Look out! The Evil Society of Cyber Hackers is on the loose! They are attacking Indian Health Service’s critical infrastructure systems and are looking for vulnerabilities to exploit! Luckily, the heroic IHS Defenders are here to fight back and stop their evil plans! Both sides of this battle are highly skilled and very good at their jobs! Take a look at each side’s super-effective habits below...

### 5 Habits of Highly Effective Hackers

**Habit 1:** Malware can be distributed in many ways – email attachments, drive-by downloads, compromised or malicious websites, and even pop-up windows. Get creative - the more evil, the better!

**Habit 2:** Never have just one evil plan! Juggling multiple evil plans ensures success and chaos!

**Habit 3:** A hacker’s most effective ploy is phishing their victims with emails that seem to come from a legitimate source. A supervisor or trusted ally works best!

**Habit 4:** Passwords are a critical defense for protecting online accounts, but victims often fail to make them strong ones. If you can crack one password, try to use it everywhere!

**Habit 5:** The best victims share too much information online. Hunt through their social media accounts to find excellent tips on phishing ideas, password hints, and the best time to burglarize!

### 5 Habits of Highly Effective IHS Defenders

**Habit 1:** Installing updates allows software creators to “patch” security issues discovered in their products. Stay vigilant, heroes, and update patches as soon as they are released!

**Habit 2:** Executing regular backups ensures that you won’t lose everything if your systems and data are ever infected. Regular backups ensure that you won’t need to pay ransom to access your own data!

**Habit 3:** Examining your emails closely makes it harder for clever phishers to trick you into compromising your systems and data.

**Habit 4:** Passphrases are easy to create and more difficult to crack. Turn a phrase into a password using the first letter of each word: “A Hero can be AnyONE, Even SomeONE Using Strong Passwords” = AHcb@1E$1USP.

**Habit 5:** If you are vigilant and prepared, you will prevail against the forces of evil. Never let down your guard and always be on the lookout for clues that the bad guys are on the attack!

The IHS Defenders saved the day once again! But The Evil Society of Cyber Hackers will never stop! Will you be ready next time to be an IHS Defender? Never forget: how effective the Hackers are is entirely dependent on how effective a Defender you are! For questions, contact your local IT staff or cybersecurity@ihs.gov.