



TIPCAP NEWS

March 2017

Newsletter for the Tribal Injury Prevention Cooperative Agreement Program (TIPCAP)



Welcome to the March 2017 TIPCAP newsletter! Year two is in full phase with TIPCAP making great strides. Jenn Russell with the Centers for American Indian & Alaska Native Health (CAIANH) has begun the first calls with the TIPCAP Part II's. The calls seek to gain an understanding of the IP projects to address technical assistance needs. I encourage everyone to be

engaged in the discussions to maximize the use of CAIANH's assistance.

The work of TIPCAP is very challenging in advancing injury prevention initiatives at the tribal communities. One overall goal of TIPCAP is the successful implementation of effective strategies to facilitate program sustainability. In working toward this goal with the increased understanding of your IP projects, you may want to make adjustments to your work plan for year three. As we look forward to the next year, let's strive to leverage resources, including seeking key partnerships to help us in our IP efforts.

This year was busy with the availability of supplemental funding. The supplemental funding will allow us to incorporate additional expenses you may have incurred such as travel, training, supplies, etc. The supplemental funding amount is not limited to only this year but for the next three years of the grant cycle. Please plan accordingly for the additional funding.

The year three non-competing continuation application kit is available and posted at www.grantsolutions.gov. The narrative includes an "enclosure" for guidance under the "Information for the Applicant" section. Use the "enclosure" information to complete the narrative. The deadline for the application submission is Wednesday, May 3, 2017.

Injury Prevention work can be very gratifying as we see lives saved due to our efforts. Keeping the momentum is important for the upcoming years.

Thank you all for being champions in keeping tribal communities safe (e.g., villages, pueblos, Rancherias).

Ahe 'hee (Thank you!)

Nancy Bill, Injury Prevention Program Manager
Indian Health Service
Nancy.Bill@ihs.gov
(301)-443-0105

IN THIS ISSUE

1 SUCCESS STORY

AASSTEC participated in American Indian Day at the state legislature, supporting injury prevention

2 COMMUNITY ENGAGEMENT

The Washoe Tribe of Nevada & California hosted a Christmas luncheon attended by Elders, Santa, and Elvis!

3 SPOTLIGHT

Jason Hymer, Project Officer for Washoe Tribe of NV & CA, Pyramid Lake Paiute Tribe, & the Reno-Sparks Indian Colony

4 YOUR STORY HERE

Instructions for submitting articles to the TIPCAP newsletter

5 CAIANH TEAM MEMBERS

Three new team members join the TIPCAP contract monitoring team

6 UPCOMING EVENTS

Information about upcoming TIPCAP events and IP-related conferences

7 RESOURCES

Injury prevention resources as well as handy instructional guides for grantees

8 TIPCAP CONTACT LIST

Contact information for TIPCAP grantees, their project officers, and the TIPCAP contract monitoring team

“Partnering for a Better Tomorrow” at state legislature event in New Mexico

Jerrod Moore, Albuquerque Area Southwest Tribal Epidemiology Center



The posting of colors at the state capitol building in Santa Fe, New Mexico

On February 3, 2017 the Albuquerque Area Southwest Tribal Epidemiology Center's (AASTEC) Tribal Injury Prevention Program and Commercial Tobacco Control and Prevention Program partnered to host an exhibition booth at the 2017 American Indian Day at the New Mexico State Legislature. The theme of the event was “Partnering for a Better Tomorrow,” which brought together many different agencies working to improve the lives of tribal members.

The aim of the event, coordinated by the New Mexico Indian Affairs Department, was to welcome new tribally elected/appointed leadership

and introduce them to the New Mexico state legislature. The setting provides a space for exhibitors to network with new Tribal leadership and New Mexico State officials about current policies that impact tribes and tribal health priorities.

AASTEC's participation at this event focused on disseminating newly developed, tribal-specific education materials, including our elder fall prevention fact sheet, home modification checklist, updated tribal youth health risk behavior factsheets, as well as commercial tobacco prevention education materials and tribal-specific cancer factsheets.

“The event was a success. We engaged with Tribal and State leadership and discussed ongoing AASTEC projects. We were also fortunate enough to connect with the NM Department of Health's Suicide Prevention & Opioid Safety Programs and received information for the injury prevention resource guide we're currently developing. They said they were looking forward to seeing the finished product.”

—Jerrod Moore

Janna Vallo & Jerrod Moore hosting a booth at American Indian Day



Washoe Tribal Elder Center hosts Christmas luncheon for Elders

William Smokey & Kim Neiman, Washoe Tribal Health Clinic

On December 23, 2016 the Washoe Tribal Elder Center held their annual Christmas luncheon in Minden, NV. The Center sponsors the annual luncheon every year as a way for elders to socialize with each other and to enjoy some great food prepared by the Elder Center Staff from the Dresslerville and Carson Colony sites.

The event is well attended every year by Washoe Tribal Elders and families. This year it was also attended by Neil Mortimer, the Chairman of the Washoe Tribe, the Community Health Department Representative, public health nurses, and the Injury Prevention Program. And, of course, special guests Santa Claus



and an Indian Elvis impersonator also attended, providing ample entertainment (and gifts) for the Elders and their families.

The event began with nurses and the Community Health Department taking vital signs for elders who wanted a check up. Willie Smokey, Injury Prevention Coordinator, and Kim Neiman, Diabetes Director, circled the room with a falls risk questionnaire, asking the elders to answer questions about falls in the past year. Willie and Kim received 43 completed questionnaires. Of note, 24 of the 43 individuals surveyed noted at least one fall within the past year, with a handful with 3 or more falls. Most of the falls consisted of tripping over objects, missing steps, slips in the bathroom, and slipping on the ice, snow, and mud.

Before lunch began, Chairman Mortimer welcomed the Elders, and an Elder from the Tribe performed a prayer over the food and people. The lunch of roast beef, smashed potatoes and gravy, salad, dinner rolls, and pie for dessert was much enjoyed by the crowd.

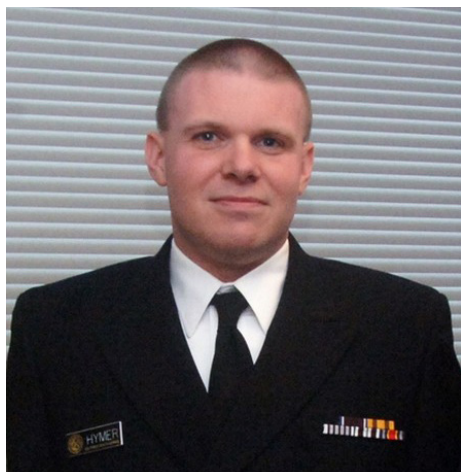
After dessert, the real entertainment started with Indian Elvis coming out

“The luncheon is looked forward to by many Elders and is a great event for not only the Elders, but also for all the staff and volunteers who make it such a success.”

—William Smokey

to boisterous applause. His act was full of many fan favorites, and, of course, his dance moves had the crowd loudly urging him on. Once the performance was done, Elvis was gracious enough to take pictures with the Elders and their families.

After Elvis left the building, Santa Claus, his helper, and his big bag of presents showed up to pass out gifts to very appreciative Elders. Even those who could not attend due to inclement weather received gifts that were delivered later. After Santa's visit, the raffle got under way. Gifts were donated by the Chairman's office and many departments throughout the Washoe Tribe. Three gift baskets donated by the Diabetes and Injury Prevention Programs were also raffled.



Getting to know a TIPCAP Project Officer

Jason Hymer serves as the IHS Project Officer for multiple TIPCAP sites in the Phoenix area

On life story and experiences:

Where are you from? What was it like growing up there?

I grew up near Verona, KY, which is about 45 minutes south of Cincinnati along the Ohio River. Verona is a tiny town with a flashing light, post office, and small store. I lived on a small farm and worked on my neighbor's dairy farm throughout my teenage years.

How did you end up working with TIPCAP?

My first assignment with IHS was as the Injury Prevention Manager for Norton Sound Health Corp in Nome, AK. That's where my passion for injury prevention started, and after 3 years in Nome, I moved to Reno, NV.

Did you have any key mentors who influenced who you are and what you're committed to in your work?

After my parents, I've been lucky enough to work with some great mentors throughout my career, including Dr. Larry Berger, Helen Stafford, CDR Ryan Hill, CAPT Kenny Hicks, and CDR Rob Mo-

rones. They all have had a hand in shaping my professional life.

On working with TIPCAP:

What is your role with TIPCAP?

I serve as the IHS project officer for 3 TIPCAP sites in Nevada: Washoe Tribe of NV & CA (Part I), Pyramid Lake Paiute Tribe (Part II), and the Reno-Sparks Indian Colony (Part II).

What's your favorite part of your job?

The opportunity to work with tribes and being involved with grassroots IP work that has a direct impact in their communities.

What's the most challenging part?

Helping tribal communities and leadership to buy-in to the idea that injuries are preventable with proven solutions that can save lives.

What's the most rewarding part?

Helping coordinators build, maintain, and sustain successful IP initiatives in their communities. It's been great to see tribes that have valued and sustained injury programs once TIPCAP funding ends.

I've also worked with TIPCAP coordinators who have gone on to do great things in the field of IP/public health in their post-TIPCAP lives.

On lessons learned:

What words of wisdom do you believe would be most helpful to TIPCAP grantees implementing IP programs in their local communities?

This work isn't always easy, and it can take some time to accomplish your goals. Persistence pays, and you will eventually find the right programs and partners to help you succeed.

What are the goals you most want this program to accomplish?

We've seen some decline in injury rates over the years, and programs like TIPCAP are very important to help continue that downward trend.

Do you have anything else you want to share with TIPCAP grantees?

It's always exciting to hear all of the great work going on in TIPCAP communities. Keep up the good work!

YOUR STORY HERE

Just imagine! This space could be filled with a story about the great injury prevention work that you're doing in your community

Remember, no story is too big or too small

Use the questions below to start thinking about how to frame your piece. Feel free to write your own narrative or answer the questions below and the CAIANH TIPCAP Monitoring Contract team will be happy to write it up with the information you provide.

Information for Newsletter Piece

- Who (who was involved from your team, what's their role in TIPCAP, who were the organizers/partners/speakers/participants, etc.)?
- When (when did this take place, is it an annual activity, will it happen again, etc.)?
- Where (where did it occur and, if applicable, who and what areas were affected)?
- What (specifically, what happened and how does it relate to your work as a TIPCAP grantee)?
- How (how did this come about, how is this relevant to other TIPCAP grantees)?
- Please provide a direct, personal quote about this activity/event/story:

We would love to hear from you!

Submit newsletter pieces or questions to Sara Mumby at sara.mumby@ucdenver.edu or 303-724-8766

Optional Questions

- What did you learn from this activity/event/story?
- What suggestions do you have for other TIPCAP grantees related to this activity/event/story?
- What are next steps after this activity/event/story?

In addition to your submitted piece, we'd love to have photos or visual components to accompany the story. Please provide the images along with release forms for anyone pictured.



TIPCAP Contract Team

Meet the new team members at the Centers for American Indian and Alaska Native Health (CAIANH) at the University of Colorado Denver



Emily Harkless, MPH

emily.harkless@ucdenver.edu

Emily graduated from the Colorado School of Public Health in 2015. During her time as a student she interned at CAIANH and worked on the cultural adaptation of a substance abuse prevention program. Shortly after graduating Emily gave birth to her first son and took some time off to care for him. She rejoined CAIANH in February 2017 as a part-time technical advisor for TIPCAP grantees. Emily also works as a paramedic on a local ambulance; this practical experience has given her a unique perspective on unintentional injury and a passion for injury prevention.

**Monitoring
Contractor**



Ann Johnson, MS

ann.johnson@ucdenver.edu

Ann graduated from the University of Colorado with a degree in Biometrics (also known as biostatistics) in the last millennium. Before her Master's degree, she worked in cytogenetics and water quality. After her degree, she worked for many years gathering and analyzing data on families affected by Polycystic Kidney Disease, and more recently, she directed the data management of IHS's Special Diabetes Program for Indians Diabetes Prevention Program and Healthy Heart Project. She joined TIPCAP in February 2017 as a part-time technical assistant for data management.

**Technical
Assistant for Data
Management**



Sara Mumby, BA

sara.mumby@ucdenver.edu

Sara graduated from the University of Colorado Boulder with a BA in English studies in 2010 and is currently pursuing her MA at the University of Colorado Denver. She worked at the University of Colorado School of Medicine since 2013 performing manuscript editing, graphic design, and website development. She joined CAIANH in December 2016 as the publication manager and media coordinator. Her role with TIPCAP involves newsletter design and website design.

**Publication
Manager & Media
Coordinator**

March

29

Building toward an Integrated Fall Injury Prevention Program in Tribal Communities

Wed., March 29

Webinar

3:00pm - 4:00pm EDT

with Dr. Bruce Finke, Nashville Area IHS



***Training and workshops will be held at:**

Nighthorse Campbell Native Health Building

University of Colorado Anschutz Medical Campus

13055 E. 17th Avenue, Aurora, Colorado

Lodging with available group rate at:**

SpringHill Suites Denver at Anschutz Medical Campus

13400 E. Colfax Avenue, Aurora, Colorado

(720) 859-1100

****Make your hotel reservation as soon as possible to get the group rate**

April

25

IHS Project Officer Training*

Tues., April 25

Project Officer Training

8:00am - 5:00pm MDT

26-27

2017 Annual TIPCAP Workshop–Part I Sites*

Wed., April 26

Workshop Day One

8:00am - 5:00pm MDT

Thurs., April 27

Workshop Day Two

8:00am - 5:00pm MDT

Save the Date



Lifesavers Conference *National Conference on Highway Safety Priorities*

March 26–28, 2017, Charlotte, North Carolina

<http://lifesaversconference.org/>

Intermediate Injury Prevention Course *Environmental Health Support Center*

May 2–4, 2017, Scottsdale, Arizona

<https://www.ihs.gov/injuryprevention/training/>

John Hopkins Summer Institute *Principles & Practice of Injury Prevention*

June 5–8, 2017, Baltimore, Maryland

<http://www.jhsph.edu/research/centers-and-institutes/johns-hopkins-center-for-injury-research-and-policy/training-and-education-core/summer-institute/>

KIDZ in Motion Conference *Annual National Child Passenger Safety Conference*

Aug. 30–Sept. 2, 2017, Broomfield, Colorado

<http://www.kidzinmotion.org/>

Injury Prevention & Safety



Instructional Resources

Policy Development, Social Planning, & Coalition Building

<http://ctb.ku.edu/en/toolkits>

This toolkit provides guidance for bringing about policy change in organizations and communities through social planning and coalition building

Utilizing Epi Info for Recording Data

<https://www.cdc.gov/epiinfo/index.html>

Epi Info is a free software package developed by the CDC to provide easy data entry, database construction, data analysis, and reporting capabilities

Zoom Conference Calling <https://support.zoom.us/hc/en-us/sections/201740096-Training>

The monitoring contractor will be using Zoom, an online video conference software, for all conference calls. Zoom offers easy-to-follow tutorials

Organizations with Practice-Oriented Information

Safe States Alliance <http://www.safestates.org>

A national nonprofit alliance whose mission is to strengthen the practice of injury and violence prevention, their website provides many tools for injury prevention professionals

Prevention Institute <https://www.preventioninstitute.org>

A nonprofit organization that provides tools and frameworks, offers training and technical assistance, and helps with policy change and guiding partnerships in the community

Children's Safety Network <https://www.childrenssafetynetwork.org>

An organization that works with state, territorial, and local entities to create safe environments for youth; their website has state-specific fact sheets and resources on injury prevention topics such as suicide prevention, bike safety, and child passenger safety

Centers for Disease Control and Prevention <https://www.cdc.gov/injury/>

The CDC injury prevention website offers up-to-date data and statistics, publications, injury prevention topics and guidance, and policy information

World Health Organization http://www.who.int/violence_injury_prevention/en/

An international public health agency, their website offers data, fact sheets, publications, and other injury prevention resources

Alaska Area

TIPCAP Grantee	Part	Project Officer
Bristol Bay Area Health Corp Kurt Buttelmann kButtelmann@bbahc.org	Part II	Elisa Bruns Elisa.Bruns@ihs.gov

Albuquerque Area

TIPCAP Grantee	Part	Project Officer
Albuquerque Area Indian Health Board Jerrod Moore moore@aaihb.org	Part I	Jerry Lee Jerry.Lee@ihs.gov
Pueblo of Jemez Antonio BlueEyes Antonio.BlueEyes@jemezpuablo.us	Part II	Jerry Lee Jerry.Lee@ihs.gov

Bermidji Area

TIPCAP Grantee	Part	Project Officer
Fond du Lac Band of Lake Superior Chippewa KaRee Lockling Kareelockling@fdlrez.com	Part II	William Crump William.Crump@ihs.gov
Ho-Chunk Nation Candice Green Candice.Green@ho-chunk.com	Part II	William Crump William.Crump@ihs.gov
White Earth Band of Chippewa Indians Cyndy Rastedt Cyndy.Rastedt@whiteearth-nsn.gov	Part II	William Crump William.Crump@ihs.gov

Billings Area

TIPCAP Grantee	Part	Project Officer
Blackfeet Tribe Debbie Whitegrass Bullshoe DebbieWhitegrassBullshoe@yahoo.com	Part I	Darcy Merchant Darcy.Merchant@ihs.gov
Rocky Mountain Tribal Epi Center Jordan Vandjelovic Jordan.Vandjelovic@rmtlc.org	Part I	Darcy Merchant Darcy.Merchant@ihs.gov

California Area

TIPCAP Grantee	Part	Project Officer
California Rural Indian Health Board Julie Villa Julie.Villa@crihb.org	Part II	Molly Madson Molly.Madson@ihs.gov
Indian Health Council, Inc. Rick Romero RRomero@indianhealth.com	Part II	Brian Lewelling Brian.Lewelling@ihs.gov

Great Plains Area

TIPCAP Grantee	Part	Project Officer
Great Plains Tribal Chairmen Gina Johnson Gina.Yelloweagle@gptchb.org	Part II	Terrold Menzie Terrold.Menzie@ihs.gov
Winnebago Tribe of NE Jennifer Straub Jennifer.Straub@ihs.gov	Part I	Chris Allen Chris.Allen@ihs.gov

Oklahoma Area

TIPCAP Grantee	Part	Project Officer
Choctaw Nation of Oklahoma Keosha Ludlow Keosha.Ludlow@choctawnation.com	Part II	David Hogner David.Hogner@ihs.gov
Ponca Tribe of Oklahoma Jocelyn Jackson Jocelyn.Jackson2@ihs.gov	Part I	James Isaacs James.Isaacs@ihs.gov
Wichita and Affiliated Tribes Tiffany Lonewolf Tiffany.Lonewolf@wichitatribe.com	Part II	Katie Tompkins Katie.Tompkins@ihs.gov

Phoenix Area

TIPCAP Grantee	Part	Project Officer
Ak-Chin Indian Community Marc Matteso MMatteso@ak-chin.nsn.us	Part II	Rob Morones Robert.Morones@ihs.gov
Gila River Indian Community Verena Jackson Verena.Jackson@gric.nsn.us	Part II	Rob Morones Robert.Morones@ihs.gov
Pyramid Lake Paiute Tribe Carla Molino Carla.Molino@ihs.gov	Part II	Jason Hymer Jason.Hymer@ihs.gov
Reno-Sparks Indian Colony Valentine Lovelace VLovelace@rsicclinic.org	Part II	Jason Hymer Jason.Hymer@ihs.gov
Salt River Pima-Maricopa Indian Monte Yazzie Monte.Yazzie@srpmic-nsn.gov	Part I	Rob Morones Robert.Morones@ihs.gov
Washoe Tribe of NV and CA Kim Neiman Kim.Neiman@washoetribe.us	Part I	Jason Hymer Jason.Hymer@ihs.gov

Portland Area

TIPCAP Grantee	Part	Project Officer
NW Portland Area Indian Health Board Luella Azule LAzule@npaih.org	Part II	Matthew Ellis Matthew.Ellis@ihs.gov

Tucson Area

TIPCAP Grantee	Part	Project Officer
Pascua Yaqui Tribe Feliciano Cruz Feliciano.R.CruzJr@pascuayaqui-nsn.gov	Part II	Martin Smith Martin.Smith@ihs.gov

TIPCAP Contract Monitoring Team

Emily Harkless	Emily.Harkless@ucdenver.edu	303-724-0734
Ann Johnson	Ann.Johnson@ucdenver.edu	303-724-0691
Spero Manson	Spero.Manson@ucdenver.edu	303-724-1444
Sara Mumby	Sara.Mumby@ucdenver.edu	303-724-8766
Carol Runyan	Carol.Runyan@ucdenver.edu	303-724-6499
Jenn Russell	Jenn.Russell@ucdenver.edu	303-724-1422
Lorann Stallones	Lorann.Stallones@colostate.edu	970-491-6156