



TIPCAP NEWS

June 2018

Newsletter for the Tribal Injury Prevention Cooperative Agreement Program (TIPCAP)



Yá'át'ééh (greetings) and welcome to this edition of TIPCAP news!

As a Dine' from the Navajo Nation a proper introduction is in order. My name is Holly Billie. I am of the Water's Edge Clan (Tábaqhá) and born for Red Running into the Water (Táchii'nii) clan. My maternal grandparents are of the Red House (Kinlichí'nii) clan and paternal grandparents are of the Salt Water (Tódik'ózhí) clan. I'm honored to serve as the new IHS Injury Prevention Program Manager.

With former IP Program Manager Nancy Bill's recent retirement, it is now my responsibility to lead and guide TIPCAP. Many thanks to Nancy for leading TIPCAP for 14 years and warm wishes are offered as she returns to her homeland, the Navajo Nation.

It has been a time of transition and change for TIPCAP! The renewed focus on evaluation of programs by standardizing data collection and reporting has been a challenge for some, but I believe it will increase our ability to demonstrate the worth and impact of TIPCAP. I express my gratitude for the patience of coordinators, project officers, and the team from the Centers for American Indian and Alaska Native Health as templates were developed, tested, and implemented.

This is also an exciting time, about halfway through the 5-year funding period, when coordinators are realizing the fruits of their labor. I've enjoyed learning about the projects and programs and recognized the great work is paying off in increased local capacity through training, strong partnerships, and confidence in implementing interventions that work. It's wonderful to see passionate, capable, and caring people helping to make a difference in their own communities, and I feel privileged to be part of the effort. Keep up the great work!

Holly Billie

Injury Prevention Program Manager
Indian Health Service
Holly.Billie@ihs.gov

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Apache Tribe of Oklahoma partners with community to train CPS Technicians

The Apache Tribe coordinated, hosted, and co-instructed their second National Certification Child Passenger Safety Technician (CPST) class in January at the Caddo Kiowa Technology Center. There were 14 attendees comprising from various tribal/state organizations, law enforcement agencies, Indian Health Service, and Oklahoma State Health Department. The Technology Center provided a great facility to host the CPST certification class for our community. The Safe Kids Oklahoma Coalition supported the Apache Tribe Injury Prevention Program by taking the lead instructor role and providing additional instructors for the class. In addition to the course at the Caddo Kiowa Technology Center, the Apache Tribal TIPCAP coordinator, Toni Short, co-instructed a class in November in Piedmont, OK attended by 9 fire fighters and one fire chief.

Toni has had requests for additional CPST classes and plans to conduct another course in the first quarter of the fiscal year. Also, Apache Tribe Injury Prevention is coordinating a summer training (Operation Kids: The Next Generation – Basic Awareness Course) for the Washita Valley Head Start. The course was developed

by the National Safety Council and the National Highway Traffic Safety Administration to build awareness of child passenger safety and the importance of making child passenger safety enforcement and education a routine part of the daily duties of police officers as well as health care, EMS, fire, and rescue personnel, and child care providers. Participants learn how critical their role is in promoting child passenger safety and learn to become more effective child passenger safety advocates and educators. Class participants enhance their knowledge of the resources available for child passenger safety, including information sources, materials, and public assistance programs. This course also introduces the certification class if they should decide to get certified.

CPST Certification is always an eye-opener for participants who take this class. We get feedback letting us know that they didn't realize there was so much that goes into the child passenger safety seats and the possible injury to a child that will occur when a child is not restrained properly. Some participants that have children are surprised in how they were transporting their own child unsafely

“ I recommend working with partners like law enforcement officers. Some may get CLEET hours by getting CPS certified. And get with your State Highway Safety Office to see if they have funds to get the officers certified.

— Toni Short, TIPCAP Coordinator

related to proper installation, selecting a safe location in a vehicle, and correct belting/harnessing. Upon completing the course, law enforcement officers know what to look for when they stop vehicles that go through checkpoints and have learned that they can write tickets to keep a child restrained by law. If they have caregivers that can't afford a car seat, they will refer them to us or other tribal injury prevention programs such as the Wichita Tribes' or Comanche Tribes'. Teamwork between the Apache Tribe and Wichita and Comanche Tribes is an important part of our IP efforts. We all have one goal: protecting and safely transporting our NA/AN children. We also work to cover others in our community through partnerships with organizations like Safe Kids Oklahoma, who will bring car seats for non-natives during our events.



Marc Matteson works to decrease injury from MVCs in the Ak-Chin Indian Community

The Ak-Chin Indian Community Injury Prevention Program aims to decrease childhood injuries due to motor vehicle crashes. Marc Matteson, the Health Education Manager with the Ak-Chin Indian Community, initiated the Ak-Chin Child Passenger Safety Project to build a comprehensive child passenger program that includes an inventory of local safety seat technicians, distribution programs, data to determine misuse and usage rates, community education, and evaluation measures.

Marc's project encompasses three major approaches—increasing community awareness through media outlets, assessing past and current child safety seat distribution procedures, and quantitative and qualitative collection of data. Marc partnered with the Ak-Chin Library and the seat-belt campaign group to create a three minute video to encourage local youth to buckle up. The [video is available](#) to play on all media outlets which include the Community's home page and Facebook page. Other outlets include community gatherings, organized car seat distribution and check-up events, as well as referral appointments.

In 2009, in partnership with IHS Division of Environmental Health Services, Arizona Department of Health Services, and Safe Kids Arizona, a Child Passenger Certification Technician course was sponsored by the Ak-Chin Indian Community Police Chief. The course was well-attended by child passenger safety advocates from six different agencies. Along with the certification course the Community hosted a car seat event where a total of 14 vehicles were seen, and about half of the car seats inside the vehicles were not properly installed. Since 2014, the fire



Ak-Chin Fire Department staff assist in teaching parents about proper car seat installation

department within the Ak-Chin Indian Community has had a steady cadre of technicians and has a distribution program accessible to eligible community members.

In order to collect child passenger safety and community knowledge data, Marc conducted interviews with the Ak-Chin Judge and the Ak-Chin Safety Manager. To get a better understanding of the community knowledge and attitudes, child passenger safety surveys were distributed during special community gatherings like the annual Easter picnic. Other data collection included over 180 child passenger safety seat use observations. Data compiled during the observation period showed a 75% restraint use. Responses from the surveys showed 95% support for

a seat belt law as well as strong support from the Ak-Chin Safety Manager during the interview process. Data was collected with assistance from Indian Health Service personnel from several events and locations within the community.

Presently, the state of Arizona does not have a primary enforcement law governing the use of safety belts for children eight years and under. Next steps for Marc include proposing and implementing a primary occupant restraint enforcement law for the Ak-Chin Indian Community.

For more information about Marc's efforts, you can contact him at mmatteso@ak-chin.nsn.us.

Blackfeet Injury Prevention hosts National Child Passenger Safety Technician Training

Dorothy Still Smoking, Blackfeet Tribe

Twelve participants completed the National Child Passenger Safety Technician Training held May 1-4, 2018 in Browning, MT. The training was sponsored by the Blackfeet Injury Prevention Program, directed by Ms. Debbie Whitegrass Bullshoe, and the Montana Department of Transportation, who was represented by Sheila Cozzie, Transportation Planner/Cultural Liaison. All training activities took place in the Blackfeet Nation Arbor.

Two national instructors traveled from Window Rock, AZ to teach the class. Ms. Norma Bowman, the lead trainer, is currently Program Manager of the Navajo Department of Highway Safety (NDHS). Ms. Bowman has been conducting trainings for more than 20 years in many injury prevention areas, including trainings for Child Passenger Safety Technicians, Occupant Protection, Distracted/Impaired Driving Awareness, and Teen Driving. She is also the coordinator for TIPCAP at NDHS. Mr. Brian James was also an instructor for the training course. Currently, Mr. James is an office aid with the NDHS. He has been doing training in this field for more than 12 years. Both instructors were native to the Navajo Nation and shared a wealth of information from their perspective.



From left: (front row) Debbie Whitegrass Bullshoe, BIP Coordinator; Lynn Madplume; Eileen Henderson; Bill Spotted Eagle; Stella No Runner; Lisa Aimsback; (back row) Brian James, CPS Instructor; Tom McLean; K. Webb Galbreath; Samuel Aimsback; Virgil Last Star; and Carrie Iron Shirt. Not Pictured: Karrie Monroe; Kandis Talks Different; and Norma Bowman, CPS Lead Instructor.



From left: Eileen Henderson (participant); K. Webb Galbreath (participant); Neil Rides At The Door (parent), Bill Spotted Eagle (participant); Artallia Rides At The Door (child), and Kendra Bullshoe (parent).

continued on next page



Left: Participants Carrie Iron Shirt, Lisa Aimsback, and Kandis Talks Different. Right: Brian James, CPS Instructor; Debbie Whitegrass Bullshoe, Blackfeet IP Coordinator; and Norma Bowman, CPS Lead Instructor.

(continued) Blackfeet Injury Prevention hosts National Child Passenger Safety Technician Training

Prior to the National Child Passenger Safety Technician training, only three people in the community were certified. The twelve newly certified technicians will add to the pool. The National Child Passenger Certification Training program is a partnership between three organizations: National Highway Traffic Safety Administration (NHTSA), National Child Passenger Safety Board (NCPSPB), and Safe Kids Worldwide and they work by “saving lives, preventing injuries, and reducing traffic crash costs through education, research, safety standards and enforcement activities.”

The newly certified technicians provided great feedback on the training. When asked to write what they most

appreciated or enjoyed, one said, “Native teaching natives!”, while another participant reacted that “working as groups, skills test” and “hands-on was the best way I felt that I learned more.” One participant described the training as “very informational. It was enjoyable. They had my attention all the way through.” The instructors were highly praised as very warm and friendly, and both were very knowledgeable about the course topic and were very helpful and encouraging.

The last day of the training allowed trainees to conduct a final hands-on skill test by assisting parents in installing their car seats. This 2-hour event allowed the community to obtain a car seat for their child. In total,

24 car seats were installed. Before installing a car seat, the parents were instructed to read the vehicle’s manufacturer instructions in the vehicle’s owner’s manual, especially the section on car seats. Parents and caregivers learned how to safely install and buckle their child according to height, weight, and age.

For more information about Blackfeet Tribe’s IP work or the National Child Passenger Safety Technician Training, contact Debbie Whitegrass Bullshoe at dbullshoe@blackfeetnation.com.

TIPCAP NOTICE BOARD

Important Reminders from IHS TIPCAP and the Monitoring Contractor

SEMI-ANNUAL REPORT FY2018 / ANNUAL REPORT FY2018			
IP PROGRAM: CAIANH Elder Fall Prevention Program	TYPE OF PROGRAM: <input checked="" type="checkbox"/> Part I <input type="checkbox"/> Part II FY15-20 <input type="checkbox"/> Part II FY17-20	CURRENT REPORTING PERIOD: Annual 3/1/2018 – 8/31/2018	
REPORT COMPLETED BY: Emily Harkless	DATE SUBMITTED TO GRANTSOLUTIONS.GOV: 11/29/2018	REPORT REVIEWED BY PROJECT OFFICER: John Doe <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
HIGHLIGHTS FROM REPORTING PERIOD Semi-Annual: <ul style="list-style-type: none"> Conducted two 8-week Matter of Balance Courses with an average of 10 participants in the first course and 11 in the second course Conduct Tai Chi every Wednesday before lunch at the senior center, regularly have at least 10 participants Completed 15 home assessments, currently 10 have received modifications Conducted 10 follow up assessments and have 0 reported falls since modifications were completed 			
Annual: <ul style="list-style-type: none"> Balance testing before and after A Matter of Balance courses shows an overall increase in participant balance Conducted two 8-week Matter of Balance Courses and a weekly Tai Chi course Pre/post fall risk questionnaires show a decreased fear of falling Provided home modifications to the 5 remaining homes assessed in last reporting period Completed 33 more home assessments; currently 25 have received modifications Conducted 30 follow-up home assessments (5 and 25), and have 0 reported falls since the modifications were completed 			
OBJECTIVE 1: By the end of year 5, decrease by 15% (80 to 68) the number of hospitalizations due to falls in adults age 55+ years residing in the Aurora Senior Village			
FOR ANNUAL REPORT ONLY	Objective is (mark one): <input type="checkbox"/> Met <input type="checkbox"/> Unmet <input checked="" type="checkbox"/> Partially met Supporting Statement: In 2015 there were 80 falls resulting in hospitalizations; in 2017 there were 72 falls resulting in hospitalizations. This trend indicates that by the end of year 5, in 2020, there will be less than 68 falls resulting in hospitalizations. (No 2018 data are available at this time.)		
Activities	Action Steps	Progress/Challenges	Evaluation Elements
1.1 Provide balance and	1. Train instructors - Schedule Tai Chi training for staff - Schedule A Matter of Balance Training	Progress: - Recruited trained instructors (1 Tai Chi; 2 Matter of Balance)	

New Progress Report Templates

Date of Release: May 4, 2018

When to Start Using:

Semi-Annual Reporting: For Annual Report due November 30, 2018

Quarterly Reporting: For Q4 Report due July 31, 2018

“How to Use” Webinar:

June 20, 2018 at 12:00 PM MDT

<https://ucdenver.zoom.us/j/944802876>

Data Collection Spreadsheets

Date of Release: May 4, 2018

When to Start Using: **NOW!**

Semi-Annual AND Quarterly Reporting submit with next progress reports

“How to Use” Webinar:

June 20, 2018 at 12:00 PM MDT

<https://ucdenver.zoom.us/j/944802876>

Program/Project Name:		If an activity was not part of your work plan for the time period, leave blank.							
Date Summary Submitted:		If the activity was done in the time period but the data are not available, leave blank.							
Fall Risk Assessments and Services (by program staff)		Y1		Y2		Y3		Y4	
		Sep. 2015 Feb. 2016	March 2016 Aug. 2016	Sep. 2016 Feb. 2017	March 2017 Aug. 2017	Sep. 2017 Feb. 2018	March 2018 Aug. 2018	Sep. 2018 Feb. 2019	March Aug.
1) Fall Risk Assessments	# of participants assessed for fall risk: # of participants with history of falling in previous year: # of participants worried about falling or feeling unsteady when standing or walking: # of participants receiving medication review: # of participants receiving vision screening: # of home assessments conducted: # of homes with modifiable hazards: # of modifiable hazards identified:								
2) Services Provided (including classes)	# of participants receiving referral for vision treatment: # of participants receiving vision treatment: # of homes provided with a ramp: # of homes provided with hand rails for stairs: # of homes provided with bathroom grab bars: # of homes provided with floor safety improvements: # of homes provided with lighting safety improvements: # of homes provided with other improvements:								
3) Matter of Balance Classes	# of participants enrolled: # of class sessions offered: # of participants attending each class (mean): # of incentives given for class attendance: # of participants w/ pre and post MDS survey: # of participants w/ improvement in falls management: # of participants w/ improvement in concern about falling: # of participants w/ improvement in exercise frequency:								
4) Exercise Classes	type of class (Tai Chi, yoga, etc.): # of participants enrolled: # of class sessions offered: # of participants attending each class (mean): # of incentives given for class attendance: # of participants w/ pre and post balance testing: # of participants with improvement in TUG test: # of participants with improvement in Chair Stand test: # of participants w/ improvement in 4-stage balance: # of participants suffering a fall during the time period between the pre-class balance testing and the last class attended or post-class balance testing (falls before is better):								

Sign up for Injury Prevention LISTSERV! By signing up, you'll receive program updates and resources relevant to American Indian/Alaska Native communities.

https://www.ihs.gov/listserv/topics/signup/?list_id=355



Pueblo of Jemez's funding, collaboration, and sustainability efforts

Antonio Blueeyes, Injury Prevention Technician,
Pueblo of Jemez Injury Prevention Program

The Jemez Pueblo Injury Prevention Program first received IHS TIPCAP funding in the late 1990s. This funding covered the IP coordinator position and part of the support staff. When Part I Program funding ended, the IP program enjoyed strong sustainability when Jemez tribal government chose to cover 100% funding for two IP positions. The Injury Prevention Program has fostered a great working relationship and continues to garner support from local tribal government. This support has contributed to the continuing high level of seat belt use (95%) and car seat use (85%) in the Jemez Pueblo.

The program now receives Part II Project funding and conducts the following injury prevention activities and collaborations:

- **Occupant Restraint**—Community education, enforcement, and car seat education/installation/distribution. These activities are done through partnerships with the police department, schools, CHRs, Head Start, the senior center, EMS, health centers (Prenatal, WIC), as well as conducted on a one-on-one basis in the office setting.
- **Pedestrian Safety**—Education efforts within schools and tribal planning and development efforts (e.g., safe routes to school, safety signage, speed limit signage).
- **Elder Falls**—Elder patient assessments, drug take-back program, vision screening, senior fitness walks program, and home inspections and repairs with installations of grab bars, ramps, safety seats, and night lights. Collaborators include housing, senior program, CHRs, PHN, social worker, medical staff, and tribal police department.
- **School-based Language Immersion Safety Trainings** (presentations provided to children in Towa language)—Bicycle safety, school bus safety, child restraint safety, fire prevention, playground safety, animal safety, stranger danger, poison prevention, and water safety.

For more information about Pueblo of Jemez's sustainability and collaboration efforts, contact Antonio at Antonio.Blueeyes@jemezpueblo.us.

Wichita Tribe IP Program teaches parents the importance of proper safety seat installation

On May 17, 2018 the Wichita and Affiliated Tribes Injury Prevention Program hosted a car seat check event to show caregivers how to properly install car seats and check those already installed. The event was the result of a partnership between the Wichita IP Program and Washita Valley Head Start, who has a 70% Native American enrolled population. The event aimed to provide car seat safety education for the Head Start families in order to increase car seat use and to serve as a checkpoint to ensure that car seats already installed were done so properly.

Tiffany Lonewolf, Wichita Injury Prevention Coordinator, organized the event and coordinated the support of other IP professionals in the community. Katie Tompkins and David Bales, both TIPCAP Project Officers with IHS, assisted as technicians. Five technicians from Safe Kids of Oklahoma, one technician from Comanche Nation Injury Prevention, and two technicians from Southern Plains Law Enforcement assisted in performing car seat checks and one-on-one education. Antoinette Short, a CPS instructor from the Apache Tribe Injury Prevention Program also assisted.

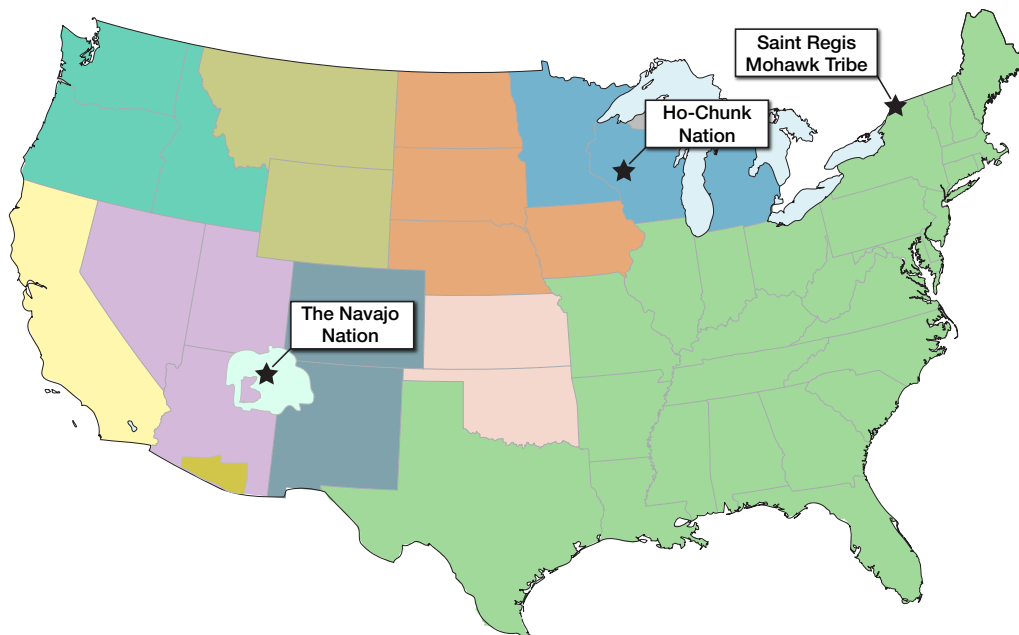
A total of 15 families attended the event, with 23 car seats checked, fitted, or installed. The Wichita Injury Prevention Program provided 16 new car seats to the families and SafeKids Worldwide provided two.

Future partnership activities with Washita Valley Head Start will include additional car seat check and education events in Fall 2018 and Spring 2019. The Wichita IP Program also plans on hosting a CPS technician certification class in the future for staff of the Washita Valley Head Start and the Wichita Child Development Center.



Part II conference call highlights

We're highlighting three TIPCAP sites who recently updated us on the amazing work they're doing when we met with them during their annual conference calls. Contact them to learn more about their programs and injury prevention efforts.



Pam Thunder is the Tribal IPP Administrator of the Ho-Chunk Nation Injury Prevention Program. Until recently, the program has been strictly focused on child and passenger restraints through education, enforcement, and raising awareness via mass media campaigns. However, their focus has evolved to include distracted driving prevention efforts. Ho-Chunk Nation was previously conducting randomized seat belt observations at 12 different sites each year and car seat observations at 46 different sites each year. The results of these observations indicate that their efforts have been quite successful in increasing seat belt and car seat use. For example, from 2005-2017, they observed an increase in car seat usage from 45% to 83%! Similarly, seat belt usage since 2005 increased from 50% to over 70%. In addition, Ho-Chunk Nation IPP conducted a comprehensive review of crash data and found that crash fatalities due to alcohol and drug use were lower than the national average; however, injuries due to inattentive driving were high. In the five counties the IPP works with, there were 1,808 injuries and 37 deaths from 2012-2016. Therefore, the program has begun to focus on the pressing issue of distracted driving. The IPP plans to use the crash reports as a baseline each year for comparison to measure the success of their distracted driving prevention efforts. For more information on how to use crash data to inform IP efforts or distracted driving curricula, contact Pam.

Ho-Chunk Nation

Pam Thunder

[Pam.Thunder@
ho-chunk.com](mailto:Pam.Thunder@ho-chunk.com)

Part II conference call highlights

The Navajo Nation

Norma Bowman

[nbowman@
navajodot.org](mailto:nbowman@navajodot.org)

Norma Bowman is the Program Manager at the Navajo Department of Highway Safety (NDHS) Program. The continued focus of NDHS is to provide highway safety awareness, education, car seats, and more in order to decrease the number of motor vehicle-related unintentional injuries and deaths among community members in the Navajo Nation. Norma has been very successful in her partnership with local law enforcement. She collaborates with law enforcement to hold checkpoints for both child passenger seats and seat belts. At these checkpoints, when officers find that a driver is not following the laws, they provide the driver the option of receiving education on seat belts and/or child passenger safety seats or being issued a citation. The IPP also collaborates with law enforcement on a district-level to get motor vehicle crash data. Norma and her team help to map the data and perform analyses that can be shared with the districts. Furthermore, the police academy on the Navajo Nation just reopened, and Norma's team is collaborating with the captain to hold a one-day Safe Native American Passenger (SNAP) course for officers in the academy. For more information on this exemplary strategy for partnering with law enforcement, contact Norma.

TIPCAP Project Administrator Lynne Thompson oversees a comprehensive elder fall prevention program for the Saint Regis Mohawk Tribe in Akwesasne, New York. Her program is unique in that she collaborates with the existing home health program and can utilize the program's 12-15 full-time home health aides. The aides are available 7 days a week from 8 am-5 pm, providing ample opportunities for scheduling home visits with community elders. Each year the home health aides visit approximately 90 elders' homes and spend up to 4 hours per visit with them. In addition to routine medical screening and care, the aides conduct home assessments to identify fall hazards and needed modifications. To boot, all home health aides are trained in Matter of Balance, so when elders are identified as a fall risk, the aides will initiate a Matter of Balance course that is tailored for the specific individual in the home. A visiting nurse practitioner will also conduct balance testing and home assessments whenever possible. Lynne oversees these activities and tracks medication reviews and home modifications. For more information on the fall prevention program at Saint Regis Mohawk Tribe, you can contact Lynne.

St. Regis Mohawk Tribe

Lynne Thompson

[lynnet@regis.nashville.
ihf.gov](mailto:lynnet@regis.nashville.ihf.gov)



Recognition Corner



TIPCAP Coordinators Monte Yazzie, Teri De La Cruz, and Jerrod Moore become certified CPS instructors!



Monte Yazzie

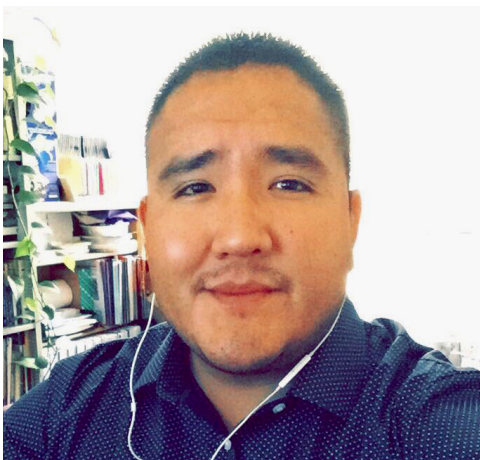
Salt River Pima-Maricopa Indian Community

"Becoming an instructor has provided me the opportunity to share the transportation safety knowledge that I have been privileged with over the past three years. Sharing the knowledge of safety, even for a brief moment, can have a powerful effect on someone. An effect that can save a life. Knowledge is such a valuable tool. Being able to utilize that knowledge to help strengthen prevention efforts, establish efficacy in program curriculum, and provide clear and efficient communication with Community members will help in decreasing injuries associated with child passenger safety."

Teri De La Cruz

Gila River Indian Community

"I decided to become a CPS Instructor because I knew how much it was needed for our Community and how much of a help it would be to keep our current and future techs certified. The process for becoming certified included applying for instructor candidacy, and then, once approved, I was assigned a mentor to help get ready to teach a CPS technician certification course. Yomaira Diaz-Castillo from Arizona Department of Health Services was my mentor through this process, and she was just a huge help. She answered my questions and guided me when I was teaching my certification course."



Jerrod Moore

Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC)

"Through a gap analysis conducted with TIPCAP funding, I identified that programs and communities wanted to maintain CPS Technician certifications while continuing to host car seat clinics and inspection stations. In the beginning, only Jerry Lee (IHS Injury Prevention Specialist) was serving as the CPS Instructor for all 27 tribes in the Albuquerque Area. AASTEC decided to partner with the Navajo Nation Dept. of Transportation to add an additional two instructors to the area. Now, myself and Travis Bowser (IHS District Environmental Health Officer) can conduct this work in our communities. Just a week after becoming an instructor, I was already out working alongside community members and tribal law enforcement signing off on car seat installations."

Please help us congratulate these IP experts for striving to educate others on the importance of child passenger safety.

Highlights from the annual TIPCAP Workshop for Part I Programs

Jenn Russell, Project Director, Monitoring Contractor at CAIANH

The 2018 TIPCAP Workshop for Part I Programs was held at IHS in Rockville, Maryland on April 18 and 19. The agenda was packed full of noteworthy sessions, including topics such as obtaining injury data and implementing local-level IP policy. The workshop also included a wonderful poster session where the Part I Coordinators had the opportunity to highlight their work. Outside presenters such as Cynthia LaCounte from the Administration on Aging, Office for AI/AN/NH Health, and Sheel Pandya, Emily Samuel, and Morag MacKay from SafeKids Worldwide presented information on their programs and provided resources to assist the Part I Coordinators with their local IP efforts. The agenda also included time to review

the new data reporting spreadsheet and progress report templates and working sessions to practice using them.

Also during the workshop, we had an opportunity to celebrate the work of Nancy Bill before her retirement this June. Holly Billie put together a great slideshow, and we had cake to celebrate Nancy and her many accomplishments in injury prevention throughout Indian Country over the span of her 30 years of service. We also had the opportunity to watch Nancy demonstrate her mastery in Tai Chi. Nancy has been passionate about practicing Tai Chi for many years and to see her demonstrate her technique and form was enjoyable and impressive.

The poster session was a huge success! Part I Coordinators set up their posters in the forum of the IHS building and drew a big audience, including many IHS leadership, such as Acting Director RADM Weahkee; Chief Medical Officer RADM Michael Toedt, MD; and Office of Environmental Health and Engineering Director Gary J. Hartz, PE. The Coordinators did an excellent job fielding questions from the attendees and had meaningful conversations about the work they are doing under TIPCAP.

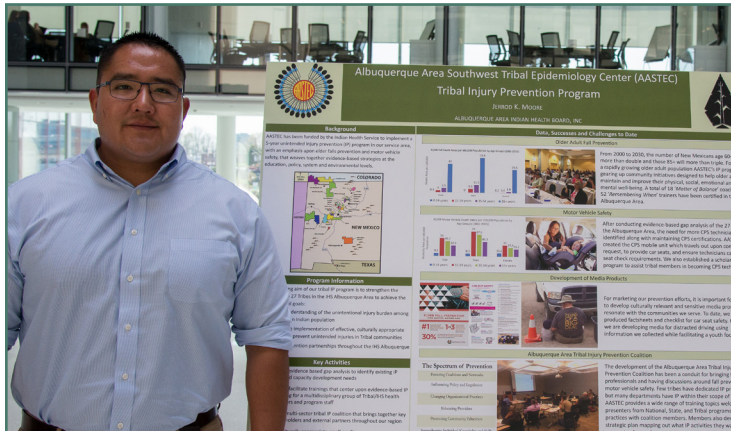
Congratulations to all of the Part I Program Coordinators, Project Officers, facilitators, presenters, and others who assisted in making the workshop a success!



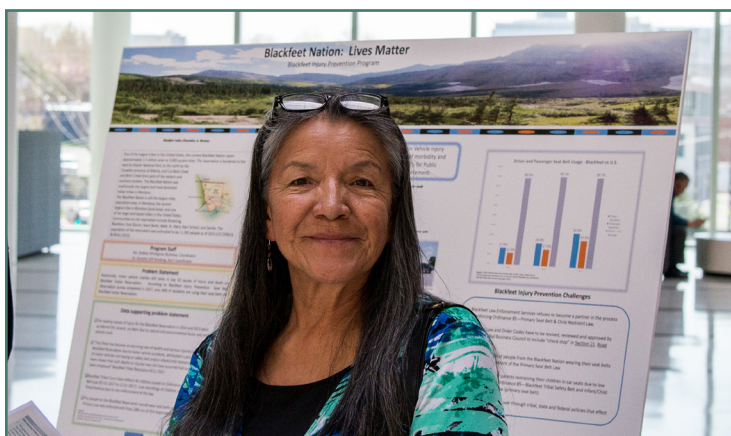
Photo credit: Tim Wildcat

From left: Jordan Vandelovic (Rocky Mountain Tribal Epidemiology Center), Jennifer Straub (Winnebago Tribe of Nebraska), Jocelyn Jackson (Ponca Tribe of Oklahoma), James Isaacs (Project Officer, OKC Area), RADM Michael Weahkee (IHS Acting Director), CDR Rob Morones (Project Officer, AZ Area), Debbie Whitegrass Bullshoe (Blackfeet Tribe), Jerrod Moore (Albuquerque Area Southwest Tribal Epidemiology Center), Monte Yazzie (Salt River Pima-Maricopa Indian Community), Tim Wildcat (Project Officer, Great Plains Area), Dorothy Still Smoking (Blackfeet Tribe), Brittany Williamson (Washoe Tribe of Nevada & California), Kim Neiman (Washoe Tribe of Nevada & California), and CAPT Holly Billie (IHS Injury Prevention Program Manager).

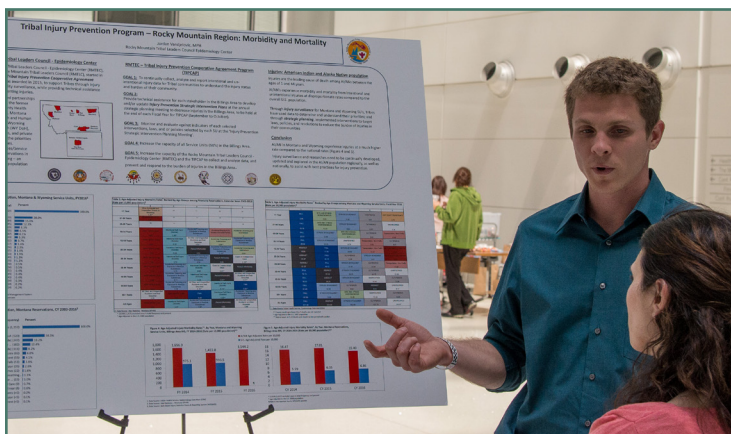
2018 TIPCAP Workshop Poster Session



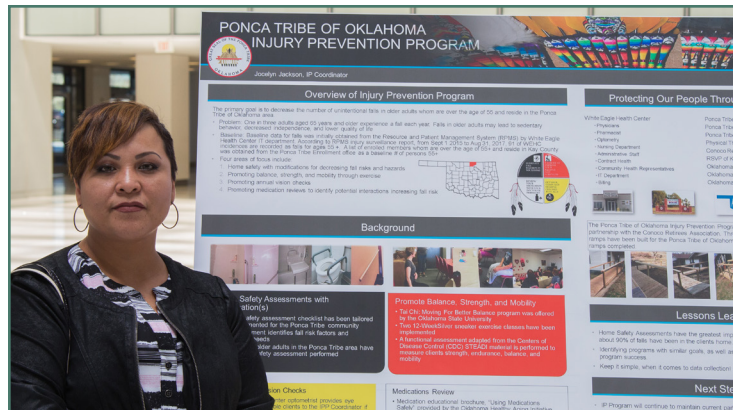
Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC),
Presenter Jerrod Moore



Blackfeet Tribe, Presenter Debbie Whitegrass Bullshoe



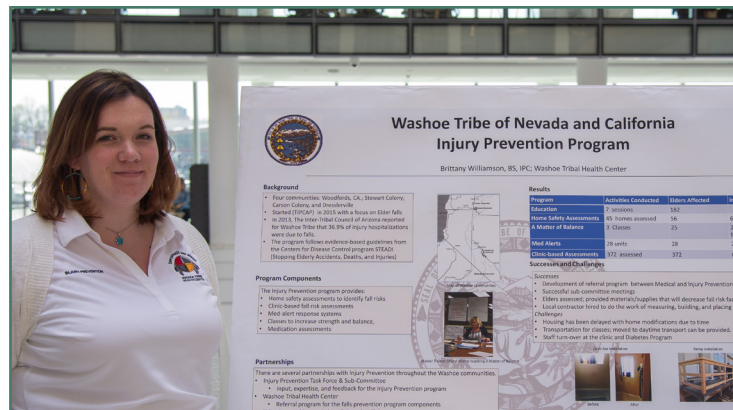
Rocky Mountain Tribal Epidemiology Center (RMTEC), Presenter Jordan Vandjelovic



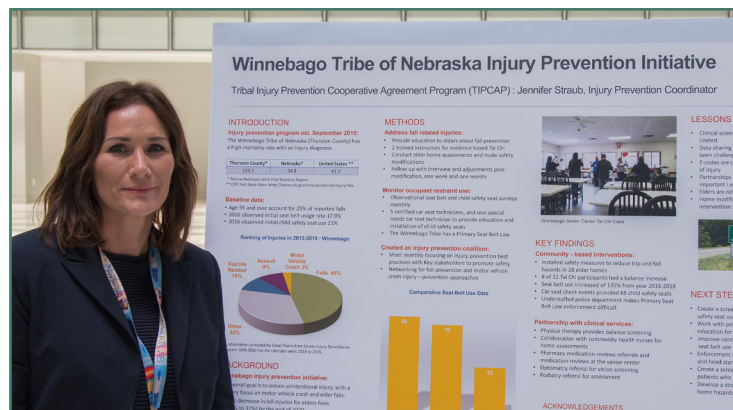
Ponca Tribe of Oklahoma, Presenter Jocelyn Jackson



Salt River Pima-Maricopa Indian Community, Presenter Monte Yazzie



Washoe Tribe of Nevada & California, Presenter Brittany Williamson



Winnebago Tribe of Nebraska, Presenter Jennifer Straub



“Injury prevention work allows me to help folks on a large scale; I get to affect not just one life, but many.”

Getting to know a TIPCAP Project Officer

Tim Wildcat shares his experience working in the field of injury prevention and how he got there.

My name is Tim Wildcat, and I am the Great Plains Area Injury Prevention Specialist. I also serve as the Project Officer for the Winnebago Tribe of Nebraska's and Great Plains Tribal Chairman's Health Board's Injury Prevention Programs. I have been in my position since February 2018, so I'm new to the world of TIP-CAP, but not to Injury Prevention.

I started with the Indian Health Service in 2007, and, along with General Environmental Health, I've been conducting injury prevention-related activities since. One of my first projects was completing our Area's Severe Injury Surveillance protocol for my local service unit. Ultimately that work lead me to applying and receiving funds for the Sleep Safe program where I worked with my local Head Start program to install over 100 smoke detectors over a three-year period. I then completed the Epidemiology Fellowship (2011) with a project that focused on diabetic elder falls.

I've spent all 11 years of my service in South Dakota and now consider it home, but I am originally from Oklahoma. I am an enrolled Citizen of the Muscogee Nation of Oklahoma. I grew up in a small town just inside the southern edge of the Creek Nation tribal boundary. I attended East Central University and after a few false starts, I received my bachelor's degree in Environmental Health Science. I am currently attending Tulane University for a Master's degree in public health.

My initial career path didn't include injury prevention, but I'm glad I found my way here. After working with several injury prevention projects, I realized it allows me to help folks on a large scale, affecting not just one life, but many. And that was my goal for my college degree.

Other than work, my hobbies include photography, smoking ribs and briskets, and spending time with my family.



IHS/TIPCAP Events & Due Dates

June

20 TIPCAP Reporting Webinar

Data Spreadsheet & Progress Report Template

June 20, 2018 at 12:00 PM MDT

<https://ucdenver.zoom.us/j/944802876>

July

31 Quarterly Reports Due for FY17-20 Part II Sites

Due July 31, 2018

Submit at www.GrantSolutions.gov

***use new reporting template if possible*

August

6 Registration Opens for “Intro to Injury Prevention–Level One”

Course details:

Nov. 6-Nov. 8, 2018 Norman, OK

<https://www.ihs.gov/ehsc/classes/>

Safe Native American Passengers (SNAP) Training Dates Added!

Numerous training dates from June to November are available and locations span the country from California to Michigan. Check out the IHS Environmental Health Support Center website for more information and to register.

<https://www.ihs.gov/ehsc/classes/>

Injury Prevention Conferences

National Native Health Research Training Conference

Dates: Aug. 8 - 10, 2018 in Prior Lake, Minnesota

Registration: \$199.00

<http://www.nnhrti.org/registration.html>

Kidz in Motion Conference

Dates: Aug. 29 - Sept. 1, 2018 in Broomfield, Colorado

Registration: \$425.00 (from May 2—July 1, 2018)

\$500 (after July 1, 2018)

<http://kidzinmotion.org/attendee-registration/>

2018 Safe States Annual Meeting

Dates: Sept. 5 - 7, 2018 in Charleston, South Carolina

Registration: Varies from \$575-775 (online registration ends Aug. 24)

<https://www.safestates.org/events/EventDetails.aspx?id=1107734>

June is National Safety Month



Falls

**DON'T GET TRIPPED UP!
CLEAN UP SPILLS AND
HAZARDS IMMEDIATELY.**



NATIONAL **SAFETY** MONTH 2018
nsc.org/nsm



The National Safety Council is offering free downloadable materials to support National Safety Month.

Week 1: Emergency Preparedness

Week 2: Wellness

Week 3: Falls

Week 4: Driving

Download free materials from <https://www.nsc.org/pages/nsm-public-materials>

The CDC offers educational materials designed to help support individuals and organizations with their concussion efforts and are available on their website...



HEADS UP

HEADS UP is a series of educational initiatives, developed by the CDC, that all have a common goal: Protect kids and teens by raising awareness and informing action to improve prevention, recognition, and response to concussion and other serious brain injuries.

<https://www.cdc.gov/headsup/index.html>

HEADS UP tools and resources are available for the public to use in schools, doctor offices, youth-based school programs, and homes nationwide. All materials developed by the CDC for the HEADS UP initiative are available for public use and distribution free of charge. They're also customizable!

TIPCAP CONTACT LIST

TIPCAP Site	Part	Project Officer
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Alaska Area

Bristol Bay Area Health Corp Kurt Buttelmann KButtelmann@bbahc.org	Part II	Krista Pihlaja Krista.Pihlaja@ihs.gov
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Albuquerque Area

Albuquerque Area Indian Health Board Jerrod Moore jmoore@aaihb.org	Part I	Jerry Lee Jerry.Lee@ihs.gov
Jicarilla Apache Nation Chris Holyfield Holyfield.Chris@yahoo.com	Part II	Jerry Lee Jerry.Lee@ihs.gov
Pueblo of Jemez Antonio BlueEyes Antonio.BlueEyes@jemezpueblo.us	Part II	Jerry Lee Jerry.Lee@ihs.gov

Bemidji Area

Fond du Lac Band of Lake Superior Chippewa , KaRee Lockling KareelLockling@fdirez.com	Part II	William Crump William.Crump@ihs.gov
Ho-Chunk Nation Pam Thunder Pam.Thunder@ho-chunk.com	Part II	William Crump William.Crump@ihs.gov
White Earth Band of Chippewa Indians Cyndy Rastedt Cyndy.Rastedt@whiteearth-nsn.gov	Part II	William Crump William.Crump@ihs.gov

Billings Area

Blackfeet Tribe Debbie Whitegrass Bullshoe dbullshoe@blackfeetnation.com	Part I	Darcy Merchant Darcy.Merchant@ihs.gov
Northern Cheyenne Tribe Patricia Ramos Ramos_Sioux@yahoo.com	Part II	Darcy Merchant Darcy.Merchant@ihs.gov
Rocky Mountain Tribal Epi Center Jordan Vandjelovic Jordan.Vandjelovic@rmtlc.org	Part I	Darcy Merchant Darcy.Merchant@ihs.gov

California Area

California Rural Indian Health Board Julie Villa Julie.Villa@crihb.org	Part II	Molly Madson Molly.Madson@ihs.gov
Indian Health Council, Inc. Rick Romero RRomero@indianhealth.com	Part II	Brian Lewelling Brian.Lewelling@ihs.gov
Lake County Tribal Health Consortium Janice Harper jharper@lcthc.org	Part II	Tim Shelhamer Tim.Shelhamer@ihs.gov

Great Plains Area

Great Plains Tribal Chairmen's Health Board , Christy Hacker Christy.Hacker@gptchb.org	Part II	Timothy Wildcat Timothy.Wildcat@ihs.gov
Winnebago Tribe of Nebraska Jennifer Straub Jennifer.Straub@ihs.gov	Part I	Timothy Wildcat Timothy.Wildcat@ihs.gov

Nashville Area

Saint Regis Mohawk Tribe Lynne Thompson lynnet@regis.nashville.ihs.gov	Part II	Riley Grinnell Riley.Grinnell@ihs.gov
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TIPCAP Site	Part	Project Officer
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Navajo Area

The Navajo Nation Norma Bowman nbowman@navajodot.org	Part II	Zoann McKenzie Zoann.McKenzie@ihs.gov
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Oklahoma Area

Apache Tribe of Oklahoma Antoninette Short apachetribe_chr@yahoo.com	Part II	David Bales David.Bales@ihs.gov
Choctaw Nation of Oklahoma Keosha Ludlow Keosha.Ludlow@choctawnation.com	Part II	David Hogner David.Hogner@ihs.gov
Comanche Tribe of Oklahoma Bonita Paddyaker bonitap@comanchenation.com	Part II	David Bales David.Bales@ihs.gov
Ponca Tribe of Oklahoma Jocelyn Jackson Jocelyn.Jackson2@ihs.gov	Part I	James Isaacs James.Isaacs@ihs.gov
Wichita and Affiliated Tribes Tiffany Lonewolf Tiffany.Lonewolf@wichitatribe.com	Part II	Katie Tompkins Katie.Tompkins@ihs.gov

Phoenix Area

Ak-Chin Indian Community Marc Matteson MMatteso@ak-chin.nsn.us	Part II	Rob Morones Robert.Morones@ihs.gov
Gila River Indian Community Verena Jackson Verena.Jackson@gric.nsn.us	Part II	Rob Morones Robert.Morones@ihs.gov
Inter Tribal Council of Arizona, Inc. Esther Corbett Esther.Corbett@itcaonline.com	Part II	Rob Morones Robert.Morones@ihs.gov
Pyramid Lake Paiute Tribe Carla Molino Carla.Molino@ihs.gov	Part II	Rob Morones Robert.Morones@ihs.gov
Reno-Sparks Indian Colony Valentine Lovelace VLovelace@rsicclinic.org	Part II	Rob Morones Robert.Morones@ihs.gov
Salt River Pima-Maricopa Indian Monte Yazzie Monte.Yazzie@srpmic-nsn.gov	Part I	Rob Morones Robert.Morones@ihs.gov
Shoshone-Paiute Tribes of Duck Valley Elizabeth Sam Sam.Elizabeth@shopai.org	Part II	Rob Morones Robert.Morones@ihs.gov
Washoe Tribe of Nevada & California Brittany Williamson Brittany.Williamson@washoetribe.us	Part I	Rob Morones Robert.Morones@ihs.gov

Portland Area

Northwest Portland Area Indian Health Board , Luella Azule LAzule@npaihb.org	Part II	Matthew Ellis Matthew.Ellis@ihs.gov
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Tucson Area

Pascua Yaqui Tribe Feliciano Cruz Feliciano.R.CruzJr@pascuayaqui-nsn.gov	Part II	Chris Caler Christopher.Caler@ihs.gov
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