

TRIBAL INJURY PREVENTION COOPERATIVE AGREEMENT PROGRAM (TIPCAP)

TIPCAP

NEWSLETTER JUNE 2012

Recap of the TIPCAP Annual Meeting

On April 4–5, 2012, 73 meeting participants converged in San Diego, California, for the Tribal Injury Prevention Cooperative Agreement Annual Meeting. The meeting centered around evidence-based updates on three key areas: (1) falls prevention among older adults, (2) suicide prevention, and (3) motor vehicle passenger safety. In addition, TIPCAP grantees discussed obstacles they have faced when developing and implementing their injury prevention (IP) programs, as well as how these obstacles were overcome. Logic models were also discussed in detail and drafted by meeting participants. Additionally, participants met with one another to talk about program activities, identify potential solutions to challenges encountered by TIPCAP grantees, and identify resources for problem-solving among TIPCAP grantees within the same regional area. Presentations about evidence-based practice and the principles of program evaluation were also delivered. Afterwards, meeting participants discussed and developed program evaluations for their injury prevention programs. A video from the Alaska suicide project was shown, and a report from the Advisory Committee was provided. Another report discussed the components of a successful proposal application. Seventeen participants participated in a TIPCAP poster contest and were awarded certificates and prizes. The meeting concluded with groups of participants discussing what they have learned about the three topical areas. Participants considered ways to improve their programs; what challenges they anticipate in the upcoming year; and what things they will need the most help with from their colleagues, the technical assistance team, and IHS. At the close of the meeting, participants were challenged to think of ways to improve the workshop for next year.



The 2012 San Diego TIPCAP workshop.



Maria Benton and Martina Portillo at the TIPCAP Annual Meeting.

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A MESSAGE FROM NANCY BILL, THE IHS INJURY PREVENTION PROGRAM MANAGER



As we approach year 3, we can reflect on the milestones in achievements from the past years. The achievements of TIPCAP are based on a comprehensive injury prevention program through proven public health strategies. The TIPCAP program initiatives provide a strategic direction for addressing leading injury problems in American Indian/Alaska Native communities (i.e., motor vehicle occupant restraint use, elder fall, and suicide prevention). Staffing a child safety seat fitting station, conducting seatbelt surveys and home assessments, or introducing an elder to the appropriate balance exercise program for fall prevention and policy development are a few examples of the work of TIPCAP. There are many excellent examples of TIPCAP's work that continue to sustain efforts of the tribal injury prevention program.

Injury prevention requires engaging a multidisciplinary group at all levels with a focus on a common goal. We must continue this strategic approach in year 3 to foster involvement of the key stakeholders; i.e., tribal leadership, law enforcement, housing, schools, community, city, and State and Federal partners. The year 3 guidance should reflect on evaluation of past activities to increase attention to impact and outcome measures.

The Indian Health Service Project Officer serves as the injury prevention program advisor in programmatic issues for TIPCAP. The IHS Project Officer provides guidance in project strategy, data collection/analysis, resource development, and training for TIPCAP. The IHS Project Officer recognizes the uniqueness of the various AI/AN communities.

The Econometrica team serves as the TIPCAP external technical assistance contractor to provide the ongoing technical assistance in monitoring for Indian Health Service. Through the technical assistance provided by the Econometrica team and Indian Health Service, we can address the challenges that TIPCAP may encounter. The technical support by Econometrica and IHS serve to enhance and strengthen the TIPCAP programs building on sustainability.

The TIPCAP advisory committee members also serve as a resource in outreach support. The TIPCAP advisory committee focuses on the issues or concerns of TIPCAP Coordinators. The TIPCAP advisory committee works in collaboration with IHS HQE Injury Prevention Program to seek ways to promote and improve the work of TIPCAP.

As we approach year 3, we must assess the past years, focus on strategy, and implement the essential components of a comprehensive injury prevention program. Technical assistance and resources are available to support the advancement of the TIPCAP programs.

TIPCAP work is very important to achieve our mission to end the injury disparity in American Indian/Alaska Native communities. I am grateful to each of you all for your relentless work and look forward to a very productive year 3.

Ahe' hee – Thank You!

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CHILD PASSENGER SAFETY TECHNICIAN TRAINING



*Oglala Sioux Tribe
April 17-19, 2012
Prairie Winds Hotel Conference Room
Pine Ridge, South Dakota*

The Child Passenger Safety Technician course was a 3-day course which provided education on installation of child safety seats and restraints, and on the mechanics of injury to a child when not properly buckled into a car seat.

Ten individuals were certified as Child Passenger Safety Technicians. Five were from the Oglala Sioux Tribe Department of Public Safety, two were from Oglala Sioux Child Care, one was from the Oglala Lakota Head Start program, and two were from the IHS OEH program. This training was held at the Prairie Winds Casino Hotel Conference Room on April 17-19, 2012—a total of three days, from 8:00 am to 5:00 pm. The last half day was a Check Up event held at the Pine Ridge School Bus Garage. This was advertised with flyers and an announcement on our local radio station, KILI, a week before the event.

The event was sponsored and funded through the Aberdeen Area Office Injury Prevention Program. Assistance and coordination was provided by Tina Russell, Aberdeen IHS Area Injury Prevention Specialist, and Chris Allen, Director, Aberdeen Area IHS Division of Environmental Health Services.



Installation of child safety seat by OST Highway Safety Officer Kevin Rascher.



OST Highway Safety Officer Terry DeMasters.



Classroom instruction was held at the Prairie Winds Casino Hotel Conference Room.



Esther de la Cruz, CPST Instructor; Pam Pourier, TIPCAP Coordinator for the Oglala Sioux Tribe; and Jennifer Booge, CPST Instructor.

SKID (STOP KIDS INTOXICATED DRIVING)



May 2, 2012: Aloha High School, Aloha, Oregon (Sioux)

At the beginning of May, I went to a SKID demonstration with Rachel Ford, NPAIHB's Public Health Improvement Manager, at Aloha High School, which was attended by the student body. The SKID Program began in Washington County, Oregon, in 1998. The program brings what appears to be a fatal alcohol-related traffic crash to local high schools to illustrate the consequences of drunk driving, texting, and not wearing seatbelts. SKID is a graphic and realistic portrayal of crushed vehicles and injured bodies.

The demonstration starts with a pre-recorded audio of the high school student actors stating their names, what their interests are, and what they hope to accomplish in the future: which colleges they want to attend and what careers they hope to enter.

An audio description sets the scene: *It's prom night, 1:30 AM [party sounds]. Five students had drunk a case of beer between them [dancing music]. Students attempt to coerce a reluctant student to drink, but he refuses. The students decide to attend another party just down the road. A non-drinker declines to drive because he can't drive a stick shift; another teen states that even though he has been drinking, he is fine and can drive. During the drive, we hear: a male passenger egging on the driver to show him what the vehicle can do, speeding motor sound, girls laughing, someone yelling "car!" and "stop!," skidding tire sounds, passengers screaming, then a loud thud as they crash into another vehicle.*

Tarps are removed to reveal two crashed vehicles: a white SUV and a red Blazer. A male student is draped over the hood of the white SUV. The audio explains: He was texting about the party and didn't put on his seatbelt. He sustained extensive head trauma and was killed instantly. We see the driver with blood on his face and the backseat passengers with wounds on their faces and heads. The second vehicle had passengers in the front seat. The driver of the Blazer is slumped over the steering wheel, and her passenger isn't moving either.

A female voice is heard calling 911 from the crash scene. She describes the collision to the 911 dispatcher and requests an ambulance. The dispatcher calls the police and ambulance and says that help is on the way. A radio announcer states there has been a crash and gives the location, "Two vehicles were involved, with several high school students in one vehicle. There appears to be a fatality, and alcohol appears to have been involved." Cars are being rerouted around the collision and crash investigation. Another student arrives at the scene, recognizes the boy on the hood of the SUV, and calls his parents.

A half-dozen motorcycle police arrive. They administer first aid to the less severely injured victims, leaving the severely injured victims in their cars, and begin the crash investigation, taking pictures and measurements. The parents of the victim in the white SUV arrive on the scene. The mother becomes extremely distraught, goes to her son's side, and attempts to "wake him up." Her husband and the police pull her away from the body and lead her to the side of road...





EMTs removing driver from the second vehicle on a backboard after cutting away roof of vehicle.



Distraught parents viewing their deceased son and being told by a policeman, "He didn't make it."



Non-drinking student being placed in body bag, then into a funeral vehicle, and driven away.



Life flight arriving; driver being arrested for DUI.

Two fire engines arrive, and firefighters trained as emergency medical technicians and paramedics determine that there has been a fatality and at least one critical injury. They then use the "jaws of life" to remove the top of the red Blazer, put the critically injured driver in a neck brace and on body board, and take her to the life flight helicopter. She is loaded in, and the helicopter lifts off. Another victim is loaded into an ambulance and driven away. A police officer administers a field sobriety test to the driver of the white SUV, determines that he is drunk, arrests him, and puts him in the patrol car. The medical examiner arrives to declare that the student on the hood is deceased and puts identifying information on his arm. Representatives from the funeral home arrive, and firefighters put the student into a body bag and then into the funeral vehicle, which drives off.

At the close of the presentation, a student reads a poem about how it wasn't fair that the boy who died didn't drink and wasn't driving. We learn that the drunk driver was sentenced to 10 years in prison.

The dramatization was so realistic, I got caught up in the emotions of the moment, and tears ran down my face. Some of the students even forgot that the scene was not real—many were also moved to tears.

SKID educates high school students about the dangers of drinking and driving. To date, the program has been presented to more than 95,850 students. There have been three deaths and five injuries from a total of seven alcohol-related crashes that have involved students who were members of school assemblies where the program has been shown, but these numbers are much lower than the national average. According to a 2008 report from the National Highway Traffic Safety Administration (NHTSA), 59 of every 100,000 teenagers will die as a result of an alcohol-related crash. The SKID schools have a rate that is about 5 percent of the national average in teenage drinking and driving crashes.

Organizations that participated in the SKID demonstration program in Aloha included Tualatin Valley Fire & Rescue, 97.1 Charlie FM radio, AMR Ambulance services, Life Flight Air Ambulance, the Washington County Medical Examiner, and Springer and Son Funeral Home.

SKID is willing to assist other area high schools in providing this demonstration. For more information, visit www.skidprogram.org or contact:

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Luella Azule,
Injury Prevention
Coordinator



JEMEZ HOUSE FIRE

On the early morning of February 17, 2012, this home in the Pueblo of Jemez caught on fire due to a spark from a wood-burning stove. The family was alerted by their 5-year-old grandson, who had received Fire Safety training at Walatowa Head Start. The Jemez Injury Prevention Program had presented information to the students at Walatowa, which helped the child get his family out of the home safely. The home was a total loss, and the grandparents were treated for smoke inhalation. There were problems in getting volunteer fire departments there and having water for the pumper. A week later, another home also burned, due to a woodstove chimney fire. Both homes had smoke alarms that were not operating. All of the Walatowa Head Start students will be receiving smoke alarms for their homes within the next month.

The Jemez Injury Prevention Program continues to work with the elderly, children, youth, parents of young children, and the community in general. The second picture shows Marlon, a parent, and a senior checker after the inspection of the child restraint.

The Jemez Injury Prevention Program consists of Maria A. Benton (see page 1), Injury Prevention Program Manager, Jennifer Andrew, Injury Prevention Technician, and Marlon Gachupin, Public Safety Technician.



Maria Benton, Jemez Injury Prevention Coordinator

TECHNICAL ASSISTANCE CENTER RESOURCES

The following new resources are available from the TIPCAP Technical Assistance Team:

- A Status Report by the Insurance Institute for Highway Safety discussing a child safety seat study that passed only 21 of 98 vehicles tested.
- A Report published by the Insurance Institute for Highway Safety entitled *Vehicle LATCH System Features Associated with Correct Child Restraint Installations*.
- CDC Vital Signs fact sheets, press releases, news articles, and eBooks discussing the issue of child injuries in the United States.
- A Safe States Report on Recommendations for National and State Poisoning Surveillance.
- An article entitled "In Defense of Brainstorming," which underscores the importance of the method in producing ideas among groups of people.

If you would like a copy of an aforementioned resource, please contact Lauren Thompson at (301) 657-9883 or lthompson@econometricainc.com.



Lauren Thompson, TIPCAP Technical Assistance Team



The TIPCAP Advisory Committee

The 2013 TIPCAP Advisory Committee has met twice since the April meeting in San Diego. It has begun working with Nancy Bill and Lauren Thompson to plan the 2013 TIPCAP meeting and dates and to develop a working theme. The Advisory Committee is also working on the group's request for mentoring. Below is a list of committee members with contact information. The Advisory Committee participates in a conference call the second Monday of each month.

According to the TIPCAP Handbook, the Advisory Committee is to:

1. Foster communication with IHS and TIPCAP sites.
2. Provide overall guidance for the TIPCAP.
3. Provide feedback from the tribal programs to IHS regarding programmatic issues, resources, advocacy, and tribal capacity building for sustainability.
4. Help to plan to annual TIPCAP meeting agenda.
5. Provide recommendations for training for TIPCAP Coordinators.

The TIPCAP Advisory group is made up of thirteen TIPCAP Coordinators and Tribal Administrators:

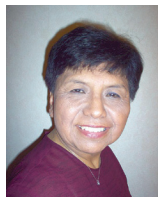
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“Seeing My World through a Safer Lens” Video Contest



The CDC Injury Center is conducting a nationwide video contest to help raise awareness of injury and violence prevention. The video contest, entitled “Seeing My World through a Safer Lens,” requests short, creative video submissions that answer the question, “What Does Injury and Violence Prevention Look Like in My Community?” Videos should highlight real-life stories and examples of how injuries and violence are being prevented in your community. Winners will receive a \$500 cash prize and will be featured on the CDC’s Injury Center Web site! The contest runs now through July 31, 2012. Contest guidelines, rules, and submission information can be found at SaferLens.challenge.gov. For questions about the video contest, please send an email to injurycenter@cdc.gov.

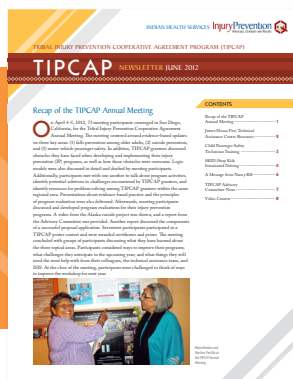
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