

Narcan® Nasal Only

Indian Health Service First Responder Intranasal Naloxone Competency Checklist

NAME: _____ INSTRUCTOR: _____ DATE: _____

Competency Statement: All approved first responders will understand how to administer Intranasal Naloxone

Purpose: Naloxone is used to reverse the effects of opioid overdose

Instructions for completion of this checklist include read Intranasal Naloxone educational materials. Review instructor-led materials. Review video.

- 1) After reading each of the skills checklist items, make a check mark either in the Met or Not Met column.
- 2) When checking the "Met" column, this will signify that learning has been accomplished or "Met" in this particular skill on the checklist.
- 3) Before marking "Not Met", ask for instructions for any clarification that may be needed.
- 4) You may make a copy of the skills checklist for any review that you may want to do in the future.

#	Skill/Understanding	Met	Not Met
1	Opioid overdose is a potentially lethal condition that results in accidental or intentional over use of opioids with decreased level of consciousness, pinpoint pupils, slow heart rate, slow or no breathing, blue lips or nails, seizures or muscle spasms.		
2	Naloxone is used for emergency treatment for opioid overdose to prevent death		
3	Scene safety to protect from blood born pathogens include wearing gloves and avoiding needles or other drug paraphernalia		
4	Support breathing giving 2 rescue breaths than 1 every 5 seconds for 1 minute		
5	Naloxone can be given to anyone include children, infants, and pregnant women safely		
6	Narcan is a nasal spray that contains 4mg of Naloxone		
7	Take Naloxone out of the box and the peel back the top right tab to open		
8	Tilt the person's head back and provide support under the neck		
9	Insert tip of the nozzle into the nostril and press firmly on the plunger to deliver the dose		
10	If doesn't breath normally, give Naloxone every 2-3 minutes by alternating nostrils		
11	Continue providing rescue breaths until independent breathing begins, then put into recovery position		
12	Ensure emergency care		
13	Return to an IHS pharmacy to replace naloxone, the Reporting Form will be required if used in an incident		