

Gallup Service Unit
Walk-In Primary Care Clinic

EXPRESS STI TESTING PATHWAY:

The Gallup Service Unit (GSU) Walk-In Primary Care Clinic (WIPCC) provides rapid screening and treatment for sexually transmitted infections (STIs).

PURPOSE: To provide a pathway for triaging patients seeking express testing for STIs.

PROTOCOL: When a patient presents to WIPCC requesting express testing for STIs, they will see the nurse practitioner at triage for a brief evaluation. Symptomatic patients will be checked in to the clinic for a complete in-person STI exam and will not be eligible for the express testing pathway. Asymptomatic patients requesting testing will be provided with a pamphlet on process of express testing (including self-testing for pharyngeal and rectal gonorrhea/chlamydia). A telemedicine follow-up appointment will be scheduled in 1 week to review results. They will then be sent directly to the laboratory for the following tests using the GSU STI testing bundle ordered by the nurse practitioner:

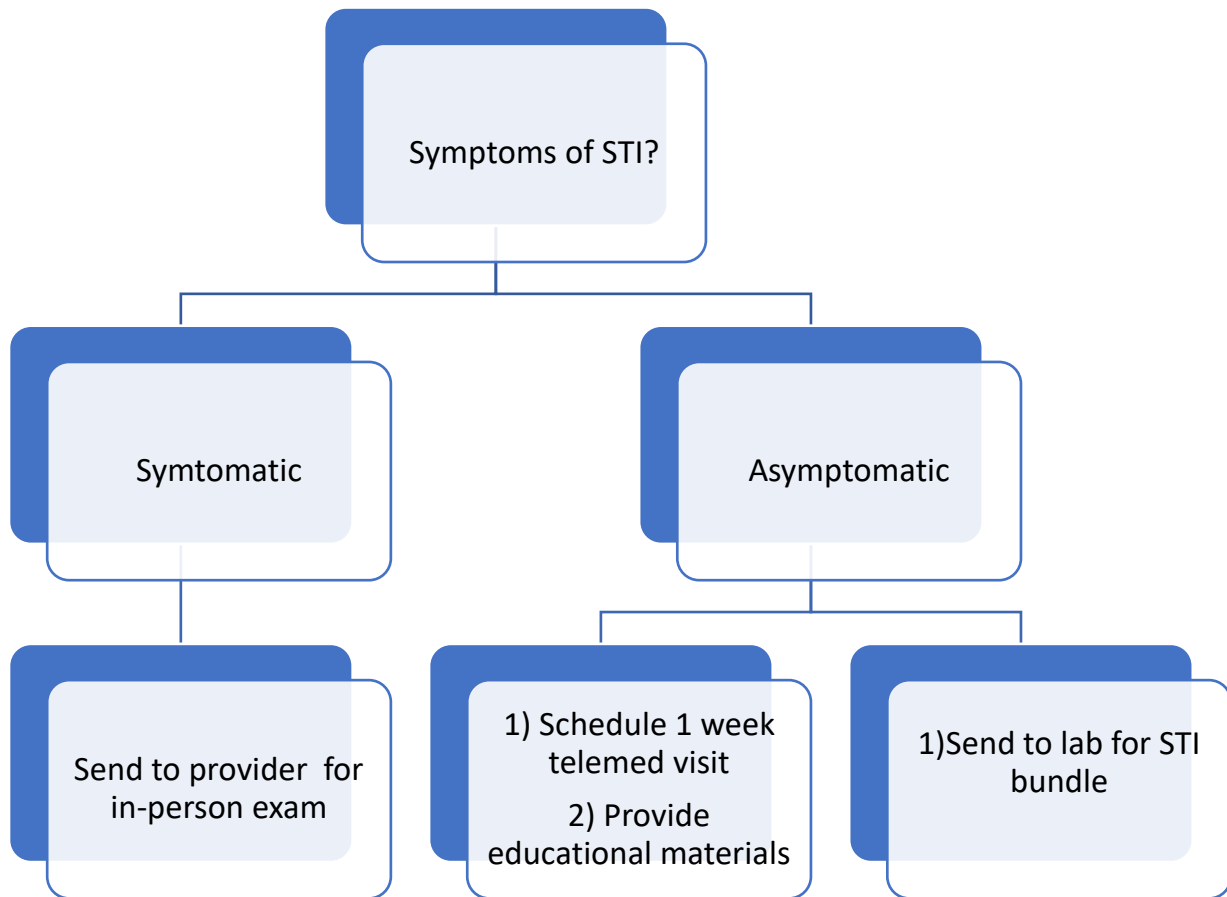
1. Syphilis EIA
2. HIV Fourth Generation test
3. Gonorrhea and chlamydia NAAT tests
 - a. Urine
 - b. Pharynx (Self testing using the attached instructions)
 - c. Rectum (Self Testing using the attached instructions)
4. Pregnancy testing for people who might become pregnant

Patients who test positive for syphilis, gonorrhea or chlamydia will be notified immediately by the WIPCC provider by telephone and instructed to return to the clinic for treatment. An STI referral will be made to Public Health Nursing to initiate contact investigation, ensure completion of therapy and offer a referral HIV Pre-Exposure Prophylaxis (PrEP). Advice about staging and management of STIs can be obtained by calling the infectious disease consultants on week days during regular business hours.

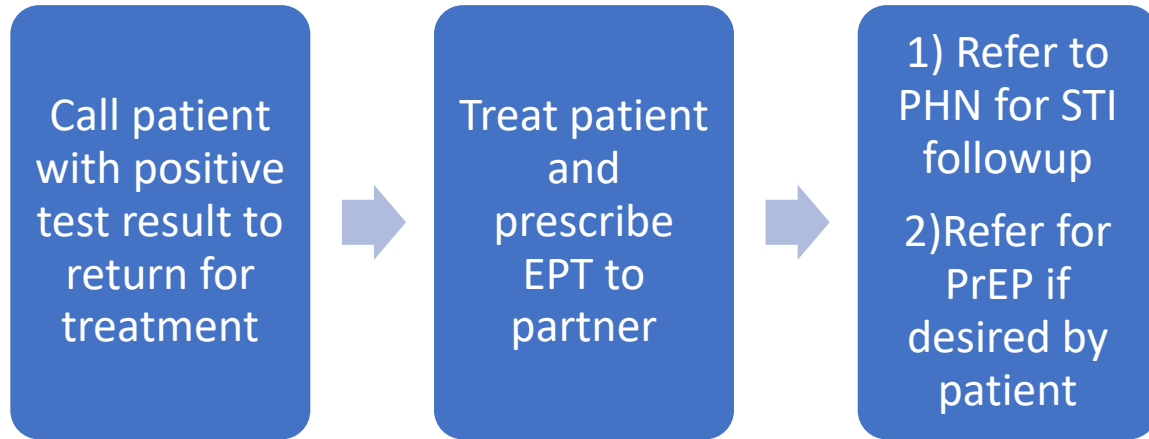
Expedited partner therapy is an important component of STI treatment and is encouraged in Gallup Service Unit. It is permitted under New Mexico law. Patients will be sent home with a dose of treatment for their partner or will be instructed to bring their partner with them for treatment. Non-beneficiaries are eligible for treatment at GSU for STIs under IHS national policy.

CLIENT EDUCATION: All patients who present for express testing will be provided with a pamphlet describing the express testing procedure at GIMC. They will also receive a pamphlet on STI and HIV prevention. Patients who test positive for STIs will receive a pamphlet on STI evaluation and treatment as well as a pamphlet on HIV Pre-exposure prophylaxis (PrEP).

WIPCC STI Testing Triage pathway:



WIPCC positive Express STI test pathway:



TESTING FOR Sexually Transmitted Infections

How to Swab Your Throat



1 Wash your hands.



2 Open your mouth in front of a mirror and look at the back of your throat.



3 Gently rub the swab on the back of your throat. Make sure to swab the three circled areas.



4 Without putting down the swab, unscrew the cap.



5 Place the swab in the tube and break off the end of the swab.



6 Tightly screw the cap back on.



7 Wash your hands.

DO NOT pour out the liquid in the tube or break the foil cap.



TESTING FOR Sexually Transmitted Infections

How to Swab Your Anus



1 Wash your hands.



2 Get into a comfortable position.



3 Hold the swab 2 inches (5 centimeters) from the tip.



4 Insert the swab 1 inch (2.5 centimeters) into your anus.



5 Rotate the swab five times in your anus and remove it.



6 Without putting down the swab, unscrew the cap.



7 Place the swab in the tube and break off the end of the swab.



8 Tightly screw the cap back on.



9 Wash your hands.

DO NOT pour out the liquid in the tube or break the foil cap.

