

# TIPCAP NEWS

*Newsletter of the Tribal Injury Prevention Cooperative Agreement Program of the Indian Health Service*

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## SANTO DOMINGO PUEBLO

### Spotlight on the TIPCAP HOPA Coalition and its Tai Chi Program

**By: Timothy Eric Bailon**

Greetings from Santo Domingo Pueblo Community Health Representatives (CHR) and Santo Domingo Pueblo Tribal Injury Prevention Cooperative Agreement Program (TIPCAP)! It's hard to believe that we're already deep into our fourth year of TIPCAP, and what a journey it has been.

In February, we were thrilled to see our TIPCAP HOPA Coalition (Health Organization Partnership Advisory Coalition) and Tai Chi program gracing the front page of the esteemed local newspaper, *Santa Fe New Mexican*. [This spotlight](#) not only highlighted our efforts but also shed light on the vital role of tribal injury prevention and health councils in our community.

Our tribal injury prevention HOPA coalition stands as one of the pillars within the New Mexico State Alliance health councils. These councils, navigating through challenges like federal funding cuts, have adapted

*continued on page 2*



**Office of Environmental Health & Engineering**  
*Division of Environmental Health Services*  
*Injury Prevention Program*

### [cont.] Spotlight on the TIPCAP HOPA Coalition and its Tai Chi Program

by independently addressing health issues tailored to the unique cultural, political, and resource landscapes of each community. They serve as the front line, providing invaluable insights into community needs while collaborating with state and local entities to drive impactful change.

Currently, there's hopeful news on the horizon, as lawmakers contemplate allocating \$6.6 million to these health councils via a grant from the federal Centers for Disease Control and Prevention. This funding boost would significantly enhance our capacity to serve the community, allowing us to expand our reach and effectiveness.

The recent coverage in the Santa Fe New Mexican provided a platform for our HOPA Coalition members and TIPCAP coordinator to showcase the array of activities and services we offer, particularly to the elderly population in our community. One of the highlights was our Tai Chi program, a beloved activity that promotes physical and mental well-being among our participants.

At the heart of our work with health councils lies a deep understanding of



Seniors from Santo Domingo Pueblo work through Tai Chi forms at the senior center. (Photo by Jim Weber/[Santa Fe New Mexican](#))

our community's values. As TIPCAP coordinators, we act as conduits, facilitating dialogue and collaboration among different organizations to tackle challenges effectively. It's not about being service providers but rather about fostering a collaborative environment where resources are maximized, and solutions are co-created.

In essence, the health council embodies the spirit of collective action, where diverse stakeholders come together for a common cause: the

health and well-being of our community. Together, we are stronger, and together, we can overcome any obstacle that stands in our way.

Here's to the continued success of our TIPCAP HOPA Coalition and the transformative power of Tai Chi in our community. Let's keep moving forward, one step at a time. ■



Read the full article  
from the Santa Fe  
New Mexican

### Congrats to the 2023-2024 IHS Fellowship class!



The IHS Injury and Violence Prevention (IVP) Fellowship is an 18-month in-depth training where each fellow completes a project to reduce injuries and violence in tribal communities. This year the projects focused on overdose prevention, suicide prevention, elder fall prevention, school bus safety, and traumatic brain injury prevention. During the week of May 19th, The IHS Injury Prevention Program hosted the 2023 – 2024 IHS Injury and Violence Prevention Fellowship Symposium in Rockville, Maryland. For more information on the IHS IVP Fellowship, reach out to your IHS project officer or Area Injury Prevention Specialist!

# Why our partnerships are so important

By: Consuelo Splawn

The Choctaw Nation Injury Prevention program continues to be reminded of how creating and fostering partnerships can be so vital not only to the program, but more importantly for the families that we serve. Recently, the Choctaw Nation Injury Prevention program initiated new partnering opportunities. For example, we are partnering with Safe Kids to train a proxy and inviting other programs to car seat check events. Through these opportunities, we are gradually building a stronger program for our Native families. But it was not until our most recent car seat check that we were able to see just how impactful those partnerships are to the families.

Due to recent changes in our staff, we lost a proxy to help check-off car seats for our CPS technicians. As a result, we partnered with the very helpful Safe Kids staff in Tulsa, OK to assist David Jones, Choctaw Nation IP Program Coordinator, train to become our new proxy. Understanding our need, Safe Kids is currently allowing the program staff to participate in their events to get more familiar with the tasks of a proxy. Since this partnership, David has participated in three events with Safe Kids Tulsa. With this new partnership, we hope to gain a proxy, and eventually have someone local to check-off car seats for our technicians.

In October of 2023, we had the idea to have a car seat check along with a program information fare, of sorts. We reached out to tribal programs to participate in the event. During that car seat check event, we had four programs participate and set out their own program information. We ended up serving over 20 families, and the participating programs ended up being a tremendous help. Because we were not prepared for the influx of applications, those other programs stepped up and helped with taking applications for car seats while the Technicians completed the installations as well as completed checks. After the October event, we scheduled another event in February. At that event we had just as many car seats installed, and we were better prepared. The number of programs participating went from the original four to six programs!

We recently had another car seat check event. This event saw fewer installations and checks, but the tribal programs represented included Youth Outreach, CHAT (a tribal youth behavioral health program), Project EMPOWER (a domestic violence program), Tribal Victim Services, a tribal parenting program, and others. The programs represented totaled eight different programs.

But what made this car seat check event so important and why we choose to invite these partners to our events is summed up in the story of one of the families that we helped that day. What would have been just a regular car seat check turned into a car seat install, while providing a plethora of much needed services for the family. As it turns out, the family showed up for a car seat check but ended up needing a car seat and was eligible. As we began the education and information portion of the car seat installation, the mother mentioned how appreciative she was of getting the car seat. She explained how she just recently moved to the Choctaw Nation reservation and is slowly getting her life back. The family had recently left a violent home and was amid court proceedings that follow domestic violence events, including obtaining a protective order. Because our partnering programs were there, we were all able to connect this family to more than just a car seat. This family ended up getting counseling established for the children who witnessed the violence in the home, the mother spoke to a court advocate to help with the court hearings, and they met a youth outreach mentor to be a positive role model for the kids. ■

## CAR SEAT CHECKS

AND SAFETY INFORMATION EVENT

FEBRUARY 9, 2024 | 10:00 AM - 2:00 PM

Choctaw Nation Old Community Center  
408 N Webb St | Hugo, OK 74743

- Learn about proper car seat installation
- Small incentives to participate

### PROGRAMS IN ATTENDANCE:

- Guiding Adolescent Parents
- Choctaw Nation Youth Outreach
- Chahta Inchikka
- Choctaw Nation Housing-Envision Program
- TIPCAP, Children Matter

Choctaw Nation of Oklahoma

CHOCTAWNATION.COM | ● ● ● ● ●



**Yes, car seats save lives.  
But it is because of our  
partnerships that this  
car seat enriched lives.**



## *The Kaw Nation Injury Prevention Program has been busy!*

By: LaVina Clark

### Child Passenger Safety

We have conducted **246 car seats installations** since the inception of the grant, and **33** so far in 2024. We have conducted presentations with Buckle Bear to area childcare centers and handed out car seat information to parents, including the Oklahoma Child Passenger Safety Law.



### Elder Fall Prevention

Our elder fall home assessments have been an important part of our grant. We have conducted **23 home assessments** and provided **3 ramps** for our elders. We're a part of the Northern Oklahoma Senior Resource team and attend monthly meetings for all programs in Kay County that work with elders. We also participate in quarterly "Seasons of Aging" events for elders.

### Overdose Prevention

We have provided **75 locking medicine cabinets** for clients to keep their opioids and other medication out of sight to prevent accidental overdose and/or suicide. We have partnered with White Eagle Behavioral Health and provided these locking medicine cabinets to their clients.

### Gun Safety

We have also provided **70 locking pistol cases** and **47 rifle cases**. Research has demonstrated a decreased risk for suicide among adolescents when guns are stored safely. Responsible gun ownership is not only about how, where, and when a person uses their firearm; it's also about how they store it when not in use. However, only about half of gun owners practice safe and secure firearm storage. By providing gun owners the option of locking gun storage, we hope to decrease the risk of suicide for all our service area.

### Community Outreach

We have partnered with Otoe WIC by providing backpack diaper bags to the clients they service in their satellite offices in Kay County. Each new client receives a diaper bag with our contact information so we can provide them with car seats.

We have several billboards around Kay County. One is for our elder fall prevention program, where we featured 2 Kaw elders in their Kaw tribal clothes. We have 2 billboards for our car seat program, which both feature a 7-year-old Kaw child in her Kaw tribal clothes. We also have a Suicide Prevention billboard promoting the National 988 Suicide & Crisis Lifeline. ■







### Making Memories and Making a Difference *Elder Fall Prevention with Washoe Tribe*

My name is Hunter Simpson, and I am the Injury Prevention Program Coordinator for the Washoe Tribe of Nevada and California. I have been in this position just over a year now, and it has truly changed my life! I'm building a strong relationship with the elders in the community and seeing how I have impacted them through home assessments and modifications, one of the exercises classes, or even from just talking and listening to their views and opinions.

The picture in this article (above) is from my second successful Bingocize class, which was held in one of our reservations in Woodfords, "Hung A Lel Ti," in California. We had great attendance at our previous exercise class on the Dresslerville reservation (86% attendance rate), but we had a bit more success at the Woodfords class (88% attendance rate).

As an incentive for each of the elder's attendance in the class, they received shoes and arch supports. After being in contact with my project officer, LCDR Martin Stephens, he recommended "The Good Feet Store" in Reno, NV. The elders and I took a trip up there so they could get fitted with special lifetime warranty arches. Each elder also took home a pair of shoes. It was one of the most rewarding things to see thus far in my position to see the smiles on their faces and how the arches took away pain and helped with their walking and standing up straight. This memory will live with me forever. The elders and I even got lunch after and spent the whole day together! The picture on the right includes the programs new shirts and hoodies for the elders and the people involved in our program! ■





# New Beginnings and New Opportunities

By: Tam Lutz and Olivia Whiting-Tovar

## New Funding and Personnel Changes

There have been some changes in personnel as we are getting ready to conclude the first half of year 4 of TIPCAP funding. The Native CARS TIPCAP Coordinator, Olivia, has transitioned in their new role as the Native CARS Highway Safety Specialist. This is the first time a Tribal Epi Center has been funded by the BIA Indian Highway Safety Program (IHSP), so there has been a lot of adaptations and new discoveries. Overall, we are very excited to have both the TIPCAP and BIA IHSP grants as we are cross-collaborating between the projects to expand the reach and capacity of both projects. The projects are under the Native CARS umbrella here at the Northwest Tribal Epi Center. This allows for utilization of established tools, resources, and partnerships.

The Maternal Child Health Programs Director, Tam Lutz, will also be departing from the Northwest Portland Area Indian Health Board and the Northwest Tribal Epi Center this reporting period. Tam will be returning to the Lummi Nation to serve her tribe as the Director of Population and Public Health. We are very excited to see Tam off on her next chapter in life, but still very sad that we will be losing such a valuable asset

to the team and such a knowledgeable director. But Lummi Nation will be gaining an awesome Child Passenger Safety (CPS) Technician! And she will be able to serve her tribe directly and continue collaborations with the health board.

## Child Passenger Safety Technician Trainings

We have been quite engaged with tribal CPS activities. We have partnered with national and local programs to hold two tribal CPS Technician certification courses this year, certifying **6 CPS Technicians serving Oregon** and **5 CPS Technicians serving northeastern Washington**. All the new CPS Technicians have been very motivated and have already begun their CPS work within tribes. We have 2 more tribal CPS Technician certification courses scheduled to be held in Washington, serving west-central and southeast Washington.

## Thank you!

We want to give a major thank you to Jennifer Booge with the National Safety Council and the Washington Traffic Safety Commission's Car Seat Program for helping make these essential trainings possible. We value each and every partnership and connection we have made! ■



## Passionate New IP Coordinator Takes Charge of IHC's Injury Prevention Program

I am Alexxa Casanova, a proud member of the Waipuk clan and a descendant of the San Pasqual Band of Kumeyaay Nation. It is with great humility and dedication that I embrace my role as the newest Injury Prevention Coordinator for the Indian Health Council, a position I have held since December 2023. With this honor comes a sacred duty to protect and nurture the health and well-being of our people.

The Indian Health Council Clinic stands as a stronghold of care, serving our nine consortium tribes: San Pasqual, Rincon, La Jolla, Pauma, Pala, Inaja, Santa Ysabel, Los Coyotes, and Mesa Grande. As a Native American serving Native American communities, I am deeply committed to ensuring the safety and security of our people, especially when it comes to motor vehicle safety.



In our community, motor vehicles are the leading cause of fatalities for children. This sobering reality underscores the critical importance of our efforts to promote safety awareness and prevent needless tragedies. From the proper use of car seats to ATV safety and the importance of seat belt usage, our mission is clear: to protect our most vulnerable members and ensure their safe passage on every journey.

At the Indian Health Council, we have taken significant steps to address this pressing issue. This year, we are proud to have donated **69 car seats** and **26 ATV helmets**, providing essential protection for our families. But our commitment goes beyond material contributions. We host monthly car seat classes, offering valuable guidance on installation techniques and usage protocols tailored to our community's needs. Additionally, our team conducts regular car seat and seat belt observations, offering personalized support and guidance to ensure that safety standards are upheld. ATV education sessions are also an integral part of our outreach efforts, empowering riders with the knowledge and skills needed to navigate trails safely.

But our commitment does not end there. We organize car seat check events, bringing together experts and community members for hands-on assistance and support. Through these initiatives, we aim to cultivate a culture of safety consciousness, empowering individuals to make informed decisions that protect themselves and their families.

As the Injury Prevention Coordinator for my community, I recognize the profound impact that safety awareness can have on our community's health and prosperity. Together, let us continue to prioritize safety, ensuring that every journey, whether on the road or off, is a secure one for all.



With deep respect and solidarity,

Alexxa Casanova

Welcome to TIPCAP,  
Alexxa!





# *Working Together with Our TIPCAP Partners*

**By: Joseph Anderson**

At Bakersfield American Indian Health Project (BAIHP), we have seen our clients improve their physical strength and balance due to having a well-designed program focused on improving their physical fitness in areas like strength, balance, and flexibility. As our participants have become more physically capable with learned strategies for fall prevention, we have witnessed firsthand and heard their stories about increased confidence in their ability to move safely, greater independence, and increased engagement in daily activities. By reducing their fears of falling, we have witnessed our clients experience an overall improvement in their quality of life, seeing them more willing to participate in exercise and other pursuits that contribute to well-being.

BAIHP's fall prevention program involves collaboration between healthcare providers and community organizations that fosters a sense of community engagement towards having broader public health benefits and access to health promotion tools—tools that further aid in the reduction of injuries associated with falls. Many of our strategies used in our fall prevention program includes regular exercise and healthy lifestyle habits, to benefit our clients



beyond just reducing their risk of falls. Our clients have experienced improvements in their overall health and well-being since we began our partnership with TIPCAP.

Our fall prevention program has also raised awareness about the importance of fall prevention by educating our clients about risk factors and strategies for prevention. Fall prevention and education are crucial components of promoting safety and well-being, especially among older adults who are at higher risk of falls. Identifying individual risk factors for falls has been essential for tailoring our fall prevention strategies to each person's needs. Risk factors may include physical impairments, medication side effects, environmental hazards, and underlying health conditions.

Many of our clients were not aware of their risk factors for falls or the importance of fall prevention before our partnership with TIPCAP. Our education programs have raised awareness about common risk factors, such as muscle weakness, poor

balance, vision problems, and unsafe home environments. Conducting regular home safety assessments have helped us identify and address potential hazards, making our clients' home environments safer.

With the help and support of our TIPCAP Project Team, we have received all the support needed to keep our clients motivated and educated about staying committed to a fall prevention and education program by empowering our older adults to take proactive steps to reduce their risk of falls and maintain independence and quality of life. ■





# TIPCAP PROGRAM UPDATES

## CALIFORNIA RURAL INDIAN HEALTH BOARD, INC.



**By: Julie Villa**

The goal of CRIHB's Injury Prevention Project is to ensure that our children are leaving our car seat fitting stations safer than when they arrived, that the parents/caregivers are feeling confident with the education they have received, and to provide affordable car seats and resources and accurate education. CRIHB's IP program provides Child Passenger Safety (CPS) training to Tribal Health Programs (THPs) and partnering agencies to ensure that our families are traveling safely. With that said, many families use traditional baskets to keep babies' snug and protected during sleep time at home, but car seats must be used in vehicles. Car seats have been crash-tested and meet all the Federal Motor Vehicle Safety Standards. Protect the most vulnerable, they count on us!

### Progress in the last four years:

- 68 CPS Technicians trained
- 150 car seats provided to THPs
- Continued partnerships with Department of Public Health, California Highway Patrol, Humboldt Bay Fire Department, Valley Children's Hospital, UC Davis, Tribal Health Programs across California, Tribal Councils across California, and partnerships across the US

### Background

#### Service Population

- California has **109** Federally recognized tribes and **81** tribes seeking Federal recognition
- 14% of the US population who identify as AI/AN live in California. This is the largest population of AI/ANs in the nation.

#### Tribal Health Programs Served by CRIHB IP Program

- United Indian Health Service (9 tribes)
- Sonoma County Indian Health Project, Inc (7 tribes)
- Toiyabe Indian Health Project, Inc (7 tribes)
- Tule River Indian Health Center, Inc (1 tribe)

## BRISTOL BAY AREA HEALTH CORPORATION

**By: Melany Stumpner & Jared Miller**

We were awarded our TIPCAP Part II funding at the beginning of 2020, and ATV Safety Toolkit education and helmet distribution events began in 2022. This curriculum was modified by the Alaska Native Tribal Health Consortium (ANTHC) to provide education on the importance of safe riding, wearing helmets, and what a traumatic brain injury is.

### Progress in the last four years

So far, we have been able to reach youth in five of our largest communities. We plan to provide these services to two additional communities in May 2024. In total, we have conducted education, fitting, and distribution of helmets for 218 Bristol Bay youth. In May 2024, we will be bringing on two additional staff, one full time Environmental Health Specialist and one Environmental Health Intern, who will assist with our upcoming ATV safety education and helmet distribution event in the Village of Aleknagik.

Since the project began, we have provided one Train-the-Trainer event in collaboration with the ANTHC Injury Prevention Department to train local staff in the Village of Port Heiden. They became the first site to take the toolkit and implement it in their own community. This was a huge success as we continue to move towards a sustainable future for the project.

### Background

#### Service Population

- The Bristol Bay Service Region is comprised of 28 villages spanning an area the size of Oklahoma

#### Toolkit Map

- The map shows the northern part of the service region. The villages the toolkit has been implemented in are marked with stars.



# TIPCAP PROGRAM UPDATES

## ROCKY MOUNTAIN TRIBAL LEADERS COUNCIL

By: **Cyrus “Sonny” Leider Jr.**

The goals of RMTLC’s injury prevention program (IPP) are to collect and report data for each tribe to assist in injury prevention activity planning; to provide an overview of each tribes injury prevention activities, policies, and laws; and to give each tribe technical support for ongoing advice and guidance.

### Year 4 progress highlights:

- Completed numerous trainings (CPS Technician Course with Safe Kids Worldwide, IHS Injury Prevention Course 1, RC-TEC Grant Writing Workshop)
- Attended numerous meetings (Tribal Injury Prevention Partners Meeting, Plains to Peak Injury Prevention Network Meeting, and the Southern Plains Tribal Health Conference)
- Completed site visits with all Montana tribes to better understand their injury prevention needs
- Building partnerships by collaborating and communicating with Tribal Health Directors and Sanitarians
- Setting up information booths at community events
- Focusing on Elder Fall Prevention and Child Passenger Safety
- Hosting car seat check up events

### Next steps:

- As the year continues, we plan to keep educating the public within our tribal reservations about the importance of child passenger safety and elder falls. We will continue our data collection efforts and continue analyzing and reporting back to the nine Montana and Wyoming tribes that we serve so they better understand the injury status, morbidity, and mortality in their communities. We will also monitor injury prevention interventions and facilitate technical assistance to the Tribes as needed so that we meet our year 5 goals.

### Background

#### Service Population

- Blackfeet Tribe
- Chippewa Cree Tribe of Rocky Boy Confederated Salish and Kootenai Tribes
- Crow Tribe
- Eastern Shoshone Tribe (Wyoming)
- Fort Belknap Tribe
- Fort Peck Tribe
- Little Shell Tribe of Montana
- Northern Arapaho Tribe (Wyoming)



## 3rd National Conference on

## American Indian & Alaska Native Injury and Violence Prevention

More information to come on the 3rd National Conference on American Indian and Alaska Native Injury and Violence Prevention for Summer 2025. This conference is hosted by Indian Health Service and Centers for Disease Control and Prevention and is a great way to learn more about the best injury prevention practices and efforts across Indian Country. We are hoping to host the next TIPCAP annual workshop in conjunction with this conference! We will keep you all posted on dates and locations as they get finalized!

**SUMMER  
2025**



**Office of Environmental Health & Engineering**  
*Division of Environmental Health Services*  
*Injury Prevention Program*





## 2023 Rick Smith Injury Prevention Award Winner and Nominees



Read more about the  
award winners and  
previous awardees

Congratulations to the **Sisseton Wahpeton Oyate Tribal Opioid Response (TOR) Team** at the Asniyapi Clinic for receiving the 2023 Rick Smith Injury Prevention Award. They are recognized for addressing the overdose crisis in Tribal communities by increasing access to medication, supporting prevention, harm reduction, treatment and recovery support service for opioid use disorder. The Team was nominated by the Great Plains Area Indian Health Service Office of Environmental Health & Engineering, Division of Environmental Health Service.

### TOR Team Members:

- Jocelyn Deutsch Reints, Certified Nurse Practitioner, Medication for Opioid Use Disorder Provider
- Aaron Erdrich, Registered Nurse
- Kimberly Keeble, Care Connector
- Joshua Max, Project Manager/Data Specialist
- Sara DeCoteau, Project Director

**We would also like to acknowledge the following Rick Smith Award nominees for their hard work, motivation, ingenuity, and dedication to injury prevention!**

### Joseph Anderson, Injury Prevention Coordinator, Bakersfield American Indian Health Project

Recognized for: 1) leading and introducing the Bingocize program at BAIHP to reduce elder falls; 2) hosting a Spring Gathering Event to over 200 tribal members promoting injury prevention education and demonstrating Bingocize; and 3) serving in leadership roles in the TIPCAP program to sustain and build partnerships.

### CDR David Bales, Area Injury Prevention Specialist, Oklahoma Area, IHS

Recognized for: 1) leading the medication disposal page update on the IHS Harm Reduction website; 2) providing training at national meetings on the Overdose Mapping System; 3) securing funding and developing an area-wide medication lock box project providing 251 lock boxes to provide safe storage; 4) coordinating and distributing 500 Fentanyl test strips to patients to prevent unintentional Fentanyl poisonings; and 5) building injury prevention tribal capacity and mentorship.

### Lisa Herritz, Injury Prevention Coordinator, Ho-Chunk Nation

Recognized for: 1) revitalizing the child passenger safety (CPS) program after the pandemic; 2) facilitating and leading a successful Midwest Tribal Child Passenger Safety Coalition to increase child passenger safety and seat belt usage; 3) training 7 new CPS technicians and re-certifying 19 technicians, and 4) assisting with the development of a national training for Head Start bus drivers to meet the DOT and transportation requirements in the Federal Head Start Standards.

### Christy Hacker, Injury Prevention Program Manager, Great Plains Tribal Leader's Health Board

Recognized for: 1) providing mentorship, support, and resources as a Child Passenger Safety Instructor to Great Plains Area tribal communities; 2) distributing over 270 car seats in 7 tribal communities; 3) expanding the reach and sustainability of child passenger safety; and 4) building successful partnerships to promote car seat education and child passenger safety training opportunities.

**Thank you also to those who nominated these individuals and please give a shout out of congratulations to the Rick Smith Injury Prevention Awardee and nominees!**

# Plains to Peaks Injury Prevention Network

By: Shelli Stephens-Stidham, Safe States Alliance



The Plains to Peaks Injury Prevention Network met in Denver, Colorado on April 9-10. The meeting was hosted by the Injury & Violence Prevention Center at the Colorado School of Public Health, in conjunction with the Colorado Department of Public Health & Environment.

Attendees representing state and local health departments, hospital and trauma centers, universities, tribal entities, the Indian Health Service, and the Association of State and Territorial Health Association participated in conversations regarding teen driver safety, firearm injury, health equity, Adverse Childhood Experiences, rural injury and violence issues, and the use of Artificial Intelligence. CDR Molly Madson, Injury Prevention Program Manager, Indian Health Service (IHS), provided information about the IHS Training Program, as well as the Tribal Injury Prevention Cooperative Agreement Program.

The Plains to Peaks Network is facilitated by Safe States Alliance with funding from the Injury Center at the Centers for Disease Control and Prevention. The Network meets virtually every other month on the fourth Wednesday of the month. Joining the Network is easy. There's no fee required – just join meetings and participate as schedules allow.

The Plains to Peaks Network is open to all injury and violence prevention professionals who work at state, regional, and local health departments, tribal entities, hospitals/trauma centers, universities, military and civilian staff, and non-profit organizations in the following states: Colorado, Iowa, Kansas, Missouri, Montana, Nebraska, North Dakota, South Dakota, Utah, and Wyoming.

Members can participate in virtual learning opportunities and information exchange focused on:

- Networking and fostering relationships with injury and violence prevention professionals in the region;
- Improving understanding of how to advance equity across injury and violence prevention strategies;
- Strengthening capacity for sustainable injury prevention programs

**To join the Plains to Peaks Network or obtain more information,  
email Shelli Stephens-Stidham at [shelli.stephens-stidham@safestates.org](mailto:shelli.stephens-stidham@safestates.org).**





# TIPCAP ANNOUNCEMENTS

## Semi-annual Progress Reports are due July 31, 2024!

The next semi-annual progress report is due July 31 and will cover January to June 2024. Plan ahead and keep in mind the following:

- Report should be submitted to projects officers for review by Tuesday, July 16, 2024
- Reports should be submitted by Wednesday, July 31, 2024 in Grant Solutions
- Submitted reports should include the progress report narrative, cover page with reporting checklist, data reporting forms, and Federal Financial Report (FFR, SF-425)
- Visit [TIPCAP.org](https://tipcap.org) for reporting templates and tools

## Non-competing Continuation Applications are due Sept. 2, 2024

The continuation applications are now available on Grantsolutions.gov and are due Monday, Sept. 2, 2024. If you have any questions, please reach out to [Andrea Tsatoke](mailto:Andrea.Tsatoke@hhs.gov).

## Injury Prevention Conferences

### World Indigenous Suicide Prevention Conference

Niagara Falls, NY | July 22-25, 2024

Link: <https://thewispc.com/>

### Safe States Injury & Violence Prevention Conference

Portland, OR | August 20-22, 2024

Link: <https://www.safestates.org/page/AnnualConference>

### Kidz in Motion

Champions Gate, FL | August 22-23, 2024

Link: <https://kidzinmotion.org/>

### National Transportation in Indian Country Conference

Durant, OK | August 25-29, 2024

Link: <https://www.nticc.org/>

### American Public Health Association Annual Meeting

Minneapolis, MN | October 27-30, 2024

Link: <https://www.apha.org/events-and-meetings/annual>

### SAVE THE DATE: Lifesavers National Conference

Long Beach, CA | March 9-11, 2025

Link: <https://lifesaversconference.org/>

## IHS Injury & Violence Prevention Courses

### Course 1: Defining the Problem

Scottsdale, AZ | July 30 - August 1, 2024

This course emphasizes:

- Defining the problem and identifying risk and protective factors for IVP
- Communicating the IVP problem
- Coalitions for addressing injury and violence
- Funding and proposal planning
- Continuous learning opportunities

Link to register: <https://www.ihs.gov/ehsc/classes/>

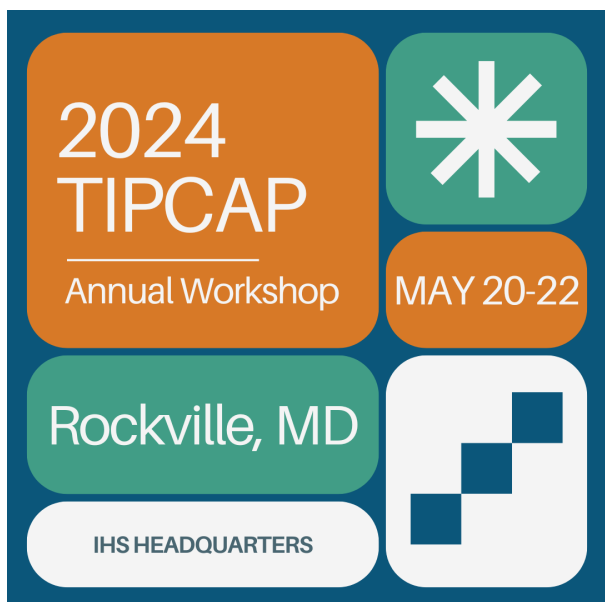
### Course 2: Identifying the Intervention

Minneapolis, MN | September 10-12, 2024

This course emphasizes:

- Using and summarizing data
- Finding and selecting evidence-based interventions (EBIs)
- Adapting/tailoring EBIs to specific cultures
- Planning, evaluating, and communicating about EBIs
- Developing an IVP proposal

Link to register: <https://www.ihs.gov/ehsc/classes/>



This year our annual workshop was held in-person at IHS Headquarters, in Rockville, Maryland from May 20-22. There were over 60 participants, which included both Part I and Part II coordinators and staff, IHS Injury Prevention colleagues, and the TIPCAP monitoring contract team. A large portion of the workshop agenda was put together by a planning committee made up of project coordinators and project officers, and we would like to thank them for their input and great ideas!

The sessions covered administrative announcements and multiple panels for various topics (older adult falls prevention, partnership with local EMS/Law Enforcement, marketing and outreach, suicide prevention and harm reduction strategies, and sustainability). Thank you to all our panelists in providing great examples and sharing your experiences in these various areas of injury prevention work. Throughout the workshop there were great questions asked and perspectives shared. At the end of Day 2, there was a poster session where each site shared and highlighted the work

taking place in their service areas. This session was filled with networking, discussion, and learning that made an impact on several of our participants.

We ended our workshop by supporting the IHS Fellows at the symposium hosted by IHS. Four of our fellow TIPCAP project coordinators participated in this cycle's IP Fellowship: Sixtus Dominguez, Amanda Holley, Katie Hannon, and Jennifer Hardeman. Congratulations to each of them for their completion of the program!

Since we are all spread across the country and most of our interactions are virtual, it is great when we have the opportunity to meet in person to learn from and support each other in our work to improve our communities. The monitoring contract team and IHS headquarters personnel greatly appreciate the feedback and insights shared during the workshop, and we will do our best to incorporate them in the future. Thank you all for your attendance and participation in this year's workshop and for all the work you do for your local communities! We look forward to our next in-person event.

Resources from the workshop, including presentation slides and submitted posters will be posted on TIPCAP.org on the Annual Workshop page. If there are any other resources you would like to see or would like to share with the rest of the group, please contact Shelby Billie ([shelby.billie@cuanschutz.edu](mailto:shelby.billie@cuanschutz.edu)), Jenn Russell ([jenn.russell@cuanschutz](mailto:jenn.russell@cuanschutz)), or Holly McKinney ([holly.mckinney@cuanschutz](mailto:holly.mckinney@cuanschutz)).





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