Helping American Indian or Alaska Native people with pain

Engage patients in decisions about what treatment options are best. Strict evidencebased recommendations may not fit within individual beliefs or community practices.

Focus on the whole person within their community

- Use words or terminology reflective of the culture or the community.
- Understand the role of culture in the patient's health choices.
- · Identify people who will support treatment.
- Respect the patient's path or selected treatment approach.
- Provide practical assistance to address health-related social needs.

www.heal.nih.gov/news/stories/native-cultures

Help ensure basic social needs are met

Patients who are struggling with the social determinants of health (SDOH) or health-related social needs require support and assistance to address needs in order to best engage with treatment.



Figure courtesy of Oregon Health Authority, www.bit.ly/OHA_HRSN

Consider screening for SDOH with one of these validated tools based on your practice's individual needs:

Psychological

Spiritual

Biological

Social

- 1. Accountable Health Communities (AHC): www.bit.ly/CMS_screen
- 2. Health Leads Social Needs Screening Toolkit: www.bit.ly/SN_screen
- 3. American Academy of Family Physicians (AAFP) Social Needs Screening Tool: www.bit.ly/2GTFFqz
- 4. PCCS SUD 101 Core Curriculum (2023): www.bit.ly/PCSS_SUD



These are general recommendations only; specific clinical decisions should be made by the treating clinician based on an individual patient's clinical condition.

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