Area Indian Health Board

Injury Prevention Program

The Northwest Portland Area Indian Health Board (NPAIHB) Tribal Injury Prevention Program partnered with the Suquamish Tribe and an experienced water rescue instructor from Alaska to pilot a new two-day Water First Aid & Rescue Training designed specifically for Tribal Canoe Journey participants. The training was created to address the unique challenges of responding to emergencies in remote, on-the-water environments while honoring the cultural importance of Canoe Journey.

Unlike traditional first aid courses, this training was adapted from the Fisherman's First Aid and Safety Training (FFAST) curriculum to better reflect the needs of Tribal communities participating in Canoe Journey. Content focused on realistic scenarios that canoe skippers, support boat operators, pullers, emergency responders, and community volunteers may encounter while traveling on open water. Participants received hands-on instruction in CPR, first aid, cold-water immersion response, emergency communications, patient assessment, orthopedic injuries, and water rescue principles.

This training supports ongoing injury prevention efforts by increasing local response capacity before advanced medical services can arrive. Many Canoe Journey routes travel through remote areas where emergency response times may be delayed, making immediate lifesaving actions by community members especially important. CPR, rapid assessment, and coordinated emergency response can significantly improve outcomes during drowning and other water-related emergencies.

The training also addresses an important public health priority. American Indian and Alaska Native communities experience disproportionately high drowning rates, particularly in natural bodies of water. Because Canoe Journey brings together thousands of Tribal members, families, and youth each year, expanding water safety knowledge and emergency response skills is an important strategy to help prevent injuries while supporting participation in this cultural tradition.

NPAIHB plans to continue building partnerships that strengthen Tribal emergency preparedness and provide culturally relevant injury prevention training tailored to the needs of Northwest Tribal communities. Below is a water safety resource that NPAIHB would like to share with TIPCAP peers.

[CDC Water Safety Resources](#)

By: Erin Nelson, former Injury Prevention Coordinator, Northwest Portland Indian Health Board

Reno-Sparks Indian Colony

Injury Prevention Program



Introducing Reno-Sparks Tribal Health Center's Car Seat Distribution Program

In our first year of the 2026-2030 TIPCAP cycle, we are working to revamp our Injury Prevention Program in the Reno-Sparks Tribal Health Center (RSTHC). **Our focus topics are Elder Fall Prevention and Child Passenger Safety for RSIC tribal members and RSTHC patients.** This article's focus will be on Child Passenger Safety!

Child Passenger Safety

Child Passenger Safety focuses on making sure children 12 and younger are safely secured in a car seat that is appropriate to their age, weight, height, and developmental level. Here at the Community Health Department, we provide tribal members and RSTHC patients car seats free of cost. When a child is in need of a car seat, caregivers can contact the Injury Prevention Coordinator to schedule an appointment to receive a car seat and have it installed in their vehicle. **Our department houses 6 Child Passenger Safety Technicians** who are able to work with caregivers to provide education on proper installation, advise them when to come back to receive a new car seat, and demonstrate proper installation in vehicles. Those who come into our office vary- from soon-to-be parents looking for infant car seats, to kids who outgrew their car seats, to those making sure that a car seat is replaced after a motor vehicle crash. We welcome them all!!!

Additionally, we have partnered with REMSA, the Regional Emergency Medical Services Authority who provide emergency medical services for Washoe County, to host a car seat inspection and installation event aimed to provide community members with new car seats and to make sure that the car seats they have are properly installed. Collaborations are also in the works with the RSIC Head Starts and Tribal Police and Fire Department to train staff in child passenger safety and to support car seat distribution and check events in the future- stay tuned! (Pictured Above) Alyssa Cooper, RSIC Injury Prevention Coordinator.

Submitted By: Alyssa Cooper, Injury Prevention Coordinator, Reno- Sparks Tribal Health Center

Sacramento Native American Health Center

Injury Prevention Program



Bringing TIPCAP to the Community

"One of the most exciting milestones this year is the launch of TIPCAP at SNAHC's first Back-to-School Events."

As a Federally Qualified Health Center serving the greater Sacramento region, SNAHC is dedicated to improving healthcare access for children and families. Through our Midtown, Florin, and School-Based Health Center locations, we offer comprehensive medical, dental, behavioral health, psychiatry, optometry, and wellness services to thousands of people each year. Our Back-to-School Events extend this mission by bringing healthcare, education, and resources directly to families before school starts. SNAHC patients and families will have access to well-child visits, immunizations, dental and behavioral health services, health screenings, and health education, while community members will be connected to healthcare resources, community programs, and enrollment support. By combining school supplies with access to services, we help children and families start the school year healthy, supported, and prepared. This year, TIPCAP will become an important part of that experience.

At the TIPCAP booth, families will have the opportunity to:

- Learn about child passenger safety and injury prevention
- Receive culturally informed educational materials
- Meet with our Certified Child Passenger Safety Technician (CPST)
- Participate in on-site child safety seat inspections
- Ask questions about proper car seat and booster seat selection and installation
- Receive free car seats and booster seats for AI/AN children

This hands-on approach allows caregivers to build confidence while receiving individualized guidance that can immediately improve child safety.

The Back-to-School Events also provide an opportunity to deliver comprehensive preventive healthcare. Designated providers will conduct well-child visits and administer recommended childhood immunizations, allowing families to address multiple healthcare needs during one visit. By combining preventive healthcare with injury prevention, education, and school readiness resources, SNAHC is creating a one-stop experience that supports the whole family.

Children attending the event will leave with more than just school supplies. They'll receive a backpack filled with essential school items and can enter a raffle for technology prizes, including laptops and tablets, helping them feel prepared, connected, and ready for the school year ahead.

A Team Effort

Launching TIPCAP has truly been a collaborative effort across SNAHC. Providers, operations, population health, facilities, and community outreach teams have all played an important role in developing workflows, strengthening partnerships, expanding outreach, and creating culturally responsive educational materials that support Native families.

TIPCAP is still in its early stages, but we've already seen the excitement it has generated across our organization. Building a new program takes time, and we're proud of the progress we've made so far. With every family we reach, every child we help protect, and every partnership we strengthen, **we're moving closer to our vision of making child passenger safety a routine part of care at SNAHC.** We can't wait to see how the program continues to grow.

Submitted by: Jamie Dejesus, Director of Operations, Midtown & GUHS,
Sacramento Native American Health Center

Stockbridge-Munsee Community

Injury Prevention Program



Stockbridge-Munsee Community Fall Prevention Program

The Stockbridge-Munsee Community has a large elderly population. Based on a 2019 Enrollment Office Annual Report, approximately 50% of the Tribe's 1,400 members were over the age of fifty-five, and according to an updated 2024 Enrollment Office Annual Report, **approximately 48% of the Tribe's 1,834 members were over the age of fifty-five**. A community survey conducted in 2019 found that 44% of participating elders had sustained at least one fall within the previous twelve months. A survey conducted in April 2025 by the Community Health Department Fall Prevention Program showed similar findings, indicating that four in ten elders had experienced a fall in the past year and that at least 60% of both the 2022 and 2025 respondents had fallen while at home.

The Fall Prevention Program will address falls among elders through a two-part approach combining education with balance and exercise activities. **As a Part II recipient, the program's goal is to increase community awareness of falls and fall-related injuries** through educational luncheons, events, and the distribution of educational materials in the community newspaper, newsletters, and social media. These outreach efforts aim to reduce the rate of falls, which continue to be a leading cause of injury and hospitalization among elders.

The Stockbridge-Munsee Community Fall Prevention Program is using **Bingocize®, an evidence-based exercise program, to help reduce falls among elders in our community**. Bingocize® combines exercise and health information with the game of Bingo and promotes improved mobility and independence, strength, range of motion, balance, and increased social engagement with participants to assist with decreasing their fall risk. Along with Bingocize®, we incorporate educational fall-prevention articles and flyers in our tribal newspaper, which is distributed to approximately 1,420 households, and in our elderly newsletter, which is distributed to approximately 300 elders' households. Recently, we've been submitting flyers and educational materials on social media via our Community Health Facebook page to increase outreach.

We've been working with our Providers on utilizing EHR to request referrals for home safety assessment if elders report a fall during an office visit with or without injuries to prevent further falls or if elders express concern about falling. **Our department also implemented a policy for Lifeline requests by adding STEADI assessments and a home safety assessment when Patients/Clients/Providers request a Lifeline to determine fall risk and the need for Lifeline, as our department has funding to pay for tribal elders' Lifeline.**

Moving forward, we will continue bringing Bingocize® to our tribal community while working closely with Providers to assess fall risk and promote safety. Through home and STEADI safety assessments, we strive to reduce falls, increase awareness, and support the health and well-being of our community.

Submitted By: Cami Miller, Community Health Representative, Stockbridge-Munsee Health & Wellness Center

Tuolumne Me-Wuk Indian Health Center, Inc.

Injury Prevention Program



Tuolumne Me-Wuk Indian Health Center

Creating Everyday Helpers

Changing the Conversation Around Medication Safety and Overdose Prevention

One of the most rewarding parts of our TIPCAP work isn't simply distributing resources, it's changing the way our community thinks about prevention. This year, we've had the opportunity to connect with community members through outreach events, educational presentations, and conversations about medication safety. While every event is different, one message continues to resonate:

Prevention starts long before an emergency happens. Whether we're talking about safely storing medications or carrying Narcan, our goal is to empower community members with the knowledge and confidence to help protect themselves, their families, and their neighbors.

Changing the Conversation About Narcan

One of the most common responses we hear at outreach events is: **"I don't know anyone who uses drugs."**

When someone shares that with us, we always tell them how grateful we are that they haven't been personally affected. Then we explain that carrying Narcan isn't about expecting someone you know to overdose. It's about being prepared to help if you ever encounter someone who needs it. Just like learning CPR or keeping a fire extinguisher nearby, Narcan is a tool that allows ordinary people to become helpers during an emergency.

By approaching these conversations without judgment, we've seen community members become much more open to learning about overdose prevention and accepting Narcan to keep in their home, vehicle, or first aid kit. Every conversation helps reduce stigma and builds a stronger, more prepared community.

Community Insight

One of the biggest surprises from our community survey was learning how many parents and grandparents do not currently lock up their prescription medications. **Many people don't realize that medications commonly found in the home can pose a serious risk when left unsecured.**

This reinforced the importance of continuing conversations about safe medication storage and making lock boxes easily available throughout our community.

Medication safety isn't just about preventing misuse, it's about protecting children, grandchildren, and loved ones from accidental poisonings and creating safer homes for everyone.



Building Confidence Through Hands-On Training

We're excited to expand our overdose prevention education with a new Narcan training manikin. This hands-on demonstration tool allows participants to practice administering Narcan in a realistic setting before they ever face a real emergency. Our hope is that by making training interactive and approachable, more community members will feel confident stepping in when every second counts.

(Pictured above on the left) Jackie Polts with the Narcan training manikin. (Pictured Right) is an example of lockbox tabling for community outreach and education.

Learning From Other Tribal Communities

This June, our Outreach Coordinator attended the 2026 Indian Health Service TIPCAP Workshop in Rockville, Maryland.

One attendee that stood out came from the Salt River Pima-Maricopa Indian Community in Arizona, Injury Prevention Program Coordinator, Monte Yazzie. As new housing developments are being built, electronic medication lock boxes are being installed directly into every home.

Seeing prevention built into housing design was an inspiring reminder that medication safety can become a normal part of everyday life. Learning from other Tribal communities gives us new ideas to explore while strengthening partnerships across Indian Country.

Prevention in Action

Throughout the year, our TIPCAP program has continued expanding prevention efforts by:

- Distributing medication lock boxes throughout the community.
- Providing free Narcan and overdose prevention education.
- Participating in National Fentanyl Awareness Day.
- Hosting educational outreach events.
- Sharing medication safety information with families.
- Attending the IHS TIPCAP Workshop to bring new ideas back to our community.
- Expanding training opportunities with our new Narcan demonstration manikin.

"Every conversation is another opportunity to reduce stigma, increase awareness, and save lives."

Submitted By: Danielle Doane, Grant Administrator, Tuolumne Me-Wuk Indian Health Center

Looking Ahead

Our mission remains simple:

Create a community where prevention is normal, conversations are judgment-free, and every person feels empowered to help when someone is in need.

Whether we're providing medication lock boxes, teaching someone how to administer Narcan, or simply answering questions at a community event, every interaction moves us one step closer to that goal.

"Together, we are building a safer, healthier community, one conversation at a time."

Sarah's Corner...

Environmental Health Support Center

Greetings TIPCAP,

Introducing the **New Competency-Based Self-Assessment Tool**

The Environmental Health Support Center (EHSC) is excited to share progress on a key component of its shift toward Competency-Based Learning: a new, interactive self-assessment tool designed to help injury prevention professionals better understand their current skill levels and identify clear pathways for growth.

This tool was created to give users a structured, meaningful way to evaluate their competencies using clearly defined Knowledge, Skills, and Abilities (KSAs). Each assessment statement aligns with national standards and follows the Public Health Foundation's guidance for competency development. Rather than simply scoring a test or checking whether a topic is familiar, the tool measures how deeply a person can apply, analyze, evaluate, or create using their knowledge—an approach rooted in Bloom's Taxonomy.

Here's how it works: users begin by selecting the statement that best reflects their confidence or proficiency for each skill area. The tool's rating scale is designed to be intuitive and consistent, making it easier to differentiate between foundational, intermediate, and advanced skill levels. Once the assessment is complete, the system generates individualized development plans to help users plan their next steps.

The benefits are significant. **First**, it empowers participants and staff to take ownership of their professional development by showing exactly where they are in relation to established competencies. **Second**, it provides meaningful direction by offering recommended trainings that directly target areas for improvement. **Third**, it provides a communication methodology for staff to share with their supervisor, should they wish, that describes their training priorities and how they have improved over time. As EHSC continues mapping course objectives to competencies, the tool will eventually guide users toward both internal and external learning opportunities. Lastly, the assessment can be revisited every two years, helping individuals track their growth over time and supporting a culture of continuous self-improvement.

This new tool is an important step toward a more flexible, personalized, and effective learning system—one that truly supports lifelong professional development within the field of injury prevention. If you are interested in assisting with piloting the new tool before its final launch this fall, please reach out to Sarah-jean.snyder@ihs.gov.

Trainings

Below are two flyers provided by Sarah Snyder, Environmental Health Support Center. These flyers provide information about the upcoming IVP courses for IVP 1 and IVP 2. These classes tend to fill up quick; it is highly recommended you register as soon as you can to secure a spot in the course! A friendly reminder that Part I and Part II TIPCAP sites are required to complete IVP course 1 and course 2 during the 5 Year TIPCAP cycle (2026-2030). Click on the flyer to register!

Injury and Violence Prevention (IVP)

COURSE 2: Identifying the Intervention

[REGISTER HERE](#)



Prerequisite: IVP Course 1

- Using and summarizing data
- Finding and selecting evidence-based interventions (EBIs)
- Adapting/tailoring EBIs to specific cultures
- Planning EBIs
- Evaluating EBIs
- Communicating about EBIs
- Developing an IVP proposal

Albuquerque, NM



October 20-22, 2026

Course is open to: Tribal Employees, Injury Prevention (IP) Staff, IHS Environmental Health Staff, others working in IP and/or Tribal Communities



Injury and Violence Prevention (IVP)

COURSE 1: Defining the Problem

[REGISTER HERE](#)



- The public health approach to injury and violence prevention (IVP), with emphasis on:
 - Defining the problem
 - Identifying risk and protective factors for IVP
- Communicating the IVP problem
- Coalitions for addressing injury/violence
- Funding and proposal planning for IVP
- Continuous learning opportunities



Albuquerque, NM



Jan 25-27, 2027

Course is open to: Tribal Employees, Injury Prevention (IP) Staff, IHS Environmental Health Staff, others working in IP and/or Tribal Communities



Conferences

APHA 2026 Annual Meeting & Expo

November 1-4, 2026 - San Antonio, TX

The Annual Meeting brings together a broad spectrum of professional across a variety of disciplines. As the largest public health gathering of the year, APHA's Annual Meeting and Expo convenes approximately 11,000 public health professionals and partners from around the world. Join in on the opportunity to make lasting connections and learn from exhibitors, peers, and today's leaders. Click on the orange button below to learn more about APHA 2026 Annual Meeting & Expo.

APHA 2026 Annual Meeting & Expo

National Transportation in Indian Country Conference

November 15-19, 2026 - Chandler, AZ

The National Transportation in Indian Country Conference® (NTICC®) is the premier gathering of tribal transportation professionals in the United States. For one week each year, NTICC® brings together decision-makers, technical experts, and industry leaders to advance transportation infrastructure throughout Indian Country. Click on the orange button below to learn more about the NTICC conference.

NTICC

Safe States Alliance Annual IVP Conference

June 2-4, 2027 - Phoenix, AZ

This annual event is for professionals working in injury and violence prevention across Tribal, local, and state health departments, health care settings, academia, and federal agencies. Attendees gather to share best practices, discuss new research, explore innovative solutions, and network. Click on the orange button below to learn more about the annual IVP conference.

Safe States IVP Conference

SAVIR Annual Conference

April 5 - 7, 2027 - St. Louis, MO

SAVIR organizes the premier research conference for the multidisciplinary field of injury and violence prevention. Each year the conference plays a vital role in advancing skills and methods by providing leading edge scientific sessions, inspiring keynotes, and a range of technical workshops and short courses. Click on the orange button below to learn more about the annual SAVIR conference.

SAVIR Conference

SOPHE Annual Conference

March 17-19, 2027 - Cincinnati, OH

Building Bridges: Reimagining Public Health Education in a Connected World. This conference brings together health educators, practitioners, and researchers to share insights, challenge assumptions, and leave with strategies that drive real-world impact. Click on the orange button below to learn more about the annual SOPHE conference.

[SOPHE Conference](#)



The Lifesavers Conference is designed to engage federal, state, local government, law enforcement, public health, injury prevention, advocacy, and non-profit organizations professionals in an exchange of ideas, strategies, and programs to reduce preventable injuries and deaths. The conference provides a national platform with approximately 80 workshops in ten tracks, plenary sessions, and an extensive exhibit hall. To learn more about the Lifesavers conference click on the orange button below.

[Lifesavers Conference](#)

NNPHI Annual Conference - SAVE THE DATE

April 27-29, 2027 - New Orleans, LA

Save the date for National Network of Public Health Institutes (NNPHI) 2027 Annual Conference! Bringing together public health practitioners and leaders from public health institutes, governmental agencies, non-profits, community-based organizations, academia, and more, the event is the premier gathering highlighting the public health institute model and institutes' impact on population health across the nation. To learn more about the NNPHI click on the orange button below.

[NNPHI](#)

KIDZ IN MOTION 2027 - SAVE THE DATE

August 11-13, 2027 - Madison, WI

Save the date for KIDZ IN MOTION (KIM) 2027! The KIM conference provides the opportunity to for Child Passenger Safety Technicians, Tech Proxies, and CPST-Is to receive real-time field updates for best practices and learn about technological advancements through the annual networking conference. To learn more about KIM conference click on the orange button below.

KIM Conference

Webinars



Celebrating the 2026 National Child Passenger Safety Week (September 20-26, 2026)

Join us for a special session highlighting former TIPCAP sites that championed child passenger safety initiatives across Indian Country. During this webinar, participants will revisit successful projects, hear real-world lessons learned, learn about the National Safety Council's resources for child passenger safety, and pick up practical “tricks of the trade” that can support Tribal safety practitioners.

This discussion is designed to create space for peer-to-peer learning—allowing Tribal safety practitioners to share experiences, exchange ideas, and celebrate the ongoing work to protect children in Tribal communities. Whether you're new to TIPCAP or a long-time participant, you'll walk away with fresh insights and renewed inspiration.

Webinar Speakers:

Jennifer Booge: National Safety Council, CPST-I

Sixtus Dominguez: Raramuri/Apache, Tribal Injury Prevention Program Coordinator
CPST-I, Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC)
Albuquerque Area Indian Health Board, Inc. (AAIHB)

Teri J, De La Cruz: Injury Prevention Specialist, Ak-Chin Health Education Department

Webinar will be held via Microsoft Teams.

Join: <https://teams.microsoft.com/meet/298202964312977?p=y2TH2vmh9B962JkzsX>

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