

Indian Health Service

All Tribal and Urban Indian Organization Leaders Call

ELIZABETH FOWLER

IHS DEPUTY DIRECTOR FOR MANAGEMENT
OPERATIONS

DECEMBER 6, 2018



Welcome



Elizabeth Fowler
Deputy Director for Management Operations
Indian Health Service



Agenda

- **IHS Updates**

- Elizabeth Fowler
Deputy Director for Management Operations
Indian Health Service

- **University of Iowa College of Public Health, Technology Transfer Center**

- Anne Helene Skinstad, Psy.D., Ph.D.
Program Director and Clinical Professor
National American Indian and Alaska Native Addiction Technology Transfer Center Network



Reminder: The *All Tribal and Urban Indian Organization Leaders Call* will be held on the first Thursday of every month at 3:30 pm ET.

IHS Personnel Updates



Jonathan Merrell
Deputy Director for
Quality Health Care



CDR John Rael
Director, Office of Resource
Access and Partnerships



Updates

- **Tribal Leader Letters**
 - HHS Tribal Consultation Policy, October 22
 - Comments due December 19, 2018
 - Update on the Agency's progress in certifying the Resource and Patient Management System (RPMS), November 19
 - Arizona Tribal Leader Consultation on the Purchased/Referred Care Program, November 20
 - Comments due January 15, 2019
- **Budget Update**
 - Current continuing resolution expires December 21
- **SUPPORT for Patients and Communities Act**
 - Legislation aims to combat the opioid crisis

Educational Opportunities

IHS Externship Program

Provides college students across the country with hands-on, instructive experience in a health care setting before graduation

- Summer 2019 application deadline: February 1, 2019
- [Apply here](#)

IHS Scholarship Program 2019-2020

IHS offers financial support for qualified graduate and undergraduate American Indian and Alaska Native students

- Applications will be available online starting December 15, 2018
- New application deadline: March 28, 2019
- Renewal application deadline: February 28, 2019

Recent Events

- November 1: HHS 2018 American Indian and Alaska Native Heritage Month, Washington, DC
- November 6: OEHE Associate Directors Meeting, Rockville, MD
- November 6: Financial Management Officers Meeting, Rockville, MD
- November 8-9: National Indian Health Board Meeting, Washington, DC



National American Indian and Alaska Native Heritage Month event in Washington, DC



Office of Environmental Health and Engineering Director's Meeting in Rockville, Maryland



IHS Financial Management Officers meeting in Rockville, Maryland

Recent Events

- November 10: Integrative Pain Care Policy Congress, Harvard Medical School, Boston, MA
- November 13: NIHB Medicare, Medicaid and Health Reform Policy Committee Meeting, Washington, DC
- November 14-15: CMS Tribal Technical Advisory Group Meetings, Washington, DC
- November 13-15: National American Indian and Alaska Native Addiction Technology Transfer Center Advisory Council Meeting, Iowa City, IA



Rear Adm. Michael Toedt, M.D., participating in a discussion panel at the Integrative Pain Care Policy Congress



National American Indian and Alaska Native Addiction Technology Transfer Center Advisory Council meeting

Recent Events



Information Systems Advisory Committee members visit the Albuquerque Data Center

- November 14-15: Information Systems Advisory Committee Semi-Annual Meeting, Albuquerque, NM
- November 14-16: Health IT Modernization Research Project New Mexico Site Visits: Zuni Indian Hospital, Albuquerque Indian Health Center, Jicarilla Health Center, and Santa Fe Indian Hospital
- November 15: Oklahoma City Indian Clinic received the 2018 Leadership in Excellence Award from the Oklahoma Quality Foundation, Oklahoma City, OK
- November 15: Seattle Indian Health Board Meeting, IHS, and Substance Abuse and Mental Health Services Administration Meeting, Rockville, MD



Members of the Health IT Modernization Research Project team meet with facility leadership and staff at the Zuni Indian Hospital



Oklahoma City Indian Clinic wins the Leadership in Excellence Award from the Oklahoma Quality Award Foundation

Recent Events

- November 15-16: Forensic Health Care Work Sessions, Rockville, MD
- November 16: Nebraska Urban Indian Health Coalition, Inc. Site Visit, Omaha, NE
- November 26: Annual Indian Health Service and Johns Hopkins Center for American Indian Health, Partnership Meeting, Rockville, MD
- November 26-27: IHS Opioid Strategic Planning Meeting, Rockville, MD



Dr. Rose Weahkee meets with staff at the Nebraska Urban Indian Health Coalition



IHS Opioid Strategic Planning Meeting at IHS headquarters



IHS senior leadership meeting with representatives from the Johns Hopkins Center for American Indian Health

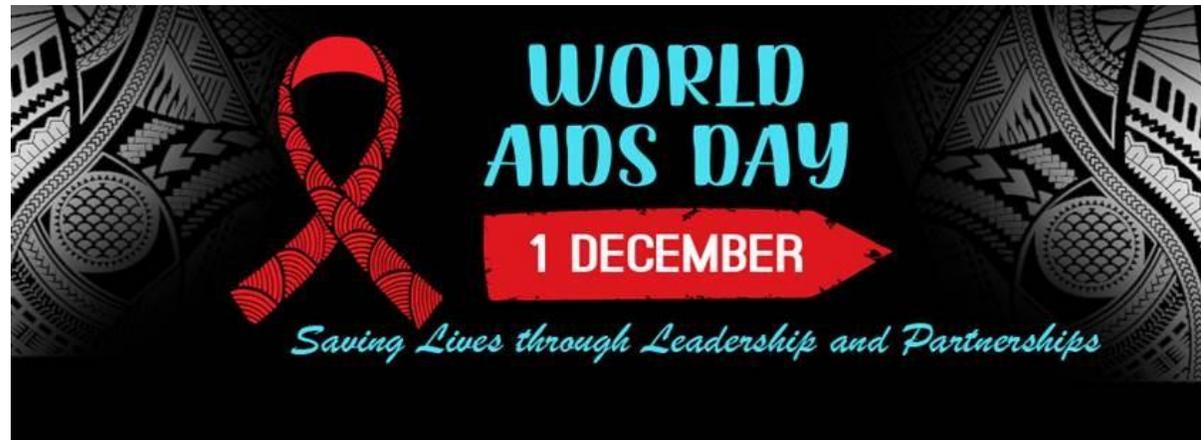
Recent Events



Rear Adm. Michael Weahkee speaking at the USDA American Indian and Alaska Native Heritage Month event.

- November 29: USDA American Indian/Alaska Native Heritage Month Event, Washington, DC
- December 1: World AIDS Day

Blogs: [Center of Excellence at Phoenix Indian Medical Center – Achieving Excellence in HIV and HCV Care](#) and [Take Pride in Your Health with PrEP](#)



Upcoming Events

- **FY 2021 Area Budget Formulation Meetings**

- December 11 – Alaska Area
- December 11 – Great Plains Area
- December 12 – Nashville Area

Completed Budget Formulation meetings: Billings, Navajo, Tucson, Portland, Albuquerque, Phoenix, California, Bemidji, and Oklahoma City Areas

- **December 11:** National Council of Urban Indian Health Board of Directors' Conference Call
- **December 12-13:** Tribal Leaders Diabetes Committee meeting, Tucson, AZ
- **December 12-13:** Indian Health Care Improvement Fund Workgroup Meeting, Rockville, MD
- **December 20-21:** National Tribal Advisory Committee on Behavioral Health, Albuquerque, NM

The next All Tribal and Urban Indian Organization Leaders Call will be on Thursday, January 3 at 3:30 pm ET.





National American Indian & Alaska Native

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



Introduction to the National Native Technology Transfer Center

Anne Helene Skinstad, Ph.D.

Program Director and Clinical Professor

Sean A. Bear, 1st, BA, CADC, Member of the Meskwaki Nation

Co-Director and Director of Training

Department of Community and Behavioral Health

University of Iowa College of Public Health



Changes to the Technology Transfer Centers

- *1998 - 2012:*
 - *Prairielands Addiction Technology Transfer Center*
 - *Center Staff worked with the tribal community in the Upper Midwest*
- *2012 - 2017:*
 - *National American Indian and Alaska Native Addiction Technology Transfer Center*
- *2017 - 2023:*
 - *National Native Technology Transfer Center*
 - *Supplement: Technical Assistance to the Tribal Opioid Response Recipients*
 - *National Native Mental Health Technology Transfer Center*
 - *Supplement: K-12 workforce development*
 - *National Native Prevention Technology Transfer Center*



National American Indian & Alaska Native

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

National American Indian and Alaska Native TTCs

Funded by:

- The National Native American and Alaska Native Technology Transfer Centers are supported by a grant from SAMHSA.*
- The content of this publication does not necessarily reflect the views or policies of SAMHSA or HHS.*





National American Indian & Alaska Native

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Similarities and differences between the National Native TTCs 2017 - 2023



Our Mission



Serve as the national subject matter expert and key resource on adoption of culturally informed and experienced-based addiction/mental health treatment/recovery support/prevention services through supporting professionals working with Native American and Alaska Native clients and communities. In addition, the National NA/AN TTC will facilitate and foster constructive and productive relationships between the TTC network and the Tribes and Native behavioral health workforce.



Our Goals

- Advance the American Indian and Alaska Native SUD/MH treatment / prevention field by enhancing communications and collaborations with stakeholders and organizations
- Conduct ongoing assessment of needs and workforce development issues
- Facilitate and promote the use of culturally informed Evidence - and Knowledge Based Practices and facilitate the sharing of Experience Based Treatment and Prevention approaches developed by American Indian and Alaska Native Providers
- Use state of the art technology transfer principles in our educational events





Our Goals (continued)

- Enhance the behavioral health AI & AN workforce' skills in providing services through workforce development initiatives
- Enhance the Non-Native workforce' skills in providing culturally informed behavioral health services
- Offer TA and training to AI & AN organizations on integrating behavioral health into primary care, based on SAMHSA and Health Resources and Services Administration (HRSA) Center for Integrated Health Solutions (2012)
- Facilitate development of Recovery Oriented System of Care (ROSC), through Holistic and Culturally Informed Approaches to Recovery
- Use Community-Based-Participatory Programming (CBPP) in AI & AN communities to facilitate collaborations towards ROSC



Introductions

- *The National American Indian & Alaska Native TTC Teams, Advisory Council, Consultants, & Key stakeholders*





National American Indian & Alaska Native

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Home Office Staff



Anne Helene Skinstad, PhD
Program Director

Sean A. Bear I, BA, CADC
Co-Director
Meskwaki Tribal Member



Kate Thrams, BA
Research Support Coordinator





New Staff Members

- *Jeffery Ledolter, BA*
 - *Program Manager for the National Native ATTC*
 - *Supplement: TA for the TOR grantees: To be announced*
- *Megan Dotson, BA*
 - *Program Manager for the National Native MHTTC*
- *Natasha B. Peterson, BA*
 - *Program Manager: Supplement: K – 12*
- *Cindy Sagoe, PharmD, MPH*
 - *Program Manager: National Native Prevention Technology Transfer Center*
- *Monica Dreyer Rossi, Cand. Polit.*
 - *Program Manager: Leadership Academy and Tribal Colleges initiative*



National American Indian & Alaska Native

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Major Consultants



Dale Walker, MD
Member of the Cherokee Nation
Senior Consultant,
Director, One Sky Center
Emeritus Professor of Psychiatry, OHSP



Dennis Norman, Ed.D. ABPP, Descendent from the
Cheyenne and Cherokee Nation of Oklahoma
Faculty Chair, Harvard University Native American
Program, Associate Professor, Harvard Med. School and
Chief Psychologist, MAS General Hospital



Matt Ignacio, MSSW
Tohono O'odham
Behavioral Health Consultant
Native LGBT/Two Spirit Initiative



Ken Winters, PhD
Senior Scientist, Oregon Research Institute and Adjunct
faculty, Department of Psychology, Emeritus Director,
Center for Adolescent
Substance Abuse Research, University of Minnesota
Medical School



Clyde McCoy, PhD
Eastern Cherokee, Evaluation
Professor of Epidemiology and Public Health, University of Miami
School of Medicine



Robert Rohret, MPH
Administrative Manager
Hennepin County, MI



Ed Parsells, BS., CCDCII
Cheyenne River Sioux Tribe
Director of the meth-amphetamine treatment program in the
Rosebud Nation.
Curriculum Committee Chair, Master Trainer



Kate Winters, MEd
Information Specialist and Contributing Editor, Newsletter



Consultants

- **Team of Consultants**
- **Suicide Prevention**
 - Jacque Gray, PhD, Choctaw and Cherokee Nation
 - Advisory Council members
- **Organizational Development**
 - Janet Zwick, BA
 - Tom Vaughn, Ph.D.
 - Pam Baston, MPH
- **Graduates from the Leadership Academy**
- **Community organizing**
 - Star Wheeler, MS, Seneca Nation:
 - Maurine O. Lilleskov
- **Implementation of BHA, and CHA program**
 - Janie Ferguson, BA, Native from Village of Mekoryuk (Cup'g Eskimo)
 - James Ward, MA, Chocktaw
- **Integration of Primary care and BH**
 - John Jewitt, MA, Oglala Lakota Nation
- **Burnout, self-care**
 - Janice Yazzie, MA, Navajo Nation:
- **Certification:**
 - Kristina Pacheco, BA, Pueblo of Laguna
- **Continuum of Care**
 - Sunny Googles, MA, Northern Arapaho Nation.
 - Robert Rohret, MBA
- **Native LGBTQ/Two Spirit**
 - Michaela Grey, MPH, Navajo Nation.



Advisory Council Members for the Center

- *Clyde McCoy, PhD, Eastern Cherokee*
- *Dan Dickerson, DO, MPH, Inupiaq*
- *Dolores Subia BigFoot, PhD, Caddo Nation of Oklahoma*
- *Dennis S. Norman, Ed D, ABPP, Descendent of the Southern Cheyenne Nation*
- *Lorrie Miner, JD*
- *Raymond Daw, MA, Navajo Nation*
- *Richard Bird, MMS, CCDCIII, Sisseton-Wahpeton Oyate Nation*
- *Joel Chisholm, MD, Bay Mills Indian Nation, a band of the Ojibwe tribe*
- *Lakota R.M. Holman, MEd, Rosebud Sioux Nation*
- *Vanessa Simonds, ScD, Crow Nation, Montana*

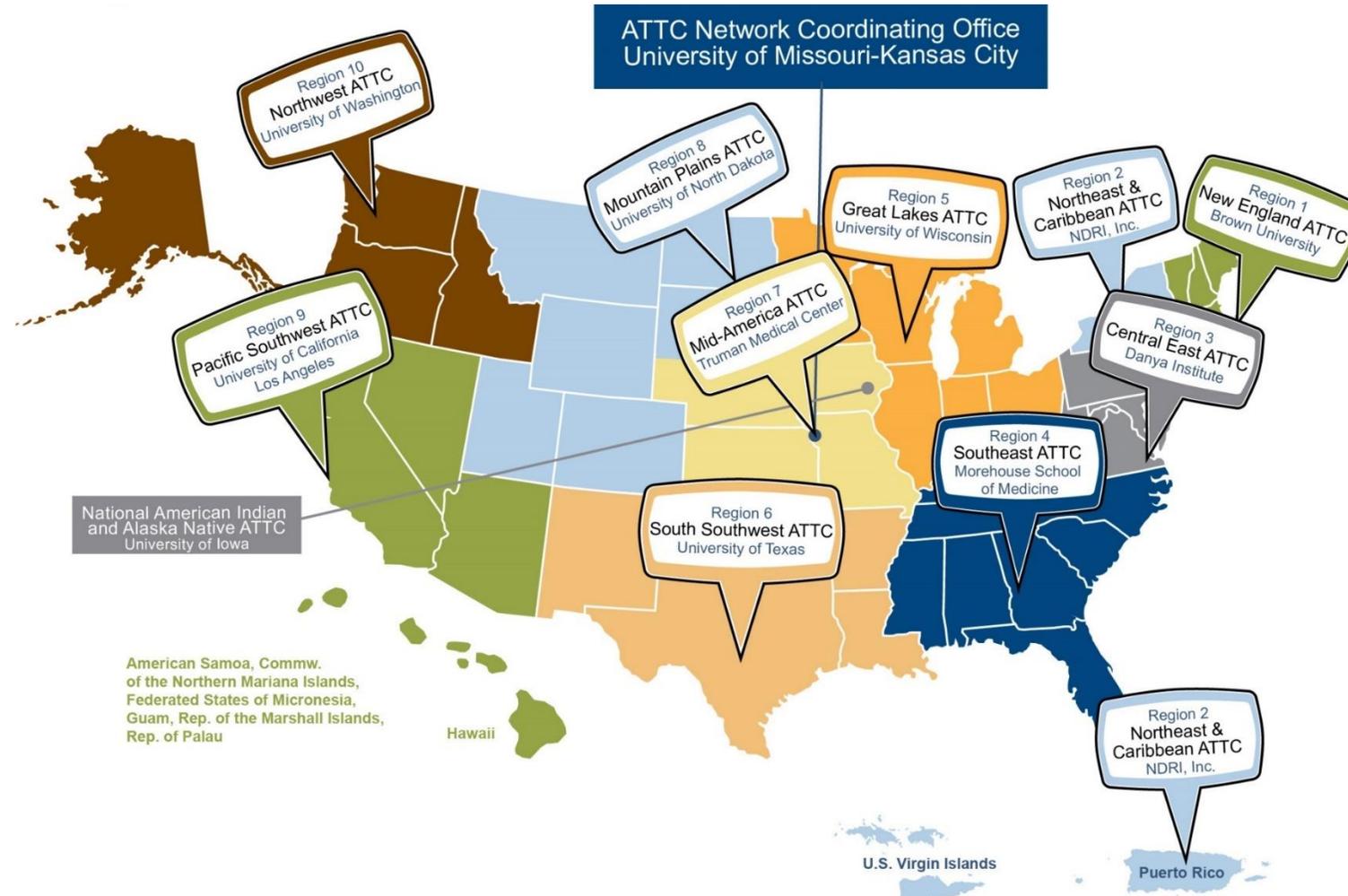
- *Raymond Slick, MSW, Meskwaki Nation*
- *Perry R. Ahsogeak, Barrow Village of Alaska*
- *Ed Parsells, BA, Cheyenne River Sioux Nation*
- *Matt Ignacio MSSW, Ph.D. Student, Tohono O'odham Nation*
- *Lena Gachupin, MSW, Zia and Jemez Pueblo, and Sun Clan of New Mexico*
- *Jeff Kushner, Montana Drug Courts*
- *Roger Dale Walker, MD, Cherokee Nation of Oklahoma*
- *Robert Begay, Member of the Navajo Nation*
- *Melvina McCabe, MD, Navajo Nation*
- *Dana Diehl, MS-Yupik and Athabascan*

Ex-Officio Members

- *David "Joel" Beckstead, PhD, CDR, USPHS, Acting Director, Division of Behavioral Health Services, Indian Health Service Headquarters*
- *Karen Hearok, LCSW, Member of the Choctaw Nation of Oklahoma, and SAMHSA Regional Administrator for Region VI*
- *Juanita M. Mendoza, MS, Member of the Pascua Yaqui Tribe of Arizona, Acting Director, Bureau of Indian Education*
- *Rose Weahkee, Ph.D. Navajo tribal member, Acting Director, Office of Urban Indian Health Programs, IHS*



ATTC Network





Programs across the centers

- *Leadership Academy:*
 - *Program Manager: Monica Dreyer Rossi, Cand.Polit.*
 - *Currently recruiting participants*
- *One year program*
 - *Immersion training*
 - *Enhancement training*
 - *Graduation*
 - *Webinars and lectures throughout the year*
 - *Networking*
- *Close working relationship between mentors and mentees*
 - *Develop personal leadership plan*
 - *Develop professional leadership program*



National American Indian & Alaska Native

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Native American Leadership Academy

Native American/Alaska Native Leadership Academy graduates and mentors, 2014-2015 cohort (left) and 2015-2016 cohort (right)





Tribal Colleges and Universities

- *Program Manager: Monica Dreyer Rossi (Cand. Polit.)*
 - *Goal: Enhance the number of college and universities' offering behavioral health associate degree – BA level – MA level academic programs in behavioral health prevention and treatment*
- *Collaborate with faculty in tribal colleges and universities*
- *Establish a consensus panel/advisory group to guide our initiatives*
- *Advisor:*
 - *Professor Dennis Normal, Harvard University, Director of the Native Student program*



Tribal Courts: Healing to Wellness Courts

- *Tribal Courts: Healing to Wellness Courts*
 - *Establish a consensus panel to enhance the systematic culturally and knowledge informed assessment of SUD and MH disorders*
 - *Promote the prevention approach to family members*
 - *Use “teachable moments” and prevention initiatives with family members*



Awareness raising

- *Newsletters with topics on treatment, prevention, recovery, prevention, per support. Opioid disorders*
- *Resource Center*



Webinar Series

- *Essential Substance Abuse Skills; A Guide for Professionals (TAP 21)*
 - *Include specific webinars on SUD prevention*
 - *Offered every 2nd Wednesday of each month*
- *Behavioral Health webinar*
 - *Include specific webinars on issues of*
 - *Prevention*
 - *Mental Health*
 - *Offered every 4th Wednesday of each month*



Training programs offered



- *Native American Curriculum for State Accredited, Non-Tribal Substance Abuse Programs*
 - *Adapted to tribal communities in Minnesota*
 - *Plan to adapt to Montana and North Dakota tribes*
- *Managing Ethical Dilemmas and Clinical Challenges Within Tribal Communities*



Training programs offered (continued)

- *Community-based initiatives to reduce prescription drug abuse in tribal communities*
- *Motivational Interviewing*
 - *The Spirit of Communication: MI and Native American Teaching*
- *DSM-5 training*
- *Treatment of Gambling disorders in American Indian communities*
- *Treatment of Native women*
- *Returning Native Veterans*
- *Native LGBT/ Two Spirit*



Training programs offered to-date (continued)

Preparations for certification and licensure exams

- *Alcohol and Drug and Exam Review*
 - *Face to Face trainings (two days)*
 - *Followed-up twice per month by conference calls*
- *Training of Trainer (TOT) event*
 - *Recruiting trainers from across the country*
- *Essential substance abuse skills: A guide for professionals*
 - *Face to face training (three days)*
 - *Monthly webinars*



Annual Symposium

- *Symposium and Proceedings Documents*
 - *Tribal Prescription Drug Abuse Summit: Moving from Information Sharing to Action Plan (June 29th 2012)*
- *First Annual Symposium*
 - *October 18th 2013 in Iowa City*
 - *Health Disparity in American Indian Communities*
 - *Proceedings document will be completed in 2018*
- *Second Annual Symposium:*
 - *February 2015. Phoenix AZ*
 - *Reclaiming our Roots: Rising from the Ashes of Historical Trauma Proceedings Document will be completed in 2017*
- *Third Annual Symposium: November 2018 in Iowa City*
 - *Building Health Native Communities*



Spiritual Roundtable Discussion

Importance of Spirituality in Behavioral Health

Question 1: There are examples of many Native Americans, as well as our medicine people, being misdiagnosed as having schizophrenia and other mental health disorders, because others do not understand fully the beliefs and acknowledge the inherent gifts given our people.

- Acknowledge that everyone in the village is related to one another. Accept everyone as related to me.*
- Be mindful of people and culture and form bridges to the community*

Bear, S., et al (2015) "Traditional Healing and Behavioral Health: Incorporating Culturally-Informed Practice into Health treatment of American Indian and Alaska Native Patients", Poster Presentation at Association of American Indian Physicians.

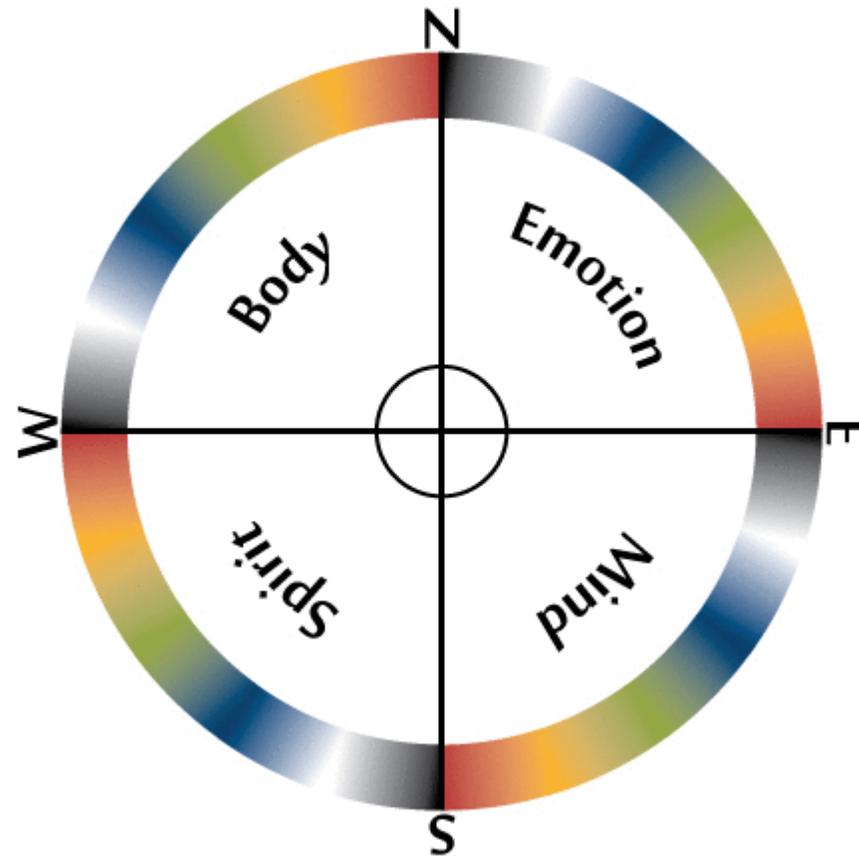


National American Indian & Alaska Native

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Four Directions Medicine Wheel





Medicine Wheel: Use for Providers and Patients

*A man's life is a circle from childhood to childhood, and thus
it is in everything where the power moves.*

(Black Elk)

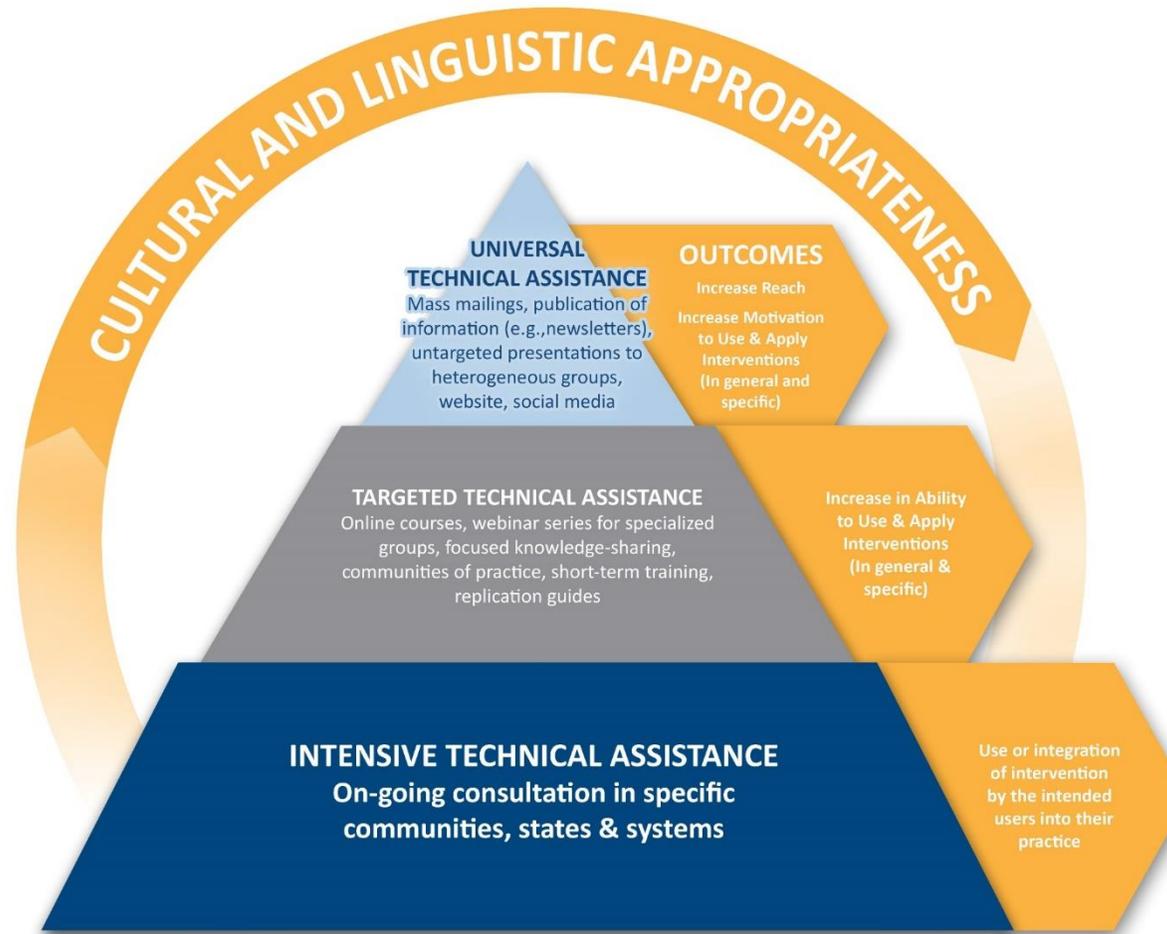
*When you were born, you cried and the world rejoiced. Live
your life in a manner so that when you die, the world cries
and you rejoice.*

(White Elk)

The medicine wheel - the sacred hoop!



New change from Training to Training and TA





Contact information

- *Anne Helene Skinstad, Ph.D.*
- Anne-Skinstad@uiowa.edu
- *(319) 384-1481*

- *Sean A. Bear, 1st. BA, CADC*
- Sean-bear@uiowa.edu
- *(319) 384-4164*