

Unity Healing Center-Youth Residential Treatment Center (YRTC)

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<https://www.ihc.gov/nashville/healthcarefacilities/unity>

Unity Healing Center provides a residential treatment program for youths ages 13 up to 17 years old and offers the following services:

- Individual Counseling
- Group Counseling
- Substance Abuse Education
- Adventure Based Recreation
- Academic Education
- Cultural & Spiritual Programs
- Family Counseling
- Medical & Dental Care
- Follow-Up & Continuing After Care

Unity Healing Center is a sixteen-bed coed facility. Services are provided in a home-like environment; a place of healing where the physical, mental, emotional and spiritual needs of each resident are addressed. The average length of stay is 90 days. The treatment program incorporates the 12 Step Program of Recovery with the uniqueness of Native American culture and Trauma-Informed care.

Mission Statement

Unity is dedicated to breaking the cycle of addiction and restoring hope and wellness to Native American youth, their families and communities.

Vision Statement

Unity Healing Center will always be committed to helping Native American youth and their families gain freedom from addiction and other life-negating problems. We will guide our clients to healthy sustainable lifestyle transformations by addressing their physical, emotional, spiritual and cultural needs through the philosophy of the 12 step program, evidence based treatments and by providing a safe haven to engage in activities that will allow them to develop their individual strengths.

IHS is committed to:

- **Safety:** Advance a culture of safety and quality that balances accountability and fairness through practicing principles of safety culture (which creates an atmosphere of trust and encourages and rewards all staff members for providing essential safety-related information);
- **Quality:** Sustain quality improvement activities;
- **Professionalism:** Promote IHS code of conduct;
- **Cultural Competence:** Advance cultural competence within the workforce and facility programs, including through the incorporation of principles of Trauma-Informed Care[1] to realize the widespread impact of trauma and understand paths for recovery; and
- **Trust:** Continue building trust and partnership with the community and with Tribal leadership.

Major Admission Criteria

Clients must:

- Be an enrolled member of a federally recognized tribe or eligible
- Must have a diagnosis of substance use disorder
- Be 13 to 17 years old at the time of admission