The past few months kept TIPCAP extra busy. The IPP supplemental funding and year three non-competing continuation applications were time consuming to meet all the deadlines. CAIANH monitoring contractor conducted their first site visits for the IPP Part I sites featured in this newsletter. CAIANH hosted the 2017 annual TIPCAP workshop and IHS Project Officer training at their beautiful center in Aurora, CO. The workshop included presentations by Safe States Alliance, Colorado Department of Public Health, Rocky Mountain Public Health Training Center, CDC, CAIANH staff, and TIPCAP Coordinators. The exchange of information was very valuable in strengthening partnerships and resources.

My attention was directed to the new FY17 IPP Part II awards. The new FY17 TIPCAP Part II's included new and prior IPP Tribal grantees:
1. Apache Tribe of Oklahoma, Anadarko, OK
2. Comanche Tribe of Oklahoma, Lawton, OK
3. Inter-Tribal Council of Arizona, Inc., Phoenix, AZ
4. Jicarilla Apache Nation, Dulce, NM
5. Lake County Tribal Health Consortium, Lakeport, CA
6. Navajo Nation, Dept of Navajo Highway Safety, Window Rock, AZ
7. Northern Cheyenne Tribe, Lame Deer, MT
8. Saint Regis Mohawk Tribe, Hogansburg, NY
9. Shoshone-Paiute Tribes of Duck Valley, Owyhee, NV

I'm happy to welcome the new IPP awardees. The new IPP awardees will join the 23 current awardees to increase the total to 32.

As we enter the fourth quarter of year two, we can reflect on our accomplishments and next steps for year three. Don’t let limitations be a barrier. The technical assistance team by CAIANH and IHS project officers are available for guidance. We want you to succeed.

TIPCAP is making a difference in saving lives in AI/AN communities (i.e., villages, Pueblos, and Rancherias). I have great optimism for continued successes by TIPCAP in injury prevention.

Much appreciation to you all for your great work!

Ahe ‘hee (Thank you!)

Nancy Bill, Injury Prevention Program Manager, Indian Health Service
Nancy.Bill@ihs.gov
(301) 443-0105
Hello!

My name is Darlene Pensoneau Harjo. I am a 64-year-old enrolled member of the Ponca Tribe of Oklahoma. I am a widow, and I live alone. My adult children live over 5 miles away.

The White Eagle Health Center is where I go for my health care. I have type 2 diabetes, high blood pressure, and osteoarthritis in both of my knees and hips. Since 2016 I have had cataracts removed from both eyes and rotary cuff surgery on both of my shoulders. I also had a total knee replacement on my left knee.

Ms. Jocelyn Jackson is the director of the Ponca Tribe of Oklahoma Injury Prevention Program, “Reducing Elder Falls.” I requested her services after cataract removal. I must wear eyeglasses due to astigmatism, and her program assisted me with eye glasses. I had a pending surgery for a knee replacement and asked her for grab bars in the shower. She spoke with the Ponca Tribal Housing Authority to get the go ahead on installing the grab bars. They approved it, and soon the grab bars were installed. She made an assessment in my home of other needs to prevent injury from falling. Her attitude and job performance is outstanding. She also brought me ice melt pellets during an ice storm, grip pads on my rugs so I don’t trip, and during the Oklahoma thunder storms, she brought me a flashlight for safety.

What impressed me most about Jocelyn is her genuine compassion and the care she shows not only to me, but to other senior citizens in the White Eagle and Ponca City community. Before my knee surgery, she had a handrail, shower grab bars, and non-skid mats installed. After my surgery, she placed a seat riser on my toilet to help me get up.

As I am permanently disabled and live on a low fixed income, I would not be able to afford any of the prevention items her program has provided for me and others like me. I go to the Ponca Tribal Senior Center every day for lunch and other activities. I’ve participated in an exercise program called “Silver Sneakers,” and I regained my balance and no longer need my cane to walk. It also has strengthened muscles in my shoulders and legs.

The Injury Prevention Program is making a positive impact to our Ponca Tribal Elders. My personal benefit includes better health and peace of mind through fall prevention.

Thank you so much, and God bless you all.

Sincerely,
Darlene Harjo
The Pueblo of Jemez is one of New Mexico’s largest pueblos located in Sandoval County, approximately 55 miles northwest of Albuquerque, and has approximately 3,168 enrolled tribal members. The Jemez Pueblo Injury Prevention Program is housed in the Department of Emergency Management of Jemez Health and Human Services (JHHS) and is directed by David Ryan, who is responsible for the implementation of the day-to-day activities of the proposed project and who works alongside Antonio Blueeyes and Marlon Gachupin, both of whom are Injury Prevention Program Technicians and CPS Technicians.

The Part II Injury Prevention Program Effective Strategy Project is a five-year project, requesting $20,000 per year for child restraints, training, and educational materials through 2016-2020.

**Child Education Session**

One of our program’s activities includes providing safety education to young children. The Injury Prevention Program conducts presentations on different safety topics to the Head Start students once a month throughout the school year. Head Start has four classrooms with a total of 68 students ranging in age from 3 to 5 years. The topics presented include bicycle safety, school bus safety/car restraints, fire prevention, playground safety/animal safety, stranger danger, poison prevention, water safety, and an injury prevention bingo at the end of the school year. We also visit two other grade schools within the community. These sessions are taught in our Towa language in the hopes of keeping our native language strong. It also gives the youngsters a chance to hear us in two different languages for better understanding.

**Success Story**

One of our students at Head Start, Kellen Sarracino, put his safety education to the test. In 2012 the Pueblo of Jemez experienced two devastating home fires. Both homes were occupied at the time, but fortunately no one sustained any major injuries. One of the houses was home to 4-year-old Kellen and his grandparents. In October 2011, Kellen attended one of our education sessions on fire safety where we covered how to stop drop and roll and how to crawl under smoke. In the session, we practiced the motions with all the students. So in February 2012 when Kellen woke up to his house on fire, he knew just what to do. He ran to his grandparent’s room and woke them up. He and his grandmother made it outside quickly, but his grandfather has knee problems, and as he was making his way out, he stumbled and fell. As he was lying on the ground he could hear his grandson calling out, “Grandpa! Crawl under the smoke!” Kellen’s grandfather followed the advice and Kellen’s voice to safety. Because of the safety instruction provided by our Injury Prevention Program, Kellen that morning was able to save himself and both his grandparents. Kellen is a hero!
Part II conference call highlights

With another quarter behind us, it’s time to highlight some of the ideas and successes that Part II grantees have shared in their recent conference calls. Enjoy learning about their many injury prevention activities and accomplishments.

Choctaw Nation of Oklahoma is working with teens by putting on a DUI and distracted driving course in several local area high schools. Keosha, the IP coordinator, shared that the teens are watching a video about distracted driving and walking away noticeably impacted. In fact, a mother of one of the high school kids who participated in the school program reported to Keosha this story: she picked up her teenage son from school and began to use her phone as she was driving. Her son scolded her for texting and driving and told her to put the phone down, stating that he learned about the consequences of distracted driving through a program in school. It sounds like the program is really making an impact on these teens!

Questions for Keosha? Email her at Keosha.Ludlow@choctawnation.com

Ak-Chin Indian Community is working locally to reduce elder falls. One of their primary strategies to reduce falls is through physical activity. Ak-Chin conducts four classes each week that involve a variety of physical activities for seniors, including resistance training, balance, walking programs, and the most popular…chair volleyball! Chair volleyball is so popular that the staff have to keep it a secret when chair volleyball will be offered, otherwise the crowd will get too big to hold the activity. Marc, the IP coordinator, has found that not announcing the activities for each week’s classes in advance keeps people coming and keeps them engaged.

The IP program at Ak-Chin Indian Community also distributes and installs car seats. Marc shared with us that there was a car accident back in February involving a family with small children. The children were not in the car and no one was injured; however, the family needed new car seats after the crash. The car seat program was able to get them new car seats and install them on the same day. Strong work Ak-Chin Indian Community IP program team!

Questions for Marc? Email him at MMatteso@ak-chin.nsn.us
Great Plains Tribal Chairmen’s Health Board works to distribute car seats and implement the Ride Safe Curriculum and Safe Native American Passenger (SNAP) courses in four different tribal communities in North and South Dakota. The program utilizes Northern Plains Healthy Start Community Health Workers and Tribal community partners (who are nationally certified Child Passenger Safety Technicians) to provide education and trainings related to proper car seat installation and use to Healthy Start participants and families within the community. Christy, who leads the TIPCAP efforts for Great Plains Tribal Chairmen’s Health Board, shared a story from the field about a mother who had received passenger restraint education and a car seat from the TIPCAP program who was later involved in a roll-over accident. The mother shared that she and her infant were in the car, and since both were properly restrained, they were uninjured. Amazing!

Questions for Christy? Email her at Christy.Hacker@gptchb.org

Gila River Indian Community has seen an increase in car seat use. One of their successful strategies has been a strong marketing presence in the community. Gila River has created a short video PSA, which has been aired on the Gila River Broadcasting Network and through social media outlets. Also, many flyers are distributed that promote the IP program and provide education. Verena and Teri, the IP program staff (and IP champions!), have experienced great success from their hard work in developing partnerships with local and state programs. During their transition to a Part II program, they were able to achieve program sustainability, which they attribute to these flourishing relationships. This is a testament to their hard work and presence in the community.

Questions for Verena or Teri? Email them at Verena.Jackson@gric.nsn.us and Teri.DeLaCruz@gric.nsn.us

Stay tuned for more wonderful stories in the September edition of the TIPCAP newsletter!
Part I grantees participate in two-day annual workshop

In late April, the contract monitoring staff at the Centers for American Indian and Alaska Native Health (CAIANH) gladly hosted the 2017 annual TIPCAP workshop. Part I grantees, Project Officers, and IHS Injury Prevention officials were invited to join us at the Nighthorse Campbell Native Health Building on the University of Colorado’s Anschutz Medical Campus.

The two-day workshop was a great success! The agenda was packed with presentations from different injury prevention experts as well as the TIPCAP grantees themselves. Six of the seven Part I grantees were represented at the workshop, and these grantees each presented on their individual program goals and successes. Facilitated sessions from experts included topics like Epi Info training, program evaluation, evidence-based practices for elder fall prevention, motor vehicle safety, Safe States Alliance, and policy. Colorado School of Public Health faculty Carolyn DiGuiseppi, Elaine Scallan, Carol Runyan, and Candace Fleming shared valuable information and methods for injury prevention and evaluation. Lindsey Meyers from Safe States Alliance and Ali Maffey from the Colorado Department of Public Health and Environment also graciously volunteered their time to speak to the group about working with states and effective strategies for thinking and talking about policy. Holly Billie from the Centers for Disease Control and Prevention walked us through the helpful information available in the Tribal Motor Vehicle Injury Prevention Best Practices Guide, the Tribal Road Safety Toolkit, and also presented on the growing issue of opioid poisoning in Indian Country.

Thank you to everyone who planned, executed, and participated in the 2017 annual TIPCAP workshop. We are already looking forward to the 2018 workshop!
Getting to know a TIPCAP Project Officer

Jerry Lee is an Injury Prevention Specialist, and as an IHS Project Officer, Jerry is responsible for local technical oversight to grantees in the Albuquerque IHS Area.

On life story and experiences:

Where are you from? What was it like growing up there?

I’m from Flint, Michigan (no Tribal affiliation). Growing up in Flint in the 60s and 70s was quite good. Flint was a big General Motors factory town, with very steady employment. Families were generally close-knit, especially with the local churches and schools.

Did you have any key mentors who influenced who you are and what you’re committed to in your work?

I have had many supportive and imaginative supervisors and co-workers who encouraged carrying efforts forward. I have also been fortunate in encountering a wide range of very special Tribal, State, and Federal personnel who have inspired others to make notable achievements.

On working with TIPCAP:

What is your role with TIPCAP?

I work with TIPCAP personnel on developing and implementing local initiatives, which includes providing training opportunities to TIPCAP staff and community members in multiple training courses as well as assisting with Tribally-based car seat clinics.

What’s your favorite part of your job?

Meeting with Tribal and interagency personnel to generate effective ideas for injury prevention initiatives. I’ve also enjoyed traveling through many beautiful Tribal and other lands as part of getting to these meetings and collaborations.

What’s the most rewarding part?

I was PO, but it was others who made these things happen:

Tribal injury prevention staff at Jemez Pueblo conducted a range of fire prevention trainings at the local Head Start as part of “Sleep Safe,” a fire safety education and smoke alarm installation program. Early one morning, a Head Start student alerted his sleeping family to a fire in their home, and everyone was evacuated without injury (see page 2 for more of the story).

At the Taos/Picuris IHS Health Center, one of our staff fitted a family (3 children and an 8-month pregnant mother) with car seats for all the children. That very evening, the family lost control of their car, and it rolled four times. Despite extensive rollover damage (including blown-out windows), the entire family stayed restrained in their seats and escaped injury. The mother was examined and released, and one month later, she delivered a fully healthy child.

On lessons learned:

What words of wisdom do you believe would be most helpful to TIPCAP grantees implementing IP programs in their local communities?

We don’t always make people understand how participating in injury prevention initiatives can be beneficial to their programs, their families, or their communities. Identifying real benefits, including money saved for other initiatives or injuries/treatments prevented, can help encourage local program directors or community leaders to participate in and support local initiatives.
Injury Prevention Supplemental Funding for Years 2-5

Additional funding will be available for years 2-5. This is an administrative increase of a 25% supplemental funding allowance to the Indian Health Service Tribal Injury Prevention Cooperative Agreement Program (TIPCAP). The administrative increase is allowable within the HHS Grants policy guideline up to 25% based on the direct funding total Tribal IP program’s budget. This supplemental increase is to support the current scope of work. Any new projects must receive prior approval. Official letter notification via www.GrantSolutions.gov was sent on November 30, 2016 to all grantees to apply for supplemental funding. Include the supplemental funding for the next non-competing continuation application budgets. The supplemental funding will apply for years 3-5 contingent on available funding.

The supplemental increase for year 2 may cause the need for a carryover request into year 3. If this is the situation, please send and upload your carryover request to Andrew Diggs, Grants Management Specialist at 301-443-2241 or Andrew.Diggs@ihs.gov.

Work with the local IHS project officer for technical assistance and guidance in preparation of your budget. For overall IP program questions contact Nancy Bill, Injury Prevention Program Manager at 301-443-0105 or by email Nancy.Bill@ihs.gov.

Mandatory Report Deadlines

Mandatory administrative deadlines for progress and financial reports can be found in the Notice of Award (NoA) authorization within the Standard Grant Conditions (#3). All reports must be submitted through Grant Solutions.

The following due dates are dependent on type of reporting:

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Effective, Evidence-Based Fall Prevention in Tribal Communities

June 29, 2017 from 2-3pm EST

Join TIPCAP for the next fall prevention webinar, hosted by your TIPCAP colleagues on the following topic areas:

**Clinical Partnerships**
Jocelyn Jackson  
Injury Prevention Coordinator  
Ponca Tribe of Oklahoma

**Exercise**
Monte Yazzie  
Injury Prevention Coordinator  
Salt River Pima-Maricopa Indian Community

**Home Assessments**
Jennifer Straub  
Injury Prevention Coordinator  
Winnebago Tribe of Nebraska

**Education/Training**
Jerrod Moore  
Injury Prevention Coordinator  
Albuquerque Area Southwest Tribal Epidemiology Center

Join the webinar at this link:  
http://ihs.adobeconnect.com/tribalipp/
Save the Date

**July**

**26** PREVCON

*Safe Kids Worldwide Childhood Injury Prevention Convention*

July 26–29, 2017  
Baltimore, Maryland

http://www.prevcon.org/

**26** Tribal Safety Peer Exchanges

*Effective tools for IP program delivery*

July 27–28, 2017  
Oklahoma City, Oklahoma

http://clgweb.okstate.edu/CourseStatus.awp?&course=17TRP180727

**August**

**14** Assessment Writing Course

*Basic principles of developing assessments*

Aug. 14, 2017  
Oklahoma City, OK

https://www.ihs.gov/ehsct/index.cfm?module=class&clID=1947&qs=module=classes&catID=5

**15** IHS Intermediate Injury Prevention Course

*Program planning, evaluation, marketing, etc.*

Aug. 15–Aug. 18, 2017  
Billings, Montana

https://www.ihs.gov/injuryprevention/training/

**15** Epi Info Course

*Data gathering and analysis for IP programs*

Aug. 15–Aug. 18, 2017  
Oklahoma City, OK

https://www.ihs.gov/ehsct/index.cfm?module=class&clID=1951&qs=module=classes&catID=5

**30** KIDZ in Motion Conference

*National Child Passenger Safety Conference*

Aug. 30–Sept. 2, 2017  
Broomfield, Colorado

http://www.kidzinmotion.org/

**September**

**12** Safe States Alliance

*Annual Meeting*

Sept. 12–14, 2017  
Aurora, Colorado

www.safestates.org/page/2017AnnualMeeting

**18** National Native Health Research Training Initiative*

*1st Annual Training Conference*

Sept. 18–19, 2017  
Denver, Colorado

http://www.nnhrti.org/

*abstracts due July 15, 2017*
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<td>NW Portland Area Indian Health Board</td>
<td>Part II</td>
<td>Matthew Ellis</td>
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<td>Luella Azule</td>
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<td><a href="mailto:Matthew.Ellis@ihs.gov">Matthew.Ellis@ihs.gov</a></td>
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<td>Pascua Yaqui Tribe</td>
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<td>Martin Smith</td>
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<td><a href="mailto:Martin.Smith@ihs.gov">Martin.Smith@ihs.gov</a></td>
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### TIPCAP Contract Monitoring Team

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Instructional Resources

Policy Development, Social Planning, & Coalition Building
http://ctb.ku.edu/en/toolkits

This toolkit provides guidance for bringing about policy change in organizations and communities through social planning and coalition building.

Utilizing Epi Info for Recording Data
https://www.cdc.gov/epiinfo/index.html

Epi Info is a free software package developed by the CDC to provide easy data entry, database construction, data analysis, and reporting capabilities.

Zoom Conference Calling
https://support.zoom.us/hc/en-us/sections/201740096-Training

The monitoring contractor will be using Zoom, an online video conference software, for all conference calls. Zoom offers easy-to-follow tutorials.

Organizations with Practice-Oriented Information

Safe States Alliance  http://www.safestates.org
A national nonprofit alliance whose mission is to strengthen the practice of injury and violence prevention, their website provides many tools for injury prevention professionals.

Prevention Institute  https://www.preventioninstitute.org
A nonprofit organization that provides tools and frameworks, offers training and technical assistance, and helps with policy change and guiding partnerships in the community.

Children’s Safety Network  https://www.childrenssafetynetwork.org
An organization that works with state, territorial, and local entities to create safe environments for youth; their website has state-specific fact sheets and resources on injury prevention topics such as suicide prevention, bike safety, and child passenger safety.

Centers for Disease Control and Prevention  https://www.cdc.gov/injury/
The CDC injury prevention website offers up-to-date data and statistics, publications, injury prevention topics and guidance, and policy information.

An international public health agency, their website offers data, fact sheets, publications, and other injury prevention resources.